

REVIEW ARTICLE



Controversies in Pathology

Low grade oncocytic tumors of the kidney: a clinically relevant approach for the workup and accurate diagnosis

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Renal oncocytoma and chromophobe renal cell carcinoma were accepted as unique renal tumors in the late 1990s. Since their formal description, criteria for diagnosis have evolved and additional distinct tumor subtypes originally considered as one these two entities are now recognized. The last two decades have witnessed unprecedented interest in the spectrum of low grade oncocytic renal neoplasms in three specific areas: (1) histologic characterization of tumors with overlapping morphologic features between oncocytoma and chromophobe renal cell carcinoma; (2) description of potentially unique entities within this spectrum, such as eosinophilic vacuolated tumor and low-grade oncocytic tumor; and (3) better appreciation of the association between a subset of low grade oncocytic tumors and hereditary renal neoplasia. While this important work has been academically rewarding, the proposal of several histologic entities with overlapping morphologic and immunophenotypic features (which may require esoteric adjunctive immunohistochemical and/or molecular techniques for confirmation) has created frustration in the diagnostic pathology and urology community as information evolves regarding classification within this spectrum of renal neoplasia. Pathologists, including genitourinary subspecialists, are often uncertain as to the “best practice” diagnostic approach to such tumors. In this review, we present a practical clinically relevant algorithmic approach to classifying tumors within the low grade oncocytic family of renal neoplasia, including a proposal for compressing terminology for evolving categories where appropriate without sacrificing prognostic relevance.

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INTRODUCTION

In 1975, the histologic diversity of renal cell carcinoma (RCC), as described in the second series Armed Forces Institute of Pathology fascicle on “Tumors of the kidney, renal pelvis and ureter”, was merely acknowledged as “(RCC) has many faces” and accompanying histologic descriptions divided tumors into two major groups: “granular cell RCC” and “clear cell RCC”¹. Clinicopathologic studies attempting to delineate prognostic differences between these granular and clear cell patterns typically failed as they both included what we now know to be many different entities, both benign and malignant. In 1976, Klein and Valensi² described renal oncocytoma, creating awareness of histologically meaningful subtypes of adult renal neoplasia beyond RCC. A year later, Mancilla-Jimenez et al.³ outlined criteria for papillary RCC and reported an overall favorable survival compared to other subtypes. In the following 40 years, astute histological observations, often later validated by ultrastructural, cytogenetic, immunohistochemical, and/or molecular data, resulted in a considerable expansion of the histologic classification and spectrum of adult renal neoplasia. In the 2016 WHO classification of renal tumors,

there were 16 types of adult renal epithelial neoplasia with 5 in the overall category of low grade renal oncocytic tumors⁴. Over the past 7–8 years, description of further distinct entities and subtypes of RCC, again validated by the identification of shared recurring molecular alterations, has helped narrow the proportion of tumors previously diagnosed as unclassified RCC at both the high-grade and low-grade end of the spectrum. In a series of 2021 publications by the Genitourinary Pathology Society (GUPS), providing a comprehensive update on renal neoplasia, including existing, “emerging”, and “provisional” renal entities^{5,6}, 22 tumor types were considered, including 10 with overall low grade eosinophilic (oncocytic) morphology (Table 1).

Herein, we assess the current state of renal neoplasia knowledge regarding potentially significant histopathologic entities to be reported by surgical pathologists in routine clinical practice. In Table 2 we provide a historical perspective about the evolution of classifying renal oncocytic tumors over the past five decades. Based on increasing numbers of oncocytic tumors we see referred in consultation and feedback/questions received during courses and workshops on this topic, it has become clear that accurate

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Table 1. Categorization of low grade oncocytic tumors over decades.

Low grade oncocytic tumors as outlined in WHO 2002 Classification of Renal tumors
● Renal Oncocytoma
● Chromophobe RCC
● Unclassified RCC
Low grade oncocytic tumors as outlined in WHO 2015 Classification of Renal tumors
● Renal Oncocytoma
● Chromophobe RCC
- Hybrid oncocytic chromophobe tumor
● SDHB mutation-associated RCC
● Unclassified RCC
Low grade oncocytic tumors as outlined in Genitourinary Pathology Society update on renal neoplasia (2021)
● Renal Oncocytoma Chromophobe RCC
- oncocytic renal neoplasm of low malignant potential, not further classified (sporadic cases)
- hybrid oncocytic chromophobe tumor (tumors occurring in Birt Hogg Dube syndrome)
● SDHB mutation-associated RCC
● Eosinophilic, solid and cystic RCC
● Eosinophilic vacuolated tumor (EVT)
● Low grade oncocytic tumor (LOT)
● Fumarate hydratase-deficient RCC
- Low grade tumors ("variant morphology")
● Unclassified RCC

Table 2. Select timelines and publications in the historical evolution of our contemporary understanding and classification of low grade oncocytic tumors.

● Jaffe et al. ⁷¹ : in 1932 coined the term "oncocytoma" to describe the strikingly eosinophilic cells of Warthin's tumor of the parotid gland
● Zippel ⁷² : in 1941 described the first case of "renal oncocytoma" which was followed by sporadic cases over the next three decades
● Pierre Masson ⁷³ : in 1955 published the first likely illustration for "chromophobe RCC"
● Bannash et al. ⁷⁴ : described "chromophobe cells" in nitrosomorpholine-induced renal tumors in rats
● Klein and Valensi ² : in 1976 "renal oncocytoma" gained acceptance as a distinct clinicopathologic entity after their publication of the first series of 13 cases
● 1981–1986: publication of studies of "metastatic oncocytoma" which led to the concept of grading of oncocytoma ^{75–80}
● Theones et al. ^{81,82} : in 1985, described the classic variant of chromophobe RCC, and 3 years later the same group described the eosinophilic variant
● Amin et al. ⁸³ : in 1997, "outline criteria of renal oncocytoma" in the light of understanding and acceptance of chromophobe RCC as a unique renal tumor
● Heidelberg classification of renal tumors (1997) and AJCC/WHO (1998) sponsored Rochester classification of renal tumors ^{84,85} ; basis of more "contemporary classification schema of RCC"
● Weirich et al. ⁸⁶ : coin the term "Hybrid Oncocytic tumor" morphology overlapping between renal oncocytoma and chromophobe RCC first described in five families with "familial renal oncocytoma"
● Tickoo et al. ⁵¹ : "Hybrid Oncocytic tumor" described in patients with "renal oncocytosis" (sporadic cases with multiple, often greater than 20 oncocytic lesions)
● Pavlovich et al. ⁸⁷ : first series outlining in detail morphologic descriptions of renal tumors in "Birt Hogg Dube syndrome"
● International Society of Urologic Pathologists (ISUP) organized Vancouver Classification (2013) ⁸⁸ ; proposed the term "Hybrid Oncocytic Chromophobe tumors (HOCT)" for tumors with overlapping morphology, a term then also promulgated by WHO 2016 ⁴ .
● Schreiner et al. and Guo et al. ^{36,89} : publications on RCC associated with tuberous sclerosis complex (TSC) helped establish the uniqueness of a subset of tumors occurring in this setting as "Eosinophilic Solid Cystic RCC (ESC-RCC)" (2016) in a report of tumors occurring in sporadic setting identified by reviewing cases signed out as "unclassified, oncocytic or eosinophilic" ⁹⁰
● Trpkov et al. ³⁰ : during some of the work related to ESC-RCC identify and analyze 28 cases of "Low Grade Oncocytic tumors (LOT)", as a CK7 positive, CD117 negative distinct renal oncocytic tumor
● Gill et al. and Williamson et al. ^{91,92} : highlight the striking uniqueness of tumors occurring in patients with succinate dehydrogenase (SDH) deficiency as "SDH-deficient RCC"
● Smith et al. ³⁸ : describe "low-grade oncocytic fumarate hydratase (FH) deficient RCC" which were uniquely different from the more common high-grade tubulopapillary tumors occurring in FH setting
● He et al. ³⁴ and Chen et al. ³³ : two separate publications of a morphologically distinct subset of sporadic renal cell carcinoma with eosinophilic and vacuolated cytoplasm recommended to be called "Eosinophilic and Vacuolated tumor (EVT) of the kidney" by Genitourinary Pathology Society (GUPS)
● GUPS update on renal neoplasia (2021) ^{5,6} : outlines two papers on updates in existing renal tumors, and on novel and emerging and provisional renal entities

Table 3. Low grade eosinophilic renal tumors: contemporary listing of entities and proposed diagnostic nomenclature.

Oncocytoma, chromophobe renal cell carcinoma and related and emerging low-risk renal oncocytic neoplasia
● Oncocytoma
● Chromophobe renal cell carcinoma
● Difficult to classify/borderline tumors or those with overlapping features in the oncocytoma-chromophobe renal cell carcinoma category of tumors
- Oncocytic renal neoplasm of low malignant potential (for those with overlapping/borderline features with oncocytoma and chromophobe renal cell carcinoma)
- Eosinophilic and Vacuolated renal tumor (EVT)/oncocytic renal neoplasm of low malignant potential, EVT pattern
- Low grade oncocytic tumor (LOT)/oncocytic renal neoplasm of low malignant potential, LOT pattern
Other Low grade oncocytic tumors with hereditary connotations
● Succinate dehydrogenase deficient renal cell carcinoma
● Low grade Fumarate hydratase-deficient renal cell carcinoma
● Eosinophilic solid and cystic renal cell carcinoma (sporadic and tuberous sclerosis associated)
● Birt Hogg Dube syndrome-associated renal tumors including hybrid oncocytic chromophobe tumor (HOCT)
Unclassified low-risk renal oncocytic neoplasm, not otherwise specified
(Low grade oncocytic tumors which cannot be accurately further classified, in which oncocytoma and chromophobe renal cell carcinoma and related and emerging low-risk oncocytic neoplasia, as well as tumors with hereditary connotations and other renal tumors that rarely present with low grade oncocytic features were considered but were not confirmed after workup by immunohistochemistry and with clinical correlation—additional molecular characterization may be helpful if clinically indicated)

histologic classification of tumors within this spectrum is a daunting task for even pathologists with considerable experience, particularly those who are up to date with the expanding literature. The many factors contributing to these challenges include: subtle histologic differences between the oncocytic tumor entities, the extreme rarity of some clinically significant subtypes, the variable classification strategies employed at different major academic centers, the practical utility in maintaining some contemporary immunohistochemical antibodies that are rarely utilized, the variable provision of clinical and family history, and the confusion as to when an “entity” becomes accepted for routine diagnosis. This constellation of problems has led to lack of a prescribed best practice diagnostic approach, particularly regarding when immunohistochemical and/or molecular work up is required for “standard of care” diagnosis.

Our goal is to provide a practical overview on the histopathologic classification of low grade oncocytic renal tumors using clinically relevant nomenclature (Table 3) and a systematic approach (Fig. 1). For this review, the term “low grade” is used to designate the spectrum of tumors with favorable biologic potential and/or histologic low-grade features, including categories that arose from further study of problematic cases with overlapping features between renal oncocytoma and chromophobe RCC, and refined understanding of some syndrome-associated RCCs. Oncocytic tumors included in the review are those composed predominantly of cells with finely granular eosinophilic cytoplasm. We acknowledge that despite these clarifications, many tumors described in this review may have prominent nucleoli or moderate nuclear atypia or areas with variable clear cell morphology. This review also does not include a discussion of every possible renal tumor that may exhibit low grade eosinophilic morphology such as oncocytic angiomyolipoma, some translocation associated RCCs, thyroid-like follicular carcinoma of kidney, clear cell RCC, or “solid” papillary RCC with oncocytic features.

ONCOCYTOMA, CHROMOPHOBE RENAL CELL CARCINOMA AND RELATED EMERGING LOW-RISK RENAL ONCOCYTIC NEOPLASIA

We typically recommend that pathologists should first evaluate cases to determine whether the histologic features are typical for a chromophobe RCC or a renal oncocytoma (based on stringent published criteria) (Fig. 1)^{7,8}. Unfortunately, most descriptions of

these two subtypes do not fully account for the complete histologic spectrum of low-risk oncocytic renal tumors encountered in routine practice, and many tumors simply do not precisely fit strict criteria for either renal oncocytoma or chromophobe RCC. We recommend first evaluating cases for definitive features of chromophobe RCC. In general, the presence of irregular hyperchromatic wrinkled nuclei (i.e., raisinoid), often with well-developed perinuclear halos, is sufficient for definitive classification as eosinophilic chromophobe RCC (Fig. 2A, B)⁹. Although the architecture in chromophobe RCC can be nested like oncocytoma, the presence of solid or broad alveolar architecture argues against oncocytoma. Other rare histologic features described in chromophobe RCC include microcystic architecture, cytoplasmic pigmentation, adenomatous glands, neuroendocrine-like architecture, and focal papillary pattern^{10–14}. Evaluating the range of architectural features that both compound and/or help in the diagnosis of chromophobe RCC in resection specimens may be more difficult to assess in needle biopsies specimens, sometime restricting the confidence level of determining whether an oncocytic tumor is a chromophobe RCC versus an oncocytoma and other close differentials. Additional caution is warranted in core needle biopsies with greater attention to cyto-architectural features, applying appropriate, perhaps a wider panel of immunohistochemical stains, and possibly even providing a descriptive diagnosis listing reasonable differential diagnostic possibilities. The classic variant of chromophobe RCC has prominent cell membranes with cytoplasmic clearing that overlaps more with clear cell RCC than oncocytoma. When following strict published criteria, there are cases that do not have the distinct nuclear features of chromophobe RCC yet show a greater degree of architectural growth complexity and nuclear variability than typically allowed for renal oncocytoma. Features of these “difficult to classify” or “borderline” oncocytic tumors often include marked variation in the size of rounded nuclei, scattered cells with marked nuclear hyperchromasia (non-degenerative type), and macronucleoli (Fig. 2C, D). Mitoses in the (low grade) oncocytic tumors under discussion are almost non-existent, or extremely uncommon. Brisk mitotic activity in tumors with cytoplasmic eosinophilia would exclude them from this group of low grade tumors and should always merit investigations for alternative diagnoses. Unfortunately, based on our experience in consultation cases and anecdotal personal observations of reports of cases seen at

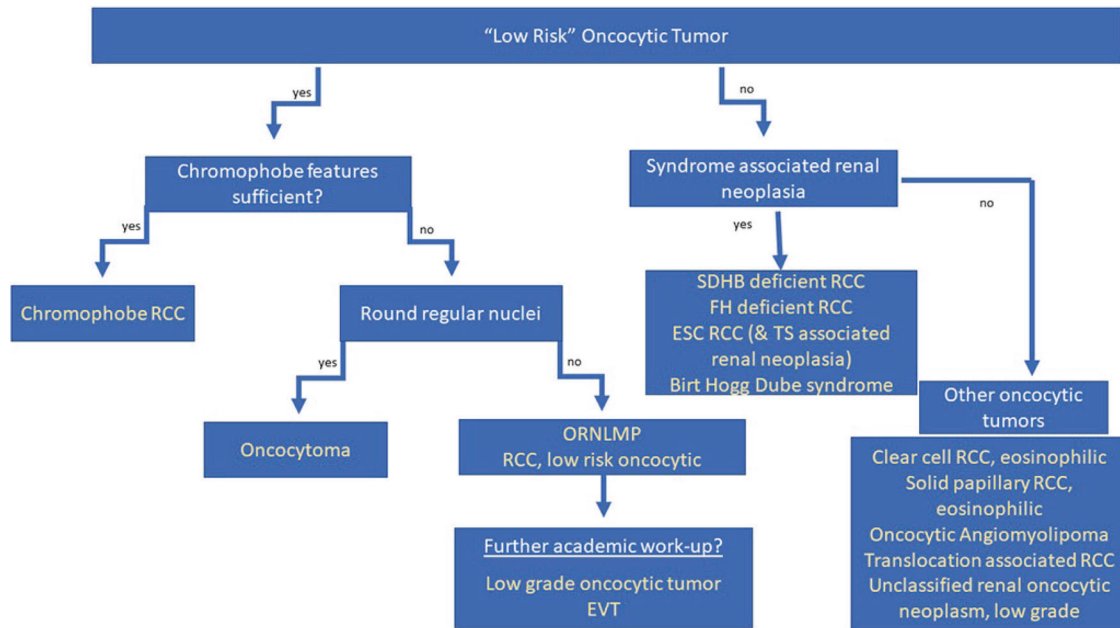


Fig. 1 Systematic approach to low grade renal oncocytic neoplasms of the kidney.

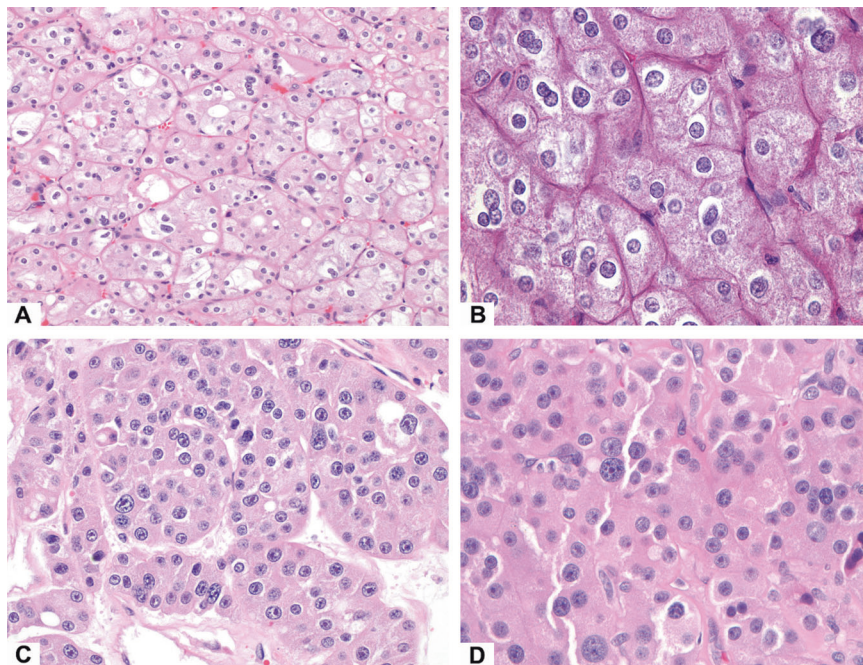


Fig. 2 Chromophobe RCC. Chromophobe RCC is best classified based on classic histologic features that include (A, B) irregular nuclear membranes and perinuclear clearing. Features of “borderline” or “difficult to classify” low grade oncocytic tumors, which we designate as “oncocytic renal neoplasm of low malignant potential”, include (C) more variability in nuclear size without the irregular nuclear membranes typical of chromophobe RCC, D often with more irregular chromatin distribution.

multiple academic institutions, the classification of such borderline cases varies considerably between institutions. Possible strategies employed for classifying such cases include: (1) classify all morphologically “non-prototypical” chromophobe RCCs as oncocytoma, (2) classify cases with any degree of nuclear variability as chromophobe RCC, (3) use adjunctive immunophenotypic and/or molecular studies to classify into a definitive category, or (4) utilize a descriptive diagnostic category for borderline cases. We prefer adhering to rigid criteria for the diagnosis of both oncocytoma and chromophobe RCC; therefore, we favor utilizing a descriptive

diagnostic category such as “oncocytic renal neoplasm of low malignant potential” for borderline cases. Lack of a consistent consensus approach for classification in this setting continues to create confusion for pathologists and urologists alike¹⁵.

There have been numerous studies on the use of adjunctive immunohistochemistry and molecular techniques to subclassify oncocytic tumors within this family. While a comprehensive review is beyond our scope, some examples include immunohistochemistry for S100A1, HNF-1beta, FOXI1, and CK7 (among many others)^{15–21}, and Hale’s colloidal iron stain^{22,23}. Practically all adjunctive marker

studies utilize the methodology of comparing immunophenotypes between two discreet categories as established for classic cases in the literature (i.e., renal oncocytoma and chromophobe RCC). As a specific example, studies are essentially reporting that “tumors classified as chromophobe RCC more typically have a CK7 positive immunophenotype”. Out of necessity, these studies are inherently biased by varied inclusion criteria for classification, as well as the distribution of prototypical and borderline cases evaluated. To our knowledge, there are no studies showing which adjunctive studies, if any, predict for metastatic disease; therefore, their utility for separating clinically benign tumors from their malignant counterparts remains unproven. In fact, it would be almost impossible to do such a study given that almost all of these tumors, including eosinophilic chromophobe RCC, follow an indolent clinical course after resection. The number of low-risk oncocytic renal neoplasms with well-documented aggressive behavior is incredibly small, such that most consultants have seen only rare examples in their career. Therefore, we generally recommend classification of these tumors primarily on histologic features. The only rare exception is that we do not classify the tumor as oncocytoma if it is strongly or relatively diffusely positive for CK 7, a scenario occasionally encountered in consultation cases where immunostaining has already been performed.

There have also been numerous studies on the underlying cytogenetic and molecular features of tumors within this family but mostly in chromophobe RCC, which are consistently associated with multiple chromosomal losses (e.g., 1, 2, 6, 10, 13, 17, 21, and sex chromosomes)^{24,25} and highly variable molecular pathway changes that include alterations in mtDNA, TERT, p53, and PTEN (less commonly MTOR, NRAS, TSC1, and TSC2)²⁴. Similar to immunohistochemical studies, molecular features are very heterogeneous and there is little data on correlation with outcome, particularly in histologically borderline cases. Although the problem of heterogeneity may be compounded in needle biopsy specimens, in current practice, like in immunohistochemistry, testing for molecular studies in best represented tissue material available usually

yields satisfactory results; out of abundance of caution, we have advocated to our clinicians, particularly during multidisciplinary conferences and in an International Consortium of Urologic Disease Consultation providing recommendations to obtain 3 or more cores while procuring core biopsies to potentially overcome this issue^{26,27}.

New descriptions of distinct renal neoplasms, most likely considered within the spectrum of chromophobe RCC by prior studies, are emerging and add further complexity to these diagnostic issues. The International Society of Urologic Pathology discussed some of the molecular aspects with immunohistochemical correlation of these tumors in a report in 2019²⁷. prior to the currently accepted nomenclature for these emerging tumors. These tumors have subtle but distinctive morphologic differences, as well as distinct immunophenotypic and molecular findings. One example described as “low-grade oncocytic tumor” has predominantly round nuclei but with some perinuclear clearing, an unusual immunophenotype (CD117 negative; CK7 positive), and frequent alterations in the mammalian target of rapamycin pathway- predominantly mutations of MTOR, TSC1, and TSC2 (Fig. 3A–C)^{28–31}. Another distinctive renal tumor has been reported under the name “high-grade oncocytic renal tumor” but is more recently described as “eosinophilic vacuolated tumor” (Fig. 3D, E)^{32–35}. These tumors have similar architectural features, but have nuclear enlargement with prominent nucleoli and distinctive intracytoplasmic vacuoles. They frequently express cathepsin-K, and have underlying mutations in MTOR, TSC1, and TSC2. In fact, both emerging renal neoplasms are very similar to a subset arising in patients with tuberous sclerosis complex³⁶. It is not known how many of such tumors were included in the TCGA study of chromophobe RCC²³. To date, all reported examples of these two tumors have followed an indolent clinical course with no metastases.

While we fully recognize these emerging renal entities are distinctive, the increasing complexity and inconsistent criteria between academic institutions leaves many pathologists understandably frustrated by what constitutes “standard-of-care” work-up and diagnosis. The morphologic, immunophenotypic, and

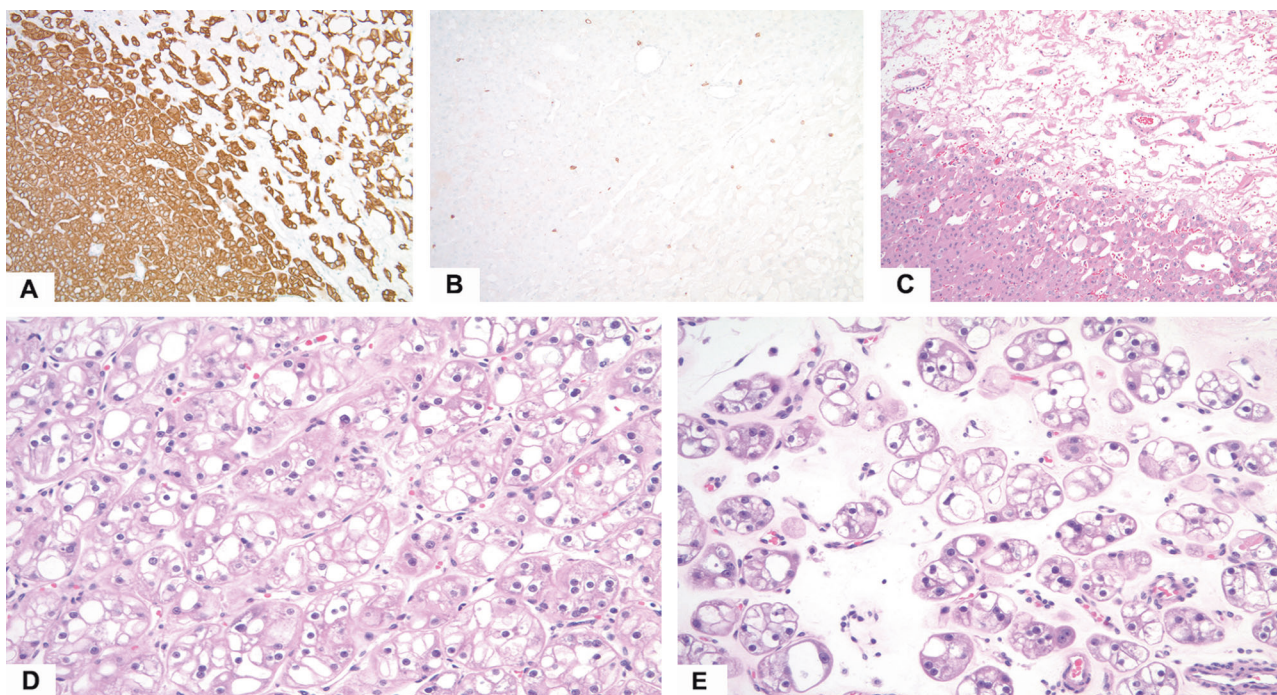


Fig. 3 RCC, low risk oncocytic tumors. While “low grade oncocytic tumor (LOT)” has a characteristic (A) CK7 positive and (B) CD117 negative immunophenotype, it is histologically characterized by a low grade oncocytic morphology similar to eosinophilic RCC, often with edematous zones (C). “Eosinophilic vacuolated tumor (EVT)” has (D) distinct intracytoplasmic vacuoles and (E) greater nuclear variation (without chromophobe-like nuclear membrane irregularity).

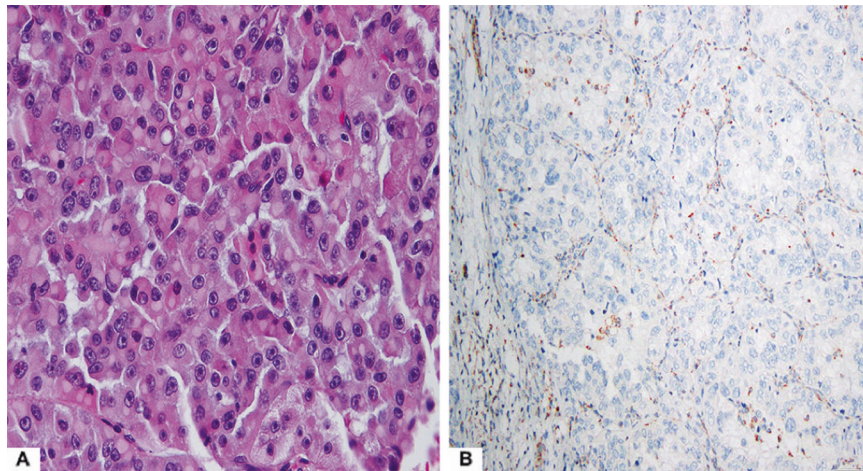


Fig. 4 Syndrome associated renal neoplasia. SDH-deficient renal cell carcinoma (A) with the characteristic intracytoplasmic large inclusions. Immunohistochemistry for SDHB is completely lacking in the tumor cells, while being retained in the capillaries and inflammatory cells that act as positive internal control (B).

molecular diversity within the spectrum of low-risk oncocytic renal neoplasia could lead to increasing numbers of separate “entities” for each possible combination, creating a complex classification system difficult for urologists and oncologists to adopt (and for all pathologists to accurately recognize). Moreover, the current data suggest that all tumors within this spectrum have minimal risk for patient morbidity, questioning the clinical utility of subclassification (and its expense). One simplified approach to classifying tumors within this spectrum would be liberal use of the diagnosis “oncocytic renal neoplasm of low malignant potential”. A second descriptive term could be optionally utilized, where features point to a LOT or EVT tumor histology, such as “oncocytic renal neoplasm of low malignant potential [low-grade oncocytic tumor (LOT) type]” or “oncocytic renal neoplasm of low malignant potential [eosinophilic vacuolated tumor (EVT) type]” in academic settings with a desire to catalog cases for further study. For tumors with worrisome histologic features, such as vascular invasion or identifiable mitotic activity, another allowable descriptive term might be “RCC, low-risk oncocytic type”. Such a strategy would allow a diagnosis in the absence of expanded immunophenotypic or molecular techniques and would not impact clinical management. This proposed approach favors practical utility across all practice settings worldwide, possibly at the expense of academic advancement; however, it is our stance that the complexity of a more molecular and immunophenotypic approach to low-risk oncocytic renal neoplasia may prove unwieldy to urological practice.

EOSINOPHILIC (ONCOCYTIC) TUMORS WITH HEREDITARY CONNOTATIONS

Among the “oncocytic renal neoplasms of low malignant potential”, as discussed above, the diagnosis as specific entities may not have significant clinical implications^{5,6}. However, there is a group of low-grade eosinophilic/oncocytic tumors that have a genetic/hereditary basis, where recognition is critical to ensure appropriate clinical consideration³⁷. In some cases, the pathologist may be the first physician to suspect the syndrome. Such tumors include succinate dehydrogenase (SDH)-deficient RCC, a rare subset of low-grade fumarate hydratase (FH)-deficient RCC, Birt-Hogg-Dubé (BHD) syndrome-associated RCC, and some rare cases of tuberous sclerosis complex (TSC)-associated RCC^{38–41}. The presence of these tumors is often associated with increased risk of RCC and other syndrome specific extrarenal findings, necessitating genetic counseling/

testing to ensure appropriate tumor screening for the patient and their affected family members^{37,39–41}.

As discussed, when evaluating a renal tumor with exclusive or predominant oncocytic features, pathologists need to assess whether the tumor represents a renal oncocytoma or eosinophilic chromophobe RCC, the more common tumors in this differential. Once those diagnoses are excluded, mainly based on the morphology with some immunohistochemical support if required, it is essential to concentrate on the surrounding renal parenchyma and consider syndrome-associated renal neoplasia (Fig. 1). There may be morphological findings in the specimen that suggest a specific syndromic association in many cases. While early age at presentation may be the first clue, we recommend an electronic medical record search for any clinical/radiological evidence of bilateral renal involvement or a history of prior non-renal manifestations, which may include prior pathology specimens^{5,6}.

Oncocytic renal tumors in a younger patient, particularly with a history/family history of prior pheochromocytoma or gastric GIST, requires careful search for the presence of intracytoplasmic pale eosinophilic to clear inclusions that may suggest a SDH-deficient tumor. “SDH-deficient RCC” mostly show low-grade cytology with only mild nuclear atypia, cells with abundant eosinophilic, granular cytoplasm, usually nested growth pattern, and frequently the presence of one or more pale eosinophilic or flocculent to completely clear cytoplasmic inclusions (Fig. 4A). These inclusions correspond to giant mitochondria by ultrastructural examination. The presence of such findings, even when focal, will need immunohistochemical staining for SDHB^{38,42,43}. Occasional SDH-deficient tumors may show focal, dominant, or even exclusive high-grade cytology. The cytoplasmic inclusions are seen even in such high-grade areas, although the finding may be only focal^{42,44–46}. SDHB immunohistochemical staining is now available in many pathology laboratories, but if not available in-house, it may be prudent to send the case out for staining by a reference laboratory. Since SDHB is localized to mitochondria, positive/retained immunohistochemistry always shows granular cytoplasmic positivity. Weak, non-granular, diffuse cytoplasmic positivity is not regarded as retained reactivity⁴⁴. Patients with SDH-deficient RCC are most often (75%) associated with mutation in *SDHB*, although rare cases with mutations in *SDHD*, *SDHC* and *SHDA* are described. In general, SDHB staining is lost in tumors with underlying mutations in any of these genes, while retained expression is seen in the internal control tissues (e.g., endothelial cells and inflammatory cells, Fig. 4B)^{45–50}.

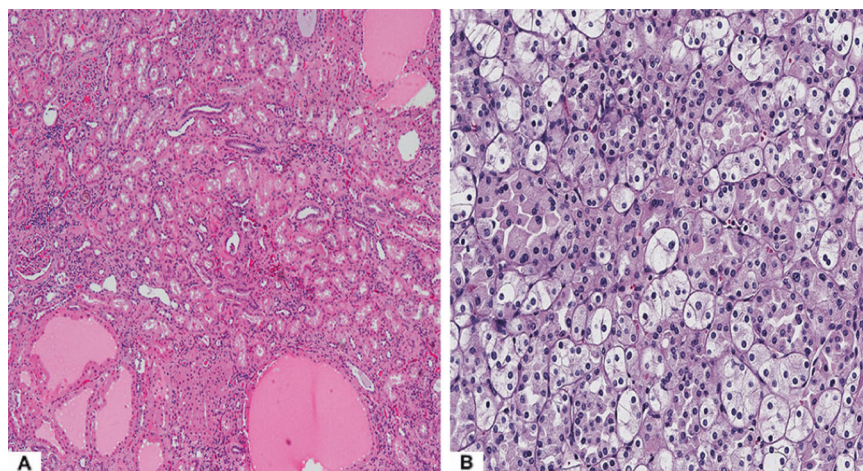


Fig. 5 Syndrome associated renal neoplasia. The background kidney in almost all cases shows the features of renal oncocytosis with numerous variably sized oncocytic nodules and cysts with oncocytic lining (A). Tumors in the syndrome often show hybrid oncocytic-chromophobe features, as demonstrated here (B).

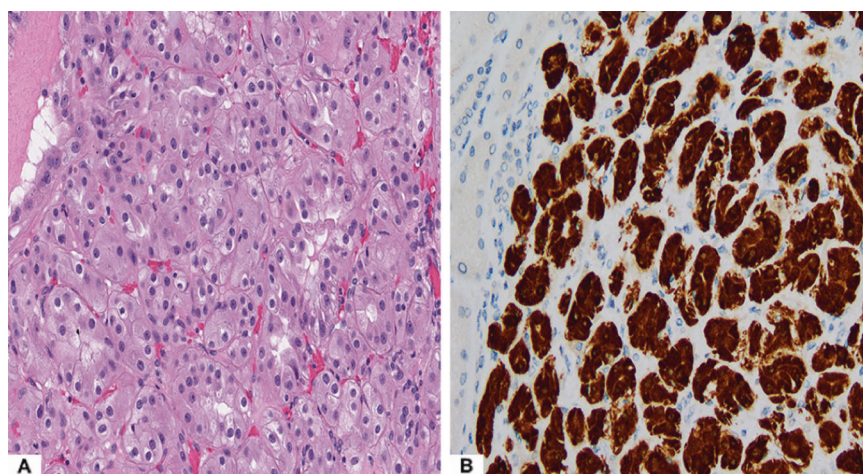


Fig. 6 FH deficient RCC with low grade oncocytic histology. Fumarate hydratase-deficient low-grade oncocytic renal cell carcinoma (A) may closely resemble an SDH-deficient tumor. However, SDHB is retained in the tumor cells, whereas FH is completely lost. Diffuse nuclear and cytoplasmic positivity for 2SC in the tumor (B); this immunohistochemical stain is considered to be more sensitive than FH in these tumors.

Presence of multifocal, oncocytic tumors in the nephrectomy specimen should raise the possibility of “BHD syndrome”. In addition to the grossly identifiable tumor nodules, the background kidney often shows numerous additional microscopic oncocytic nodules, cysts lined by oncocytic cells or small clusters of oncocytic cells percolating between non-neoplastic nephrons (Fig. 5A)⁵¹. Histologically, the tumors most frequently show hybrid oncocytic-chromophobe tumor like features, with larger areas resembling an oncocytoma (round monomorphic nuclei, often with prominent nucleoli, and eosinophilic cytoplasm), intermixed with nests of cells with relatively clear/fibrillary cytoplasm (Fig. 5B). The GUPS recommendations suggest that such tumors occurring in the setting of BHD syndrome be called “hybrid oncocytic chromophobe tumor”⁶. They recommend the term oncocytic renal neoplasm of low malignant potential for solitary tumors or tumors occurring in a sporadic setting. Pure oncocytoma or eosinophilic chromophobe RCC-like histology in some or all the tumor nodules is also not uncommon. Collectively, based on the gross tumors and the findings in the background kidney, the designation of renal oncocytosis is appropriate. There should be a comment in the report that renal oncocytosis is often associated with BHD syndrome, although many cases are still sporadic in nature. Immunohistochemistry is not useful in distinguishing BHD-associated oncocytosis

from the much less common non-BHD oncocytosis. Clinical findings including the presence of bilateral lesions, cutaneous fibrofolliculomas or trichodiscomas, basilar pulmonary cysts, or history of spontaneous pneumothorax would be highly supportive of the syndromic association^{52–54}.

“Low-grade Fumarate Hydratase (FH)-deficient tumors” are recently recognized renal oncocytoma-like or SDH-deficient-like tumors that need to be considered in the differential diagnosis of low-grade oncocytic tumors. In many of the 16 reported cases to date, histological appearance was similar to that of SDH-deficient tumors (i.e., with intracytoplasmic inclusions and/or vacuoles; although vacuoles are much less common in low-grade FH-deficient tumors (~25% have vacuoles) compared to SDH-deficient tumors where vacuoles are very commonly present^{38,39}). In some instances, these low-grade tumors may contain some high-grade areas, with morphologic features highly suggestive of FH-deficient tumors (i.e., prominent nucleoli with peri-nucleolar halos). However, most pure eosinophilic tumors show no definite morphological suggestions indicative of the more common high-grade FH-deficient tumors^{38,39}. There are usually no specific features in the non-neoplastic kidney that could suggest the diagnosis, although rarely oncocytic cell-lined cysts may be present. Since most of the cases of low grade FH-deficient RCC occur in the setting of

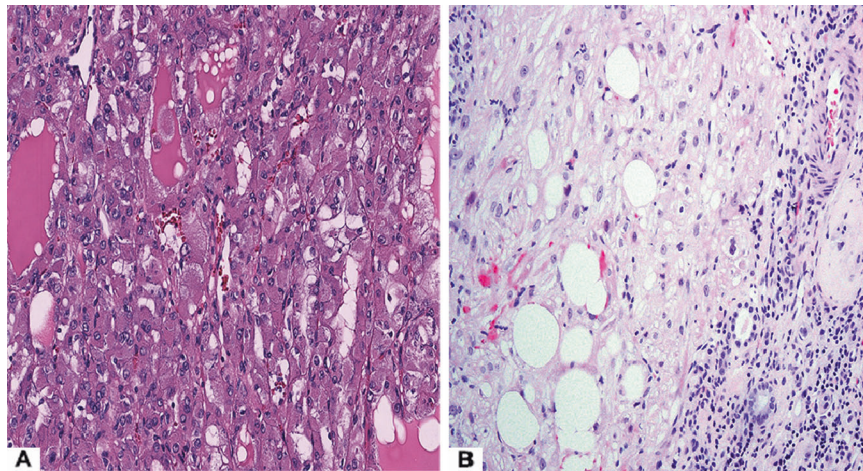


Fig. 7 Syndrome associated renal neoplasia. Tuberous sclerosis complex (TSC)-associated low grade oncocytic tumor (A). Such tumors are not among the commoner type of RCC in TSC, and may show solid, nested, and cystic architecture in various combinations. Surrounding renal parenchyma (B) and accompanying lymph nodes often contain angiomyolipoma/s. Multiple renal cysts are also frequent.

hereditary leiomyomatosis and renal cell carcinoma syndrome, the potential diagnostic clues include presence of high-grade areas or separate high-grade typical tumors, clinical history of skin lesions (pathologically diagnosed leiomyomas or clinical skin nodules), uterine leiomyomas at young age, and an oncocytic renal tumor that looks like an SDH-deficient tumor but with retained SDHB immunohistochemical staining^{38,39,55,56}. Immunohistochemically, loss of granular FH cytoplasmic staining is specific but not as sensitive (since some cases, particularly with missense mutations, may show retained staining), and increased 2SC expression is highly sensitive and specific for the diagnosis (Fig. 6B)^{57,58}.

Rare cases of “tuberous sclerosis complex-associated eosinophilic/oncocytic RCC” also need to be considered in the differential diagnosis in rare cases^{36,59–63}. A subset of tumors shows features of “Eosinophilic Solid and Cystic (ESC) tumor” more commonly seen in a sporadic setting. These tumors are composed of a nested, tight acinar, solid, and cystic architecture comprised of cells with abundant finely granular eosinophilic cytoplasm, with occasional cells demonstrating Leishmania-like cytoplasmic stippling and multi-nucleation (Fig. 7A). Tumors are frequently CK 20 positive, but often not diffuse. It must be noted that some ESC tumors may be predominantly solid or may have only focal to negative CK 20 immunoreaction. In some cases, cysts lined by large cells with eosinophilic cytoplasm, often with apocrine-type histology may also be present^{59–63}. TSC-associated tumors almost always have associated angiomyolipomas in the surrounding kidney, which may be small and subtle (Fig. 7B), or in the resected lymph nodes.

The final diagnosis for most tumors associated with hereditary renal neoplasia will ultimately need genetic counseling/germ line testing, but histopathological evaluation can direct to a specific suspected syndrome in a significant proportion of such cases. Depending on the practice, academic/tertiary pathology practice, or after multidisciplinary discussion, mutational analysis may be performed to identify tumor or germline genes associated with hereditary neoplasia including *VHL*, *MET*, *FH*, *SDHB*, *SDHC*, *SDHD*, *MITF BHD*, *Folliculin*, *HRPT2*, *TSC1*, *TSC2*, *BAP1*, *MLH1*, *MSH2*, *MSH6*, *PMS2* genes. We do not initiate germline testing given the need for informed consent, preferably under the guidance of a genetic counselor, but we provide a comment at the end of the histological diagnosis regarding the potential possibilities of the syndromic associations.

The American Urological Association Guidelines for renal mass and localized renal cancer were updated in 2021 with expanded indications for genetic counseling. Such counseling is now recommended for all patients ≤ 46 years of age with renal cancer,

those with multifocal or bilateral renal masses, or whenever: (1) the personal or family history suggests a familial RCC syndrome; (2) there is a first or second-degree relative with a history of RCC or a known genetic or clinical diagnosis of a familial renal neoplastic syndrome, even if RCC has not been observed; or (3) whenever the pathology demonstrates histology suggestive of such a syndrome⁶⁴. We clearly agree with these guidelines and encourage pathologists to be familiar with them.

OTHER RENAL TUMORS WITH ONCOCYTIC FEATURES THAT SHOULD BE CONSIDERED

After careful consideration of oncocytoma, chromophobe RCC, “borderline” tumors, and the spectrum of hereditary renal neoplasia, there are other subtypes of RCC that may rarely have overlapping histology and should be considered before the diagnosis of unclassified RCC is rendered (Fig. 1). MiTF-family/TFE-rearranged carcinomas with low-grade histology are very rare but do occasionally enter the differential diagnostic possibility among low-grade oncocytic tumors with nested features^{65,66}. Biphasic histology, if present, is very suggestive of the diagnosis. Although TFE3 and TFEB immunohistochemistry is often used, we see many cases where use of these stains with conflicting results generates the consultation. We recommend that, if these tumors are suspected, confirmation by fluorescent in situ hybridization (studies) should be pursued. Other categories of tumors to consider include an unusual manifestation of a low-grade clear cell RCC with prominent eosinophilic cytoplasm, a “solid” pattern of papillary RCC with eosinophilic cytoplasm, thyroid-like follicular carcinoma of the kidney, and oncocytic angiomyolipoma.

SUMMARY OF DIAGNOSTIC APPROACH AND CLINICAL IMPLICATIONS

The spectrum of renal tumors with predominantly finely granular eosinophilic cytoplasm and low-grade nuclear features has grown and the pathological features of different diagnostic entities may have significant overlap. We have outlined a systematic approach for recognizing these tumors accurately in a clinically relevant fashion in routine surgical pathology practice. From the clinical perspective in low-grade oncocytic tumors, it is important to clarify that the tumors are organ confined and lack aggressive biologic features such as extrarenal extension, coagulative necrosis, high-grade nuclear atypia, sarcomatoid change or vascular-lymphatic invasion. This is particularly important for chromophobe RCC where

these features have occasionally been associated with disease progression, metastasis, and death. Most other tumors discussed in this manuscript have low-risk or indolent biologic potential, such that their accurate diagnosis will allow for a management regimen based on their overall low-risk of progression. At present, treatment of metastatic chromophobe tumors remains a clinical conundrum. While multikinase inhibitors such as cabozantinib in combination with checkpoint inhibitors have a demonstrated encouraging activity in other subtypes such as papillary RCC, response rates are much more modest in chromophobe disease^{67,68}. The presence of specific aforementioned features, in particular sarcomatoid and rhabdoid differentiation, may predispose to a greater responsiveness to immunotherapy^{69,70}. The correct histologic diagnosis is important especially in renal tumors associated with hereditary neoplasms for surveillance and management of non-renal associated disease as well as genetic counseling for other family members as appropriate.

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AUTHOR CONTRIBUTIONS

MBA, JKM and SKT performed study concept and design, provided acquisition, analysis, and interpretation of published literature, and performed writing; MBA, JKM,

SCC, SP, GM and SKT performed review and revision of the paper. All authors read and approved the final paper.

COMPETING INTERESTS

MBA is the Medical Director of the West Division of LabCorp. The other authors have no conflict of interest to disclose.

ADDITIONAL INFORMATION

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