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Matter-wave collimation to picokelvin energies with scattering length and potential shape control

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The sensitivity of atom interferometers depends on their ability to realize long pulse separation times and prevent loss of contrast by limiting the expansion of the atomic ensemble within the interferometer beam through matter-wave collimation. Here we investigate the impact of atomic interactions on collimation by applying a lensing protocol to a ^{39}K Bose-Einstein condensate at different scattering lengths. Tailoring interactions, we measure energies corresponding to (340 ± 12) pK in one direction. Our results are supported by an accurate simulation, which allows us to extrapolate a 2D ballistic expansion energy of (438 ± 77) pK. Based on our findings we propose an advanced scenario, which enables 3D expansion energies below 16 pK by implementing an additional pulsed delta-kick. Our results pave the way to realize ensembles with more than 1×10^5 atoms and 3D energies in the two-digit pK range in typical dipole trap setups without the need for micro-gravity or long baseline environments.

Cooling quantum gases to sub-nanokelvin temperatures has enabled breakthroughs in the fields of quantum sensing¹, quantum information², and quantum simulation³. Especially in precision sensing and metrology, atom interferometers^{4–7} have become a state-of-the-art solution and are used for probing general relativity^{8–11}, quantum mechanics^{12–15}, determining fundamental constants^{16–18}, and measuring inertial effects^{19–23}. Interferometers utilizing molasses-cooled atoms, characterized by expansion energies in the range of several microkelvin, offer short experimental cycle times and a high sensor bandwidth^{24–26}. Despite these advantages, their velocity spread limits the accessible free-fall distance and their systematic uncertainty is typically restrained at a few 10^{-8} ms^{-2} due to wave-front distortions, when the ensemble is expanding within the interferometer beam^{27,28}. In contrast, Bose-Einstein condensates (BECs)^{29,30} offer significant advantages with respect to controlling systematic errors and their dynamic behavior^{31,32}. In optical dipole traps (ODTs), BECs of various atomic species readily achieve expansion energies in the range of a few tens of nanokelvin^{33–35}, enhancing coherence time and signal-to-noise ratio. However, to meet the demands of future precision experiments, further collimation into the picokelvin regime is required to achieve the long pulse separation times necessary and to avoid loss of contrast^{36–40}. Expansion energies of a few hundred picokelvin have been achieved by direct evaporative cooling⁴¹ and spin gradient cooling⁴². Additionally,

advancements using different types of matter-wave lenses have further reduced expansion energies by an order of magnitude^{43–45}. In this regime, extended free-fall times prior to applying the lens are crucial to minimize atomic interactions, which would otherwise drive the expansion post-lensing^{46,47}. Hence, recent records of a few tens of picokelvin have been realized in unique experimental settings utilizing micro-gravity^{48,49} or long-baseline devices⁴⁷ which both allow for an initial prolonged expansion of the ensemble. In this paper we demonstrate an alternative approach to resolve this issue by use of a Feshbach resonance^{50,51} to tailor interactions during the lens and upon release from the trapping potential. Using a ^{39}K BEC in the weak interaction regime, we observe expansion energies below 400 pK in one dimension. Through dedicated theory simulations, we extrapolate this result to two dimensions, yielding a 2D energy below 500 pK. We hence demonstrate a substantial improvement over previous results achieved with the same method and setup using ^{87}Rb ⁵². Furthermore, our systematic analysis reveals that the careful adjustment of trapping frequencies and interactions will allow to reach 3D expansion energies below 16 pK, when implementing an additional delta-kick collimation (DKC) pulse⁴³ after a few milliseconds of free fall. Hence, our method allows for state-of-the-art collimation in typical or even compact quantum optics experiments, without excessive hardware or environmental requirements.

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Results and discussion

Lensing protocol

We apply the matter-wave lensing protocol as described by Albers et al.⁵². A detailed overview of the setup is provided in the experimental apparatus section. The atoms are held in a crossed ODT with recycled beam configuration crossing under an angle of 70°. In the following, the $\{x, y, z\}$ -coordinate system refers to the trap frame as defined by the principal axes of the confining potential and is used to specify all trap frequencies. We image the $\{x', z\}$ -plane, obtaining the camera frame $\{x', y', z\}$ by rotating around the vertical z -axis by approximately 30°. To implement time-averaged optical potentials⁵³ we perform a center-position modulation (CPM) along the horizontal axis of the trapping beams, using an acousto-optical modulator (AOM). This approach allows to create harmonic traps with variable width and depth in the horizontal $\{x, y\}$ -plane, but does not feature independent control of the trap frequencies in x - and y -direction or changing the potential shape in z -direction. By rapidly relaxing the trap within 50 μ s we cause a sudden reduction in trap frequencies from initial frequencies ω_i^I to final frequencies $\omega_i^F < \omega_i^I$ for $i \in \{x, y\}$, inducing collective mode excitations^{54,55}. Subsequently, the ensemble is collimated by turning off the trapping potential at the turning point of the resulting oscillations of the ensemble size.

We apply this method at two different scattering lengths 158 a_0 and 10 a_0 at which the interaction and kinetic energy terms, respectively, dominate (c.f. theoretical model section). In the following we differentiate between expansion energies along a singular axis in i -direction (E_i^{1D}), 2D energies in the horizontal plane in which the matter-wave lens is applied (E^{2D}), and the full three-dimensional expansion energy (E^{3D}). For both measurements at the two different scattering lengths, we use the same initial and final trap configurations, with small variations of the parameters resulting only from pointing instabilities of the ODT beams which we relate to the time passed between the two measurement campaigns. In both cases, the initial trap is realized without any CPM. We find initial trapping frequencies of $2\pi \times \{72, 144, 115\}$ Hz for 158 a_0 and $2\pi \times \{62, 149, 96\}$ Hz for 10 a_0 . After relaxation our final trap frequencies are $2\pi \times \{23, 36, 126\}$ Hz for 158 a_0 and $2\pi \times \{24, 38, 129\}$ Hz for 10 a_0 . In parallel the trap depth is maintained by increasing the laser intensity, suppressing atom number loss.

Based on time-of-flight (TOF) measurements of the ensemble's expansion, we determine the expansion energies along the horizontal (collimated) x' - and vertical (not collimated) z -direction within the camera frame for different holding times t_{hold} , after relaxing the trap.

Obtained energies

At a scattering length of 158 a_0 (Fig. 1a) the minimal value in the collimated direction yields $E_{x'}^{1D} = (1.00 \pm 0.17)$ nK and is achieved after a holding time of 24 ms. For 10 a_0 (Fig. 1b) we find the minimum for a holding time of 22 ms after decompression, resulting in a minimal value of $E_{x'}^{1D} = (340 \pm 12)$ pK after up to 25 ms TOF. While the behavior derived from simulations (c.f. data acquisition and analysis section) agrees with these findings, for the points below 1 nK a portion of interaction energy remains and the ensemble has not yet reached the linear expansion regime at that point. When correcting for this effect, by simulating for a TOF of 250 ms the asymptotic behavior yields a minimum of $E_{x'}^{1D} = (429 \pm 56)$ pK after a holding time of 22.1 ms. The excellent agreement between experiment and simulation allows to understand the ensemble's dynamics in the entire horizontal plane, as both theoretical approaches feature coupling of ensemble oscillations in all directions. Including the axis which cannot be directly observed, we extrapolate the resulting 2D expansion energies as depicted by the dashed purple lines in Fig. 1. At 10 a_0 we find a minimal value of $E^{2D} = (301 \pm 65)$ pK for a TOF of 25 ms, which corresponds to an improvement by 3.7 dB over the 158 a_0 case. Extending the simulation to the ballistic regime as before, yields a final value of $E^{2D} = (438 \pm 77)$ pK for 250 ms TOF (Fig. 2a).

Comparison to previous results

In this work we applied our matter-wave collimation protocol previously developed for ^{87}Rb to a ^{39}K BEC and proved the ease of application to another atomic species, demonstrating a reduction of the expansion energy by 13 dB compared to the non-collimated case, as given for vanishing holding time. Considering the mass ratio of both elements, the obtained energy of (1.00 ± 0.17) nK for ^{39}K at 158 a_0 , corresponding to an expansion velocity of (0.46 ± 0.04) mm s⁻¹, is comparable to the previously achieved result of (3.2 ± 0.6) nK $\equiv (0.55 \pm 0.05)$ mm s⁻¹ with ^{87}Rb ⁵² at its natural

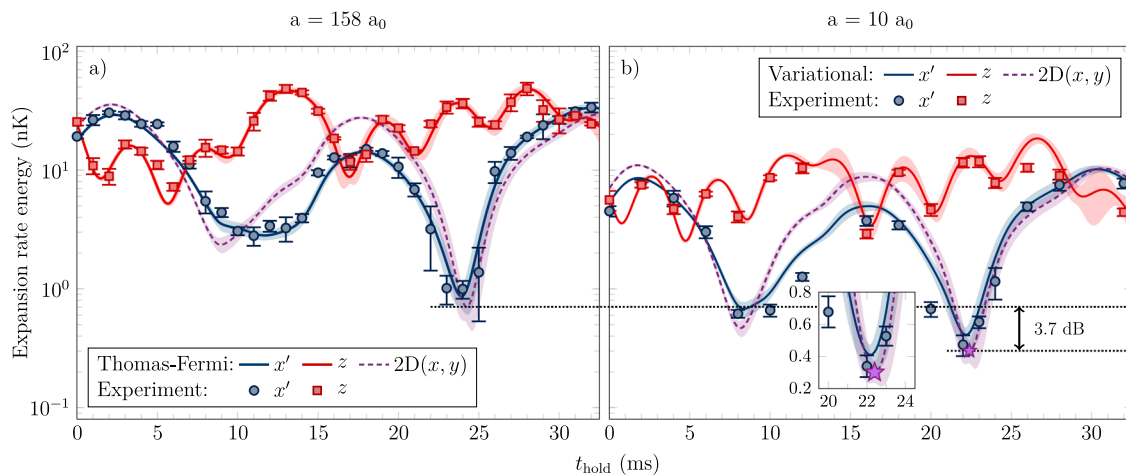


Fig. 1 | Measured and simulated expansion rate energies in one and two dimensions. All measurements (blue circles and red squares) are performed within the camera frame and based on time-of-flight (TOF) series with a total length of 25 ms. The error bars arise from the fit uncertainty of the expansion in the individual TOF series (c.f. data acquisition and analysis section). The dynamics of the ensemble are simulated (lines) simultaneously for all directions within the trap frame for 25 ms TOF and are subsequently transformed into the camera frame. Uncertainty bands are obtained by a Monte-Carlo method based on the detection angle and trap frequency errors matching the oscillations of the ensemble size. Panel **a** shows the results obtained in the strong interaction regime for a scattering length of 158 a_0 , using the Thomas-Fermi approximation in the theoretical description. Panel

b shows the results obtained in the weak interaction regime at 10 a_0 scattering length. Here we simulate the dynamics based on a variational approach (c.f. theoretical model section). For the data we choose a lower sampling rate, allowing us to increase the number of points per TOF measurement to resolve the lower expansion energies, effectively. In both interaction regimes the measurements agree well with the simulation and the coupling of the dynamics in all dimensions allows for extrapolation of the behavior in the entire horizontal plane as shown by the purple dashed lines. We find an overall improvement of 3.7 dB in the extrapolated 2D expansion rate energy when reducing the scattering length. The purple star highlights the minimum 2D energy at 10 a_0 , as prominently featured in the inset.

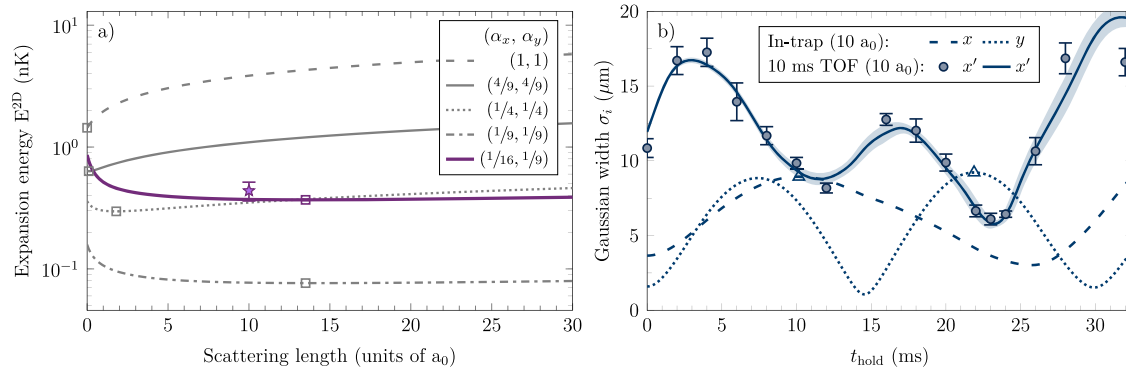


Fig. 2 | Ensemble dynamics in the collimated plane. Panel a shows the simulated 2D expansion energy E^{2D} in the collimated plane for different scaling factors α_i and for the configuration used in the experiment (see lensing protocol section) for 250 ms time-of-flight (TOF). For a common frequency reduction along both lensed directions with $\alpha_x = \alpha_y$, taking the values $\{1, 4/9, 1/4, 1/9\}$, the minimal energies are obtained for a scattering length a being respectively $\{0, 0.1, 1.8, 13.5\} a_0$ and identified by the squares for each case. The sequence becomes more robust against changes in the scattering length with larger frequency reduction, as the minima become more shallow. The purple star resembles the lowest 2D experimental expansion energy presented in Fig. 1b (obtained here for 250 ms TOF). While the curves are simulated for a fixed set of parameters, this point is obtained within a Monte-Carlo simulation including all experimental uncertainties. The error bar

denotes 2- σ deviation while the central point stands for the mean value (see data acquisition and analysis section). Qualitatively, the experimental configuration closely resembles the case of $\alpha_x = \alpha_y = 1/9$. The resulting expansion energies are globally shifted towards higher values, since $\alpha_x \approx 1/16$ and $\alpha_y \approx 1/9$. This causes the optimal release points to differ for each axis as marked by the triangle symbols in panel b, highlighting the importance of a symmetric choice of α -values. Here, the measured ensemble width in x' -direction is shown as blue circles for 10 ms TOF at $10 a_0$ and the error bars represent the standard deviation of at least four measurements. The simulated size after 10 ms TOF is shown as a solid blue line, while the corresponding oscillations of the ensemble widths in x - and y -direction within the trapping potential are shown with blue dashed and dotted lines, respectively.

background scattering length of $\sim 100 a_0$ ⁵⁶. The remaining difference can be attributed to variations in the trap frequency ratios between the two experiments, rather than to the difference in scattering length, since changing the latter by less than a few multiples does not significantly affect the expansion rate when staying within the strong interaction regime^{57,58}. Hence, the observed outcome aligns with expectations as the technique only depends on the ensemble's dynamics governed by interactions and trap frequencies and is accurately described through the Gross-Pitaevskii equation. More importantly, we show that the final expansion energy after the lens can be further reduced by transitioning into the weak interaction regime, as done here by minimizing the scattering length by means of a magnetic Feshbach resonance. By reducing the repulsive forces driving the expansion after release from the trap, we achieve expansion energies well below 1 nK, which is necessary to match the requirements of proposed experiments, e.g. for, but not limited to, gravitational wave detection⁵⁹⁻⁶⁴, a test of the Weak Equivalence Principle^{8,11,65} or the search for dark matter⁶⁶⁻⁶⁸. While the energies realized here are still an order of magnitude larger than in previous demonstrations in two⁴⁷ and three dimensions⁴⁸, our method can be applied directly in the ODT. Hence it is suitable for setups and applications that do not allow for an extended pre-expansion time before applying the lens due to constraints regarding experimental cycle time or spatial dimensions. Lower expansion energies are currently limited by the achievable maximum CPM amplitude of 200 μm which in turn restricts the range of accessible trapping frequencies to the values given in the lensing protocol section.

Scattering length and trap frequency dependencies

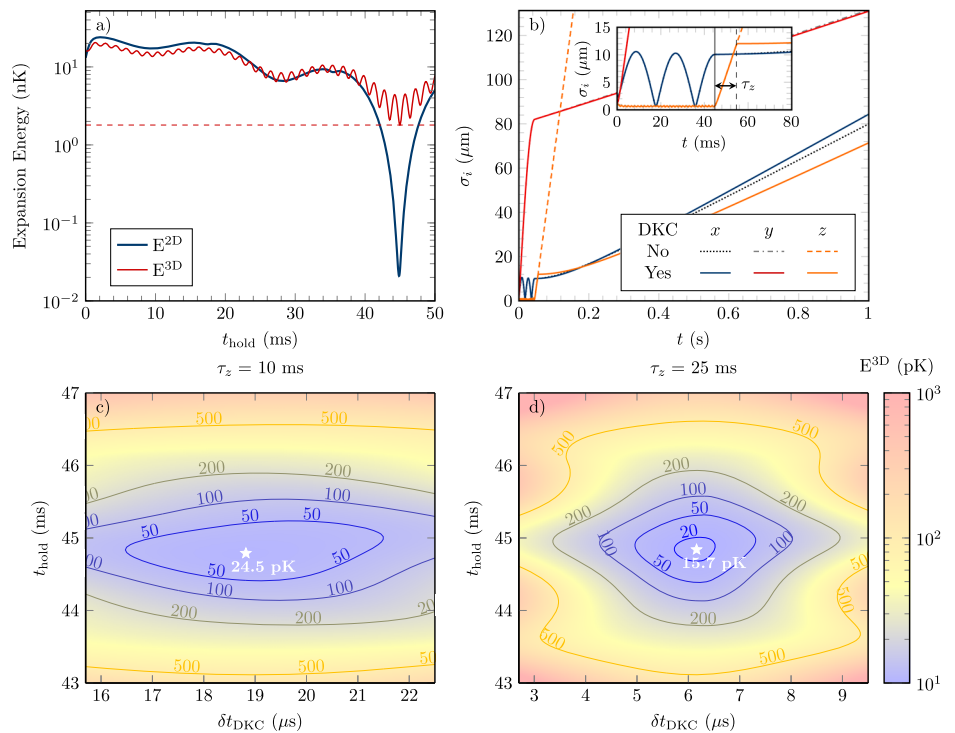
To gain insight into the impact of the scattering length on the collimation, we analyze the ensemble's behavior in the weak interaction regime by simulating the dynamics with an adapted theoretical model for two different scenarios (Fig. 2a). Starting from trap frequencies of $2\pi \times 60$ Hz in all directions, we apply a common reduction in the horizontal plane while maintaining the frequency along the z -axis, as shown by the theoretical gray lines. For all scenarios, we evaluate the optimal holding time after relaxing the trap for minimizing E^{2D} and study the behavior for different squared trap frequency ratios $\alpha_i = (\omega_i^F / \omega_i^T)^2$, which would provide the energy scaling in the ideal gas regime⁶⁹. As previously discussed by Kovachy et al.⁴⁷ and also observed here, the energy reduction for a BEC is significantly higher due to

an interplay of interactions and coupling of the oscillations of the ensemble widths along each axis. From the theory simulations, we find a reduction of the expansion energy towards a smaller scattering length for $\alpha_x = \alpha_y > 4/9$ as shown by the dashed gray line. This result matches the expected dynamics of an ensemble during free-fall expansion without any additional collimation and is explained by repulsive interactions after removing the trapping potential^{33,57,58}. We identify minimal expansion energy at non-zero interactions for $\alpha_x = \alpha_y \lesssim 4/9$, as depicted by the continuous, dotted, and dash-dotted gray lines. These curves clearly show that for smaller values of α_i , reaching optimal energies requires moving towards higher scattering length values. While in these cases minimizing the interaction energy still reduces the corresponding forces upon release, it also reduces the final ensemble width within the trap. Hence, the kinetic energy from the resulting fundamental momentum spread as given by the uncertainty principle increases and the optimal scattering length must be found considering both contributions. To achieve a minimum momentum spread in free-fall one hence wants to increase the interactions during the lens to maximize the cloud size and cancel them at the release time. However, given that the interactions are controlled via magnetic fields such an optimization is technically not feasible, as it typically takes tens of milliseconds to change the magnetic field⁵¹. Therefore the optimal scattering length has to be found as a trade-off between the maximum size achievable within the trap and minimal repulsive interactions in free fall along the horizontal direction. Such optimized configurations are highlighted by the empty squares in Fig. 2a. Regarding the experimental setup, as shown by the purple line, where the change in aspect ratio is not the same for both directions, $\alpha_x \approx 1/16$ and $\alpha_y \approx 1/9$, we recover the same behavior as described above for the case $\alpha_x = \alpha_y \lesssim 4/9$, but with globally higher energies. The similarity can be explained by the fact that $\sqrt{\alpha_x \alpha_y} = 1/12$. Note here that the purple star is identical to the one already shown in Fig. 1b.

To get further insight into the complex behavior of the matter-wave for different aspect ratios we now compare in Fig. 2b the simulated in-trap oscillations in x - and y -direction, respectively presented with dashed and dotted lines, with the observed ensemble width after 10 ms TOF at $a = 10 a_0$. From the experimental measurements (blue points) we find two distinct minima, each of which can be assigned to the maxima of the underlying ensemble widths within the trap along a different axis (empty blue triangles). In this specific case, the lowest expansion energy E^{2D} is found near the

Fig. 3 | Generating a delta-kick collimated Bose-Einstein condensate in the regime of tens of pK.

We take advantage of the holding process after trap relaxation to minimize the energy in the $\{x, y\}$ -plane (a) (red line). Subsequently, a short free-fall time (pre-TOF) τ_z allows the ensemble to expand, followed by a delta-kick collimation (DKC) to collimate the third direction (b). We show the width evolution in all three directions after the optimal holding period without (non-solid lines) and with a DKC (solid lines). The inset shows the dynamics in the trapping potential, highlighting release (solid black line) and DKC (black dashed line) timings. This process leads to a reduced 3D expansion energy expressed as a function of the lensing time and the DKC duration after a pre-TOF of 10 ms (c) and 25 ms (d), leading to respectively 24.5 pK and 15.7 pK.



optimal collimation of the y -direction, closely resembling the case $\alpha_x = \alpha_y = 1/9$ in Fig. 2a. Compared to the symmetric case the globally higher energies are hence explained by the energy contribution of the other direction, which always exhibits a non-vanishing expansion at release, as long as the aspect ratios are not integer multiples of each other. When performing additional simulations at $a = 30 a_0$, we further note that the optimal release timing is extremely robust with respect to changes in the scattering length, giving only 0.3 ms offset in this particular case. While in practice such changes might arise from technical limitations, e.g., due to imperfect control of the Feshbach field, the offset is fundamentally expected, since changing the repulsive interactions within the trap alters the frequency of the excited oscillations.

Overall, our analysis yields the choice of trapping frequencies to be more important due to their enhanced scaling and the effects of asymmetric expansion compared to the exact scattering length knowledge which is more difficult to pinpoint in practice. Besides allowing to extraction of the 2D expansion energy from the measurements, the adequacy between the experiment and theory model in Figs. 1 and 2 allow us in the following to identify advanced collimation scenarios. Consecutively, we discuss two 3D collimation sequences based on the combination of a 2D in-trapped collimation combined with a pulse delta-kick method collimating the third axis to reach the pK regime^{48,70}.

Advanced scenario

Since neither the demonstrated method nor the experimental apparatus is designed to collimate the remaining vertical axis, the achievable 3D expansion energies are limited to the nanokelvin regime, regardless of the performance in the horizontal plane, as shown by the horizontal dashed line in Fig. 3a. To overcome this limitation we consider a short free-fall time (pre-TOF) τ_z at the end of the holding process followed by a pulsed DKC protocol^{43,47-49}. We study the theoretically achievable expansion energies for this sequence in an advanced scenario which is specifically tailored towards the capabilities of an improved apparatus⁷¹ and highlight the crucial requirements for the implementation. Instead of a recycled ODT, the setup features two individually controllable beams, each with up to 16 W of optical power at a wavelength of 1064 nm. This configuration allows us to realize a variety of possible trap geometries and especially to design common turning points for the

oscillations of the ensemble widths along both principal axes. Furthermore, 2D acousto-optical deflectors (AODs) [AA Opto-Electronic DTSXY-400-1064] are used to create time-averaged optical potentials instead of the previously used AOM. In combination with the implemented lens system, their superior bandwidth allows for CPM amplitudes of at least 1.5 mm and consequently to access lower final trap frequencies and expansion energies. Finally, for the DKC, the second AOD axis is needed to shift the ODT beams vertically and match the position of the atomic cloud for a maximum pre-TOF of $\tau_z = 25$ ms, corresponding to a free-fall distance of 3 mm.

For E^{2D} we numerically find minimal values below 20 pK for a holding time of 42.5 ms switching the trap frequencies from $2\pi \times \{152.7, 310.7, 342.6\}$ Hz to $2\pi \times \{28.1, 5.6, 340.0\}$ Hz at $10 a_0$ scattering length (Fig. 3a). For the final trap configuration 150 mW of optical power at a CPM amplitude of $175 \mu\text{m}$ for one and 450 mW with $800 \mu\text{m}$ modulation stroke for the other beam is required. Since the frequency along the vertical axis is much higher than the two others, the DKC (black dashed line in the inset of Fig. 3b) will not significantly affect the other direction as shown by the black dotted and dash-dotted curves in Fig. 3b. For an easy configuration with only $\tau_z = 10$ ms pre-TOF, corresponding to a free-fall distance of $490 \mu\text{m}$, experimentally accessible in practice, we obtain a minimal 3D expansion energy of $E^{3D} = 24.5$ pK with a $\delta t_{DKC} = 18.8 \mu\text{s}$ long delta-kick pulse and 44.8 ms of lensing as shown in Fig. 3c and optimized using a simulated annealing algorithm⁷². Moreover, the implementation is expected to be robust against variations of the experimental parameters as it allows to achieve energies below 50 pK for a wide range of holding and delta-kick durations. Even better performance can be obtained by increasing the pre-TOF duration at the expense of the overall robustness with respect to the delta-kick timing⁴³. For $\tau_z = 25$ ms of pre-TOF, we find final energies as low as $E^{3D} = 15.7$ pK, but requiring a DKC of only $\delta t_{DKC} = 6.2 \mu\text{s}$ (Fig. 3d). The simulation explicitly takes the AOD's response time of $3 \mu\text{s}$ into account, as it is on the same order of magnitude as δt_{DKC} . While other experimental limitations, e.g., due to the bandwidth of the different control loops may apply, the AOD is the slowest component involved and therefore poses the relevant limitation for the advanced scenario, contrary to the measurements in Fig. 1. Nevertheless, such timings can be experimentally challenging when being limited to the center-position modulation frequency below 100 kHz as relevant time scale or using rf-switches with switching times of several μs .

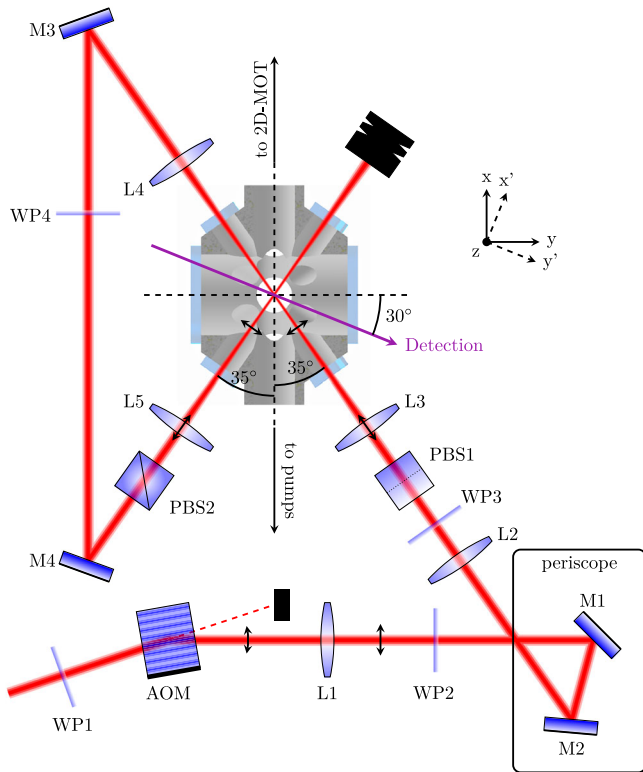


Fig. 4 | Optical dipole trap setup. Time-averaged potentials are implemented with an acousto-optical modulator (AOM). A three-lens system (L1, L2, L3) with focal lengths $f_1 = 100$ mm, $f_2 = 300$ mm and $f_3 = 150$ mm, translates the change in AOM deflection angle into a parallel displacement, while simultaneously focusing the beam to a waist of 30 (45) μm in horizontal (vertical) direction. The lenses L4 and L5 ($f_{4,5} = 150$ mm) are used to re-collimate the beam after passing the experimental chamber and to re-focus it on the atoms. At each point, optimal polarization is ensured by wave plates (WP1–WP4) with additional orthogonal-oriented polarizing beam splitters (PBS1 and PBS2) in front of the chamber for polarization cleaning. Dielectric mirrors (M1 – M4) are used to guide the beam through the setup. For perfect alignment and equal beam power the trap frame $\{x, y, z\}$, as given by the principal axes of the optical potential, resembles the symmetry axes of the vacuum chamber. The camera frame $\{x', y', z\}$ is obtained by a rotation around the z -axis, with the exact detection angle depending on the beam configuration and alignment. The figure is taken from Albers et al.⁵² and openly licensed via [CC BY 4.0](https://creativecommons.org/licenses/by/4.0/). Here the orientation of the detection arrow and the naming of the coordinate systems was altered to account for changes of the apparatus compared to the source material.

For such short signals, arbitrary waveform generators based on direct digital synthesizers (DDS) with a high sampling rate offer a convincing solution. In this case, we use a software-defined radio [Ettus USRP X310], whose DDS allows to interrupt the waveform at any given sample and match the pulse length with a resolution of 50 ns for a typical sampling rate of 20 MHz. As before using a low scattering length assists in the overall collimation. However, simulating the same sequence for a scattering length of $158 a_0$ in particular, still leads to expansion energies of $E^{3D} = 97.5$ pK for $\tau_z = 10$ ms of pre-TOF and $E^{3D} = 81.9$ pK for 25 ms pre-TOF with 17.6 μs and 7.1 μs long delta-kick pulses, respectively.

Hence, the analyzed two-step process opens up the path to approach ($a = 158 a_0$) and even exceed ($a = 10 a_0$) the results that were obtained in a drop-tower⁴⁸, on the International Space Station⁴⁹, and within a long-baseline device⁴⁷. Combining these results with a strategy for rapid evaporation⁷¹ and a bright source for fast magneto-optical trap (MOT) loading⁷³, compact or even field-deployable devices can reach experimental repetition rates higher than 0.5 Hz with BECs consisting of 3×10^5 atoms and state-of-the-art collimation.

Methods

Experimental apparatus

We use the same setup as for the previous matter-wave lens study with ^{87}Rb ⁵², featuring a crossed ODT in recycled beam configuration (Fig. 4). A detailed description of the vacuum, laser, and coil systems used can be found in previous publications^{8,10,74}. The ODT is based on a 1960 nm fiber laser [IPG TLR-50-1960-LP] which is intensity stabilized by a feedback loop, controlling a linearized Pockels cell. The crossed trap is realized by recycling the same beam, passing the atoms again under an angle of 70° . We ensure orthogonal beam polarization to avoid running lattice formation. Due to the elliptical beam shape of the fiber laser output, we obtain different beam waists of 30 μm in horizontal and 45 μm in vertical direction. Taking losses at all optical elements into account, the maximal power that can be delivered to the atoms is limited to 8 W for the initial and 6 W for the recycled beam. A custom-made AOM [Polytec ATM-1002FA53.24] is used to deflect the beam, thereby creating time-averaged optical potentials of harmonic shape along one beam axis^{53,75}. It is further utilized to control the beam power at the lower end of the intensity stabilization. By focusing the beam onto the atomic cloud, the change in deflection angle of the AOM is translated into a parallel displacement of the beam. For the initial beam, the bandwidth of the AOM allows for a maximum CPM amplitude of 200 μm . For the recycled beam, the same configuration corresponds to a CPM amplitude of 300 μm due to the additional re-collimation and re-focusing, and the increased path length in-between. Due to the experimental configuration, the recycled beam is fully determined by the state of the initial beam and hence the setup does not allow to choose the trap frequencies in x - and y -direction independently. The required frequency modulation of the rf-signal driving the AOM is generated with a combination of a voltage-controlled oscillator [Mini-Circuits ZOS-150+] to provide the actual signal and an arbitrary waveform generator [Rigol DG1022Z], which provides the waveform. For the whole experimental sequence, a constant modulation frequency of 20 kHz is used, which is sufficiently large compared to any occurring trap frequency. We define the trap frame $\{x, y, z\}$ as the principal axes of the trapping potential, given by the eigenvectors of the curvature in the critical point. In the case of equal ODT beams in terms of power and waist, it resembles the symmetry axis of the experimental setup as shown in Fig. 4, while any deviations from the ideal beam configuration result in rotations of the coordinate system around the z -axis. Finally, detection is performed by absorption imaging with unity magnification. The camera is situated in the $\{x, y\}$ -plane and the related camera frame $\{x', y', z\}$ can be obtained from the trap frame $\{x, y, z\}$ by rotating clockwise around the z -axis by an angle of $\sim 30^\circ$. Note, that the exact angle depends on the beam configuration prior to detection due to the resulting rotation of the trap frame.

Ensemble preparation

We apply a trap loading and state preparation sequence optimized for ^{39}K as described earlier⁷⁴. We load a 3D-magneto-optical trap on the D_2 -line from a 2D-MOT, trapping 1×10^9 atoms within 4 s. Subsequently, we apply a hybrid D_1 - D_2 compression MOT to increase the ensemble's density and gray molasses cooling on the D_1 -line for cooling the ensemble to sub-Doppler temperatures⁷⁶. In this manner, we prepare 4×10^8 atoms at a temperature of 12 μK within 56 ms after turning off the 2D-MOT. For loading the ODT we use a center-position modulation amplitude of 160 μm to improve the mode matching of the crossing region with the cloud, transferring 12×10^6 atoms into the 54 μK deep ODT, with a temperature of 8.5 μK . Afterward, we prepare the ensemble in $|F = 1, m_F = -1\rangle$ with a multi-loop state preparation scheme based on microwave adiabatic rapid passages. This allows to use the broad Feshbach resonance at 32.6 G⁷⁷ to adjust the scattering length to positive values, necessary for direct evaporative cooling⁷⁸. We use the evaporation sequence optimized for the largest number of condensed particles, rather than the shortest experimental cycle time with the highest atomic flux, realizing a quasi-pure BEC of up to 2×10^5 atoms after 3.9 s of evaporative cooling at a scattering length of $158 a_0$. For the measurement at $158 a_0$ we perform the matter-wave lens 100 ms after creating the BEC by increasing the center-position modulation

amplitude to the achievable maximum, as stated before. For the measurement at $10 a_0$, we additionally adiabatically sweep the magnetic field towards the broad minimum between the resonance at 32.6 G and the next higher one at 162.8 G after creating the BEC and before performing the matter-wave lens.

Data acquisition and analysis

We perform TOF measurements for different holding times after relaxing the trap with a total experimental cycle time of 12 s. Subsequently, we describe the obtained density profile either by a Gaussian or a Thomas-Fermi distribution, depending on the scattering length used. For the measurements at $158 a_0$ the Thomas-Fermi radii $R_i(t)$ are transformed into their equivalent standard deviation $\sigma_i(t)$ using $\sigma_i(t) = R_i(t)/\sqrt{7}^{39,70}$. Individual data points are taken for a holding time spacing of 1 ms and a TOF spacing of 5 ms. Each measurement is repeated at least four times. At $10 a_0$ we fit a Gaussian to the obtained density distribution. For these measurements, the TOF spacing is reduced to 1 ms at the expense of the holding time spacing which is increased to at least 2 ms, in order to obtain better statistics for the extracted ensemble expansion. For each individual dataset, measurements are performed over the course of 12 h of continuous operation. With this approach, we ensure comparability within each dataset and avoid trap frequency drifts caused by thermal effects from power cycling the 1960 nm laser in between measurement days. To obtain the linear expansion rate for a given holding time, we only consider the data taken for more than 10 ms TOF, avoiding the resolution limitation of our detection system. Finally, the fitted expansion rates v_i are transformed into 1D expansion energy using $E_i^{1D} = k_B T_i/2 = mv_i^2/2$.

To simulate the behavior of the ensemble, we determine the trapping frequencies by fitting the oscillations of the ensemble width with respect to the holding time for a constant TOF in the trap frame and by projecting them into the rotated camera frame, afterward. Since the detection angle relative to the trap frame changes with respect to small deviations of the ODT beam alignment, the exact angle is evaluated for each measurement separately and fitted to the data, as well. We optimize the fit parameters on five different TOFs in between 10 and 25 ms simultaneously with equal weighting, obtaining a single set of values, which provide the overall smallest error. Based on the frequencies found, we perform simulations of the ensemble's behavior using the two approaches provided in the theoretical model section. The error bands stem from 1000 Monte-Carlo simulations within the obtained errors of trap frequencies, detection angle and scattering length (at $10 a_0$) as determined by fitting the ensemble width and the magnetic field characterization of the apparatus.

For the advanced scenario, we take experimental parameters and technical limitations of the setup, e.g., the rise time of the AOD, into account. We search for optimal 3D collimation by simulating a grid with a step size of $36 \mu\text{s}$ for the lensing and 62 ns for the DKC, using a simulated annealing algorithm⁷² for the absolute minimum in each case.

Theoretical model

For a scattering length of $158 a_0$, the interaction energy exceeds the kinetic energy of the ensemble, so the BEC dynamics is well described by the scaling equations as derived by Castin et al.⁷⁹ and Kagan et al.⁸⁰:

$$\ddot{\lambda}_i(t) + \omega_i^2(t)\lambda_i(t) = \frac{\omega_i^2(0)}{\lambda_i\lambda_x\lambda_y\lambda_z}, \quad (1)$$

where the dimensionless variable $\lambda_i(t) = R_i(t)/R_i(0)$ characterizes the evolution of the size of the condensate in the direction $i \in \{x, y, z\}$. In this expression, $R_i(t)$ is the Thomas-Fermi radius in the direction i , and the initial radius is given by⁸¹

$$R_i(0) = a_{\text{osc}} \frac{\bar{\omega}(0)}{\omega_i(0)} \left(\frac{15Na}{a_{\text{osc}}} \right)^{1/5}, \quad (2)$$

with the average length of the quantum harmonic oscillator $a_{\text{osc}} = [\hbar/m\bar{\omega}(0)]^{1/2}$ and the geometric mean of the initial trapping frequencies $\bar{\omega}(0) = [\omega_x(0)\omega_y(0)\omega_z(0)]^{1/3}$. From the solution of Eq. (1) we extract the standard deviations $\sigma_i(t) = R_i(t)/\sqrt{7}$ associated with the atomic density, which we compare with the experimental measurements obtained as described in the data acquisition and analysis section.

In the case of a scattering length of $10 a_0$, the Thomas-Fermi approximation is no longer suitable to accurately describe the dynamics of the BEC. Instead, we follow a variational approach and describe the BEC with a Gaussian ansatz^{82,83}. This leads to a harmonic trap to the following set of coupled differential equations

$$\ddot{\sigma}_i(t) + \omega_i^2(t)\sigma_i(t) = \frac{\hbar^2}{4m^2\sigma_i^3(t)} + \frac{\hbar^2 aN}{4\sqrt{\pi}m^2\sigma_x\sigma_y\sigma_z}, \quad (3)$$

for the standard deviations $\sigma_i(t)$ of the atomic density. The time-independent version of Eq. (3) is used to determine the initial size $\sigma_i(0)$ of the ensemble, which converges to the oscillator length for vanishing scattering length.

Data availability

The data used in this manuscript is available from the corresponding author upon reasonable request.

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Author contributions

A.H., H.A., S.B., E.M.R., and D.S. designed the experimental setup and the dipole trapping laser system. A.H., H.A., S.B., K.S., E.M.R., and D.S. contributed to the design, operation, and maintenance of the overall setup. T.E., R.C., E.C., and N.G. set the theoretical framework of this work. A.H., T.E., and H.A. with the support of R.C., E.C., and N.G. performed the analysis of the data presented in this manuscript. A.H., T.E., and R.C. with the support of D.S., E.C., E.M.R., and N.G. drafted the initial manuscript. All authors discussed and evaluated the results and contributed to, reviewed, and approved the manuscript.

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Competing interests

The authors declare no competing interests.

Additional information

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