nature cardiovascular research

Article

Sustained meningeal lymphatic vessel atrophy or expansion does not alter Alzheimer's disease-related amyloid pathology

Received: 6 April 2023

Accepted: 2 February 2024

Published online: 15 March 2024

Check for updates

Salli Antila ¹^[], Dmitri Chilov^{1,5}, Harri Nurmi^{1,5}, Zhilin Li ¹, Anni Näsi¹, Maria Gotkiewicz², Valeriia Sitnikova ², Henna Jäntti ², Natalia Acosta², Hennariikka Koivisto², Jonathan Ray¹, Meike Hedwig Keuters ^{2,3}, Ibrahim Sultan¹, Flavia Scoyni², Davide Trevisan², Sara Wojciechowski², Mika Kaakinen⁴, Lenka Dvořáková ², Abhishek Singh ⁴, Jari Jukkola⁴, Nea Korvenlaita², Lauri Eklund ⁴, Jari Koistinaho ^{2,3}, Sinem Karaman ¹, Tarja Malm ², Heikki Tanila ² & Kari Alitalo ¹

Discovery of meningeal lymphatic vessels (LVs) in the dura mater, also known as dural LVs (dLVs) that depend on vascular endothelial growth factor C expression, has raised interest in their possible involvement in Alzheimer's disease (AD). Here we find that in the APdE9 and 5xFAD mouse models of AD, dural amyloid- β (A β) is confined to blood vessels and dLV morphology or function is not altered. The induction of sustained dLV atrophy or hyperplasia in the AD mice by blocking or overexpressing vascular endothelial growth factor C, impaired or improved, respectively, macromolecular cerebrospinal fluid (CSF) drainage to cervical lymph nodes. Yet, sustained manipulation of dLVs did not significantly alter the overall brain A β plaque load. Moreover, dLV atrophy did not alter the behavioral phenotypes of the AD mice, but it improved CSF-to-blood drainage. Our results indicate that sustained dLV manipulation does not affect A β deposition in the brain and that compensatory mechanisms promote CSF clearance.

AD is the most prevalent cause of dementia and one of the most significant healthcare challenges of the 21st century. Major neuropathological hallmarks of AD include extracellular A β plaques, consisting of 38–43 amino acid peptides cleaved from the amyloid precursor protein (APP) and intracellular neurofibrillary tangles, made of hyperphosphorylated tau protein¹. Other features of AD include neuronal degeneration and death, cerebral amyloid angiopathy (CAA) and neuroinflammation^{1,2}. A β peptide accumulation is an early event in AD pathogenesis³. In cases of rare (<1%) dominantly inherited early-onset forms of AD, mutations in *APP* or presenilin (*PSEN*) 1 and 2 genes are causative of the disease⁴, whereas in common sporadic, late-onset AD, the initial cause of A β peptide accumulation is not known. The vascular system has been suggested to play a significant role in sporadic AD that is often linked to a simultaneous cerebrovascular disease^{5,6}.

¹Wihuri Research Institute and Translational Cancer Medicine Program, Biomedicum Helsinki, University of Helsinki, Helsinki, Finland. ²A.I. Virtanen Institute for Molecular Sciences, University of Eastern Finland, Kuopio, Finland. ³Neuroscience Center, Helsinki Institute of Life Science, University of Helsinki, Helsinki, Finland. ⁴Oulu Center for Cell-Matrix Research, Faculty of Biochemistry and Molecular Medicine, Biocenter Oulu, University of Oulu, Oulu, Finland. ⁵These authors contributed equally: Dmitri Chilov, Harri Nurmi. e-mail: salli.antila@helsinki.fi; kari.alitalo@helsinki.fi

Research on the production and elimination of AB aggregates has provided important clues on the molecular pathogenesis of $AD^{4,7}$. In late-onset AD, there is no strong evidence for an excess of AB production, suggesting problems in Aβ elimination^{8,9}. The currently debated mechanisms of AB clearance include soluble AB clearance from the brain by a combination of transcellular transport through the bloodbrain barrier (BBB) or the blood-CSF barrier, enzymatic degradation, uptake into microglia and astrocytes, brain interstitial fluid (ISF) bulk flow and ISF/CSF absorption into blood and LVs¹⁰. Also the ISF/CSF fluid and particle outflow into blood circulation and extracranial lymphatic vasculature has been suggested to occur by multiple pathways. These include direct efflux through the blood-CSF barrier and BBB¹¹, perivascular pathways^{12,13}, arachnoid villi/granulations in some animal species¹⁴, perineural pathways¹⁴⁻¹⁹ and the recently rediscovered dLVs²⁰⁻²². The ISF/CSF outflow is also considered to be regulated by various physiological factors, including cardiovascular, respiratory and vasomotor pulsations as well as sleep state²³. The relative contributions of these pathways and factors in physiological and pathological situations are still poorly understood^{10,24}.

Impaired CSF clearance has been reported in patients with AD²⁵. The function of the lymphatic clearance route in AD was emphasized by the finding of higher A^β levels in cervical lymph nodes (cLNs) than in more peripheral lymph nodes in a mouse model of AD²⁶ and in humans²⁷. The interest in possible connection between AD development and LV function was stimulated by the rediscovery of dLVs^{20,21}. These LVs have been reported to drain tracers of various sizes from the CSF and brain parenchyma into cLNs^{20-22,28-30}. Ligation of extracranial LVs that lead to deep cervical lymph nodes (dcLNs) or verteporfin-mediated photodynamic ablation of dorsal dLVs aggravated brain Aß accumulation in transgenic AD mouse models^{31–33}. Furthermore, repeated injection of recombinant human vascular endothelial growth factor C (VEGF-C) into the cisterna magna (i.c.m.) induced growth of dLVs and decreased brain Aβ levels in one study³⁴. In another study, mouse VEGF-C gene delivery i.c.m. failed to result in dural lymphangiogenesis or affect Aß levels in the brain parenchyma or CSF³¹; however, it augmented brain Aβ plaque clearance when used in combination with an anti-A β antibody³².

Dural LV development and maintenance requires the VEGF-C– VEGFR3 growth factor/receptor signaling system, making it possible to induce dLV atrophy via administration of a soluble VEGF-C/VEGF-D trap that binds to and neutralizes VEGF-C and VEGF-D²². On the other hand, VEGF-C gene transfer has been shown to induce growth of new dLVs²². These tools have already been used in clinical trials, in which no safety concerns were reported³⁵ (ClinicalTrials.gov identifier NCT02543229). Considering their translational potential, we have here analyzed how sustained manipulation of the VEGF-C/VEGF-D pathway to induce dLV growth or regression affects CSF outflow and amyloid neuropathology in two different transgenic mouse models of AD.

Results

Brain A β load is not increased in APdE9 mice lacking dLVs

To study how dLV atrophy affects the development of AD-like amyloid pathology in mice, we first used K14-VEGFR3-Ig (K14-sR3) transgenic mice³⁶. In these mice, the sustained VEGF-C/VEGF-D growth factor deprivation leads to failure of dura mater LV development, without affecting dcLN size²⁰. The K14-sR3 mice have impaired clearance of tracers from the brain parenchyma and CSF into dcLNs, yet they maintain a similar intracerebral pressure (ICP) as their control littermates²⁰. For monitoring of CSF macromolecular clearance by dLVs, we used R-phycoerythrin (RPE)-labeled immunoglobulin (IgG), which was visualized inside dLVs and cLNs after its intraventricular (i.c.v.) delivery (Extended Data Fig. 1a,b). The results confirmed impaired drainage of IgG–RPE into the dcLNs in the K14-sR3 mice (Extended Data Fig. 1b). Using magnetic resonance imaging (MRI), we excluded possible alteration of brain ventricular volume as a pathological response to the loss of dLVs (Extended Data Fig. 1c). We then crossed K14-sR3 mice with APdE9 mice that express human APPswe and PSEN1dE9 gene mutations from the same transgene³⁷. The APdE9 mice develop the first cerebral A β plaques at about 4 months of age and their plaque load begins to saturate by 12 months of age³⁸. Brain astrocytosis and microgliosis increase progressively with age in the APdE9 mice and their memory impairment becomes evident by 12 months of age^{39,40}. To assess whether the lack of dLVs affects A β deposition, we analyzed the mice at the age of 6 months, when the rate of amyloid accumulation is highest and when secondary processes associated with mouse aging do not yet confound the results.

Wild-type (WT) and APdE9 mice had a similar pattern and location of dLVs, which were absent from the K14-sR3 and APdE9;K14-sR3 mice (Extended Data Fig. 1d–n); only some atrophic LVs were found adjacent to the external ethmoidal arteries (Extended Data Fig. 1k,l). Yet, LYVE1⁺ lymphatic endothelium in the dcLNs was retained in mice of all four genotypes (Extended Data Fig. 2b). These results demonstrate that the VEGF-C/VEGF-D trap inhibits the development of dLVs almost completely, leading to functional impairment of tracer drainage into the dcLNs.

Previous results have indicated that partial disruption of the dorsal dLVs in the 5xFAD and APP-J20 mice by verteporfin-mediated laser ablation increases A β load in the brain and dura mater^{31,32}. To our surprise, we found that the double transgenic APdE9;K14-sR3 mice did not have higher A β load in the brain than the APdE9 mice (Extended Data Fig. 2c-g). Instead, the APdE9;K14-sR3 mice showed a trend for lower Aß load in the hippocampus, as evidenced by immunohistochemistry (IHC) and enzyme-linked immunosorbent assay (ELISA) (individual *t*-tests P > 0.05; P = 0.03 in two-way analysis of variance (ANOVA); Extended Data Fig. 2c-e). The amyloid load in the cerebral cortex or the combined amyloid load in both brain areas was not altered (Extended Data Fig. 2c,f,g), suggesting that the minor decrease of plaque accumulation was restricted to the hippocampus. Hippocampal podocalyxin⁺ blood vessel (BV) coverage was similar in K14 transgenic and WT mice, confirming that the VEGF-C/VEGF-D trap does not alter blood vasculature in the hippocampus (Extended Data Fig. 2h,i). These findings indicate that the APdE9;K14-sR3 mice that lack functional dLVs do not have increased brain amyloid load.

Brain Aβ load is not increased by dLV regression in APdE9 mice Because inhibition of LV growth in developing mice is known to induce atrophy of peripheral LVs and lymph nodes (LNs)³⁶ that can result in secondary developmental phenotypes, we next induced dLV regression in 2-month-old mice in which the dLV development has been completed²². We injected a serotype 9 adeno-associated viral (AAV) vector encoding sR3 (AAV-mVEGFR3₁₋₄-Ig) or control vector (AAV-mVEGFR3₄₋₇-Ig, AAV-Ctrl) intraperitoneally (i.p.) and analyzed the mice at 6 (female littermates) or 16 (male littermates) months of age, when the brain amyloid pathology is rapidly developing or fully developed, respectively (Fig. 1a). We confirmed the expression of the viral vector-produced proteins in sera from the injected mice by western blotting (Fig. 1b and Source Data Fig. 1).

We have previously shown that AAV-sR3 treatment of adult mice leads to a significant and sustained dLV regression within 1 week after injection, resulting in decreased macromolecular CSF-to-dcLNs drainage²². In agreement with these results, our IHC analysis of AAVsR3 treated mice at 6 or 16 months of age showed complete loss of dLVs from the dorsal dura mater and severe LV atrophy around the dural BVs and cranial nerves at the skull base (*P* < 0.001 in all, two-way ANOVA) (Fig. 1c–g and Extended Data Fig. 3a–h). The regression of basal skull dLVs was especially prominent around the pterygopalatine artery (PPA) and its branches, above the cribriform plate and around the optic nerves (Extended Data Fig. 3b–f). In contrast, dLVs around the foramen magnum and the spinal canal were affected only minimally (Extended Data Fig. 3g,h). The dLV area percentage and location were similar in the WT and APdE9 mice at both ages, indicating that the APdE9



Fig. 1 | **AAV-sR3 induced dLV regression in WT and APdE9 mice impairs CSF outflow into cLNs but improves CSF outflow into blood circulation.** Comparison of littermate AAV-Ctrl and AAV-sR3 treated WT and APdE9 mice at 6 (female) and 16 (male) months of age. COS, confluence of sinuses; dcLN, deep cervical lymph node; scLN, superficial cervical lymph node; SSS, superior sagittal sinus; TS, transverse sinus. **a**, Schedule indicating AAV administration and experimental analysis time points. **b**, Western blot showing mVEGFR3-1g protein in serum after AAV injection. Control sample is from a mouse with no detectable protein expression (unsuccessful injection), which was omitted from the analysis. **c**, Simplified schematic illustration of dLVs (green) attached to the basal and dorsal cranium and spinal canal. **d**–**g**, Comparison of LYVE1'/PROX1⁺ dLVs in the dorsal skull at 6 months (*n* = 7, 7, 4 and 6) (**d**,**f**) and 16 months (*n* = 3, 3, 3 and 3) (**e**,**g**) of age. LYVE1 staining in white (**d**,**e**). Yellow arrowheads point to dLV branches visible only in mice injected with AAV-Ctrl. Pineal gland was excised from the middle of COS in (**d**,**e**) to visualize all dLVs. h, The schedule of CSF drainage analysis. i–n, Comparison of IgG–RPE tracer signal in dcLNs (n = 9, 9, 5 and 6) of 6-month-old mice (i j) and in scLNs (n = 14, 16, 9 and 11) and dcLNs (n = 14,16,10,11) (k,n) of 16-month-old mice 180 min after i.c.m. injection. LN values in (j, m, n) represent an average of both sides; maximum one LN per side per mouse was used for quantification. o, Kinetic analysis of IgG–RPE tracer appearance in systemic blood (saphenous vein) at 30, 60, 120 and 180 min after i.c.m. injection into 16-month-old mice (n = 11, 15, 9 and 11) visualized in three different ways. Data shown are representative of at least two independent experiments using littermate mice. The data points represent individual mice. LN and blood IgG–RPE tracer signal values are normalized to the average of the WT-Ctrl group of every experiment set at the 3-h time point. *P* values were calculated using two-way ANOVA (f,g,j,m,n) and three-way repeated measures mixed-effects model with Tukey's post hoc test for multiple comparisons (o). Data are presented as mean ± s.e.m. Scale bars, 400 µm (d,e,i,l) and 1 mm (k).



Fig. 2 | **AAV-sR3 induced dLV regression in APdE9 mice does not increase the overall brain Aβ load.** Comparison of littermate AAV-Ctrl- and AAV-sR3-treated WT and APdE9 mice at 6 (female) and 16 (male) months of age. BV, blood vessel; HC, hippocampus. **a,b**, Comparison of WO2 (blue) staining of hippocampus in coronal brain sections in 6-month-old (n = 16 and 20) and 16-month-old (n = 20 and 18) mice. **c,d**, Quantification of Aβ% in cortex (**c**) and HC plus cortex (**d**) in 6-month-old (n = 15 and 20) mice. **e**, ELISA quantification of insoluble Aβ1-42 (ng g⁻¹) in the brains in 6-month-old (n = 14 and 18) mice. Each data point represents an average of HC and cortex values. **f**,**g**, Comparison of aquaporin-4 (AQP4, magenta) staining of HC in 6-month-old mice (n = 15 and 20).

genotype does not cause dramatic changes in dLV coverage (Fig. 1d–g and Extended Data Fig. 3b–h). Body, dcLN or spleen weights or dcLN LYVE1⁺ area coverage did not differ between genotypes or treatment groups at either age (Extended Data Fig. 3i–o).

Dural LV function was evaluated by studying the accumulation of IgG–RPE into dcLNs and superficial cLNs (scLNs) 3 h after its injection i.c.m. (Fig. 1h). In each mouse, one to two dcLNs and two to five scLNs were generally visualized on both sides of the neck. As in the K14-sR3 mice, the tracer accumulated mainly to the marginal sinus in the draining LNs (Fig. 1i,k,l). The signal from the CSF injected tracer varied between the individual LNs and some of them, especially in the scLN region, lacked signal altogether (Fig. 1i,k,l). Significantly less IgG–RPE was found in the dcLNs and scLNs in AAV-sR3 versus AAV-Ctrl-treated mice (P < 0.001, two-way ANOVA, about 20–40% decrease in predicted mean value) (Fig. 1i–n). In contrast, the APdE9 genotype did not significantly affect IgG–RPE drainage into cLNs at either age (Fig. 1i–n). These results confirm that AAV-sR3 causes sustained functional regression of dLVs, whereas the APdE9 genotype has no significant effect on the morphology or function of dLVs even at an advanced disease stage.

We next quantified the amyloid plaques in the hippocampus and cortex in anti-A β stained brain sections. Unexpectedly, the regression of dLVs did not increase the A β immunoreactive area in the hippocampus, unlike in the study in which dorsal dLVs were partially destroyed by photoablation in 5xFAD and APP-J20 mice³¹. Instead, similarly as **h**–**j**, Comparison of podocalyxin (white color in **j**) staining in HC (n = 4, 4, 4 and 4) (**h**) and dorsal dura mater (n = 7,7,4,6) (**i**, **j**) in 6-month-old mice. Data shown are representative of at least two independent experiments using littermate mice. Data points shown in graphs represent individual mice. A β values represent an average of five brain sections (210 mm apart) per mouse. W02, A β 1-42, AQP4 and brain podocalyxin values were normalized to average of the APdE9-Ctrl group of every experimental set. *P* values were calculated with unpaired two-tailed *t*-test (**b**–**e**,**g**) and two-way ANOVA (**b**,**h**,**i**) with Tukey's post hoc test for multiple comparison. Data are presented as mean values ± s.e.m. Scale bars, 400 µm (**j**) and 500 µm (**a**,**f**).

in the APdE9;K14-sR3 mice, the hippocampal A β immunoreactive area in the AAV-sR3 treated APdE9 mice showed a trend for decreased amyloid load (individual *t*-tests *P* = 0.06; *P* = 0.008 in two-way ANOVA) (Fig. 2a,b). The A β immunoreactive area in the cortex above the hippocampus, or the combined amyloid load of both brain areas, was not significantly affected (Fig. 2c,d). Human A β -specific ELISA did not show significant differences in the combined analyses (Fig. 2e). Quantification of BV coverage and aquaporin-4 (AQP4) expression in the perivascular astrocyte end feet facing the BBB in hippocampus was not significantly different between APdE9 mice treated with AAV-sR3 or AAV-Ctrl (Fig. 2f-h). These findings indicate that sustained impairment of dLV function by the VEGF-C/VEGF-D trap treatment does not increase the overall brain amyloid load in APdE9 mice.

Next, we assessed A β deposition in dura mater. We found intense anti-A β staining in the dorsal, but not in the basal, dura mater in both AAV-sR3- and AAV-Ctrl-treated APdE9 mice. Notably, unlike in the photoablation study³¹, we detected A β staining also in the dura mater of AD mice without dLV regression (Fig. 3a–f and Extended Data Fig. 4a–h). The staining was mainly associated with podocalyxin⁺/vWF⁺/BMX⁻BVs connecting brain to dura mater, namely bridging veins, that are known to drain blood from brain into the large dural venous sinuses (Fig. 3a–f and Extended Data Fig. 4a–h). The most prominent A β staining was associated with the bridging veins that join transverse sinuses (TSs) and with the rostral end of the superior sagittal sinus (SSS) (Fig. 3a–f).



Fig. 3 | **Aβ deposits in dura mater are associated with bridging veins, but not with dLVs. a–c**, Representative images of podocalyxin (green) and D54D2 (white) staining in skull-associated dorsal dura in 6-month-old female APdE9 littermate mice treated with AAV-Ctrl- or AAV-sR3. Dorsal dura mater (a). Rostral part (**b**). Caudal part (**c**). MMA, middle meningeal artery; RRV, rostral rhinal vein. Yellow arrowheads point to areas where D54D2⁺ amyloid deposits associate with podocalyxin⁺ bridging veins that connect to large dural sinuses. Pineal gland was excised in **a**, **c** to visualize all blood vessels. **d–f**, Representative image of

4,6-diamidino-2-phenylindole (DAPI) (blue), podocalyxin (cyan), D54D2 (yellow) and PROX1 (magenta) staining in a 22-month-old non-treated female APdE9 mouse. Image with all stainings combined (**d**). Separated images (**e**). Images with two stainings combined (**f**). The dotted line marks the podocalyxin⁺ bridging vein that connects to the TS and is associated with most D54D2⁺ A β deposits in the TS region. Data shown are representative of at least two independent experiments using littermate mice. Scale bars, 1 mm (**b**,**c**), 2 mm (**a**) and 200 µm (**d**).

However, $A\beta$ staining was associated with the bridging veins all along the SSS (Fig. 3a–f and Extended Data Fig. 4a–h). In comparison to large dural venous sinuses, the bridging veins showed lower endomucin staining in endothelium and lacked SMA⁺ smooth muscle cell coating (Extended Data Fig. 4a,g). $A\beta$ staining did not consistently colocalize with dLVs (Fig. 3d–f and Extended Data Fig. 4a–f) and staining was present in similar locations also in the dura mater of mice lacking the dorsal dLVs (Fig. 3a–c). There was no difference in the dural BV area between sR3- versus Ctrl-treated APdE9 mice (Fig. 2i,j). The association of dura mater $A\beta$ deposits mainly with BVs, but not LVs, further suggests that the dLVs are not directly involved in draining of $A\beta$ from the central nervous system (CNS) in the APdE9 model. Moreover, this data suggests that bridging veins connecting the brain with dura mater and/or the perivascular space surrounding them provide a route for brain-derived $A\beta$ drainage into the meningeal layers.

sR3 improves transfer of a CSF tracer to blood circulation

To characterize the effects of the APdE9 genotype and AAV-sR3 treatment on the overall CSF efflux into the systemic circulation, we monitored fluorescence in saphenous vein blood samples at 30, 60, 120 and 180 min after i.c.m. administration of the IgG-RPE tracer

to 16-month-old mice (Fig. 10). Even though the fluorescence levels seemed somewhat lower in APdE9 mice than in WT mice, the genotype did not significantly affect drainage of the macromolecular tracer from CSF into blood (Fig. 10). Unexpectedly, the IgG-RPE mean signal intensity in venous blood was significantly stronger in AAV-sR3injected than in AAV-Ctrl-injected mice (P = 0.04, three-way repeated measures mixed-effects model) (Fig. 10). Overall, the signal declined in all groups after 120 min (Fig. 10). The ICPs were not significantly different between AAV-sR3- versus AAV-Ctrl-treated WT mice after 12 months of treatment, indicating that the CSF outflow system can compensate for the loss of the dLVs (Extended Data Fig. 3p). This suggests that the improved drainage into blood circulation was not caused by elevated ICP, which is in line with our previous finding that the K14-sR3 mice and their WT littermates have similar ICP levels²⁰. Thus, our results indicate that the AAV-sR3 treatment improves clearance of CSF macromolecules into systemic blood circulation, presumably in response to dLV atrophy.

dLV regression does not affect the behavior of APdE9 mice

To assess the effect of sustained dLV regression on cognitive function, we performed several behavioral experiments in 13 month-old AAV-Ctrl $\,$





of D54D2 (white) and podocalyxin (green) staining in caudal (i) and rostral (j) dorsal dura mater. Yellow arrowheads point to areas where D54D2⁺ A β deposits colocalize with podocalyxin⁺ bridging veins that connect to large dural sinuses. k-l, Quantification of D54D2 % area and count (n = 9,9) in the caudal region of dorsal dura mater visualized in i. Data shown are representative of at least two independent experiments using littermate mice. Data points shown in graphs represent individual mice. Pineal gland was excised (e,i) to visualize all blood and lymphatic vessels. *P* values were calculated using two-way ANOVA with Tukey's post hoc test for multiple comparison (g,h) and unpaired two-tailed *t*-test (k,l). Data are presented as mean ± s.e.m. Scale bars, 200 µm (f) and 500 µm (e,ij).

versus AAV-sR3 treated WT and APdE9 mice, including assessment of species-specific goal-oriented behavior (nest building), spatial learning and memory (Barnes maze and Morris water maze), contextual fear conditioning (fear conditioning experiment), as well as anxiety (open field and light–dark) (Extended Data Fig. 5a). As expected, we consistently found significant differences in all behavioral results between the APdE9 versus WT mice (Extended Data Fig. 5b–z), but not between the AAV-sR3- versus AAV-Ctrl-treated mice (Extended Data Fig. 5b–z). However, the AAV-sR3-treated mice showed a trend toward improved contextual fear conditioning (Extended Data Fig. 5z) and impaired learning of the new escape hole location in the Barnes maze (Extended Data Fig. 5t). These findings indicate that the sustained dLV regression resulting from the AAV-sR3 treatment does not significantly affect the behavioral phenotype of the APdE9 mice.

Article



Fig. 5 (AAV-SK5 induced dLV regression does not affect of am Ap road in **5xFAD** mice. Comparison of littermate AAV-Ctrl- and AAV-sR3-treated WT and 5xFAD male mice at 4.5 months of age. **a**, Schedule indicating AAV administration and experimental analysis time points. **b**, Schematic illustration indicating brain quantification areas in panels (**c**-**p**). **c j**, Representative images of D54D2 A β staining (red) in HC (**c**) and cortex (**j**) region. Example of a quantified HC area without dSBC is outlined with the white dashed line. **d**-**p**, Quantification of A β staining in HC (WO2; *n* = 13 and 13 and D54D2; *n* = 14 and 11) (**d**-**i**) and cortex (WO2; *n* = 13 and 13 and D54D2; *n* = 14 and 12) (**k**-**p**)

A β load is not affected by dLV regression in 5xFAD mice

AD-like amyloid pathology develops very fast in 5xFAD mice, in which the A β deposits appear at about 2 months of age and saturate at about 9 months of age in the cerebral cortex and develop more slowly in the hippocampus⁴¹. Brain astrocytosis and microgliosis in 5xFAD mice increase progressively with age, and the motor, emotional and cognitive phenotype becomes evident by 6 months of age^{41,42}.

Recent studies indicated that repeated photodynamic treatment of 5xFAD mice for 6–8 weeks, starting at 1.5–3.5 months of age, to ablate dorsal dLVs increases the accumulation of A β in the brain compared to sham-treated mice^{31,32}. We used a similar schedule in our experiment, with AAV-sR3 injection at 2 months of age and analysis at 4.5 months of age, followed by verification of expression of sR3 protein in serum (Fig. 4a,b and Source Data Fig. 4). The injection and end-point analysis

are representative of at least two independent experiments using littermate

mice. Data points shown in graphs represent individual mice. Brain Aß values

represent an average of six brain sections (400 µm apart) per mouse and are

mean \pm s.e.m. Scale bars, 500 μ m (c,j).

normalized to average of 5xFAD-Ctrl group of every experimental set. P values

were calculated using unpaired two-tailed *t*-test (**d**-**i**,**k**-**p**) and two-way ANOVA

with Tukey's post hoc test (q-v) for multiple comparisons. Data are presented as

were conducted within a 5-d time window to avoid variation in disease phenotype within groups (Fig. 4c).

As in the APdE9 mice, a complete regression of the dorsal dLVs (P < 0.001, two-way ANOVA) and a significant regression of the basal dLVs (P = 0.002, two-way ANOVA) were obtained also in the 5xFAD mice expressing the VEGF-C/VEGF-D trap (Fig. 4d-h). In dura mater, the dLV regression did not affect the anti-A β staining that was again associated with the bridging veins (Fig. 4i–1). In the brain, anti-A β staining using D54D2 or WO2 antibodies did not reveal significant differences in hippocampal or cortical amyloid deposits between AAV-sR3-treated versus control 5xFAD mice (Fig. 5a–p). The regression of the dLVs did not affect body weight or the tested behavioral parameters, including nest building, motor ability (grid hanging) or anxiety (open field and elevated plus maze) (Fig. 5q–v). These data indicate that AAV-sR3-induced sustained dLV regression does not affect the disease phenotype in 5xFAD mice.

VEGF-C-induced dLV expansion does not alter A β load in APdE9 mice

Injection of AAV9-mVEGF-C (encoding the full-length VEGF-C, hereafter AAV-VC) i.c.v. or i.c.m. in mice induces robust lymphangiogenesis in the dorsal and basal dLVs but does not affect BBB permeability²². Here, we first compared the dLVs in mice injected i.c.v. or i.c.m. with 1×10^{10} , 5×10^{10} or 1×10^{11} AAV-VC or AAV-Mock particles per mouse. After 4–5 weeks, we analyzed VEGF-C expression in the brain, CSF tracer drainage, dural LVs and BVs, and brain BVs (Extended Data Fig. 6a,b).

AAV-VC induced a trend for dose-dependent exponential increase in VEGF-C messenger RNA in the cortex (Extended Data Fig. 6c) and for more linear increase of LV area% in both the dorsal and ventral dura mater (Extended Data Fig. 6e, f, i, j). The lymphangiogenic effect of AAV-VC was evident throughout the dorsal dura (Extended Data Fig. 6e, f,q,r), most prominently around the areas where the bridging veins connect to the TSs, SSS (especially the rostral end) and confluence of sinuses (Extended Data Fig. 6e,q). In the basal dura mater, the most prominent lymphangiogenesis occurred in the rostral areas around cranial nerves II-VI and above the cribriform plate in the olfactory bulb cavity, whereas only moderate expansion of LVs was detected around the PPA/middle meningeal artery; dLVs around the foramen magnum and spinal canal were not affected (Extended Data Fig. 6i, j, s, t). In several locations, the lymphatic sprouts seemed to grow along podocalvxin⁺ BVs connecting to large dural sinuses (Extended Data Fig. 6e,g). Deep cervical LN weight or dural or brain cortical BV area percentages were not affected by AAV-VC transduction (Extended Data Fig. 6d,k,l). The i.c.m.-injected AAV-VC induced slightly stronger lymphangiogenesis in the dura mater, especially in the dorsal part, than a similar dose injected i.c.v. (Extended Data Fig. 6e, f, q, r); however, both i.c.m.- and i.c.v.-injected AAV-VC increased the overall mean IgG-RPE signal intensity in venous blood circulation versus Mock-treated mice (P = 0.009 and P = 0.02, respectively; two-way ANOVA for repeated)measures; Extended Data Fig. 6n). Also, the IgG-RPE fluorescence in the dcLNs was stronger in AAV-VC injected mice (P = 0.04; two-way

Fig. 6 | **AAV-VEGF-C induced dLV expansion in APdE9 mice improves CSF outflow into cLNs and into blood circulation.** Comparison of littermate AAV-Mock and AAV-VC-treated i.c.m. (male) and i.c.v. (female) injected WT and APdE9 mice at 9 months of age. Rho, rhodamin; vp, viral particle; VC, vascular endothelial growth factor C (VEGF-C). **a**, Schedule indicating AAV administration and experimental analysis time points. **b**, Simplified schematic illustration of dLVs (green) attached to the basal and dorsal cranium and spinal canal after removal of the brain and spinal cord. **c**-**f**, Comparison of LYVE1 (white) staining in dorsal skull of i.c.m. (*n* = 4, 3, 3 and 3) (**c**, **e**) and i.c.v. (*n* = 3, 3, 3 and 3) (**d**, **f**) injected mice. Pineal gland was excised in (**c**, **d**) to visualize all dLVs. **g**-**h**, Experimental schedules for IgG–RPE and Rho-dextran drainage analysis into blood (**g**) and lymphatic system (**g**,**h**). **i**-**l**, Comparison of tracer signal in dcLNs at 180 min (*n* = 22, 23, 11 and 14) (**i**) and 30 min (*n* = 6, 5, 5 and 6) (**k**,**l**) after i.c.m. ANOVA; Extended Data Fig. 60,p). Collectively, these results demonstrate that AAV-VC induces dose-dependent dural lymphangiogenesis, leading to improved clearance of CSF macromolecules into cLNs and blood circulation.

To study how the expansion of dLVs by VEGF-C affects AD pathology, we injected 2-month-old WT and APdE9 mice i.c.v. and i.c.m. with 5×10^{10} viral particles of AAV-VC or AAV-Mock per mouse and analyzed the mice at 9 months of age (Fig. 6a). Although the AAV-VC-treated mice had a robust dorsal and basal dLV expansion compared to Mock-treated mice (P < 0.001; two-way ANOVA), there was again no difference in dLV pattern or area coverage between the WT and APdE9 mice (Fig. 6b-f and Extended Data Fig. 7a-h). Body weights and weights of dcLNs, scLNs or spleen, did not differ between the genotypes or treatment groups (Extended Data Fig. 7i-p). The functionality of the dLVs in the 9-monthold mice was evaluated by studying the accumulation of rhodamine dextran and IgG-RPE to the cLNs at 30 min and 3 h, respectively, after their injection i.c.m. (Fig. 6g,h). The results confirmed that tracer drainage into dcLNs and scLNs was significantly improved by the AAV-VC treatment (*P* = 0.007 at 30 min and *P* < 0.001 at 180 min, two-way ANOVA, about 50-130% increase in predicted mean value), whereas the APdE9 genotype had no significant effect on the drainage into cLNs (Fig. 6i-p). The overall mean IgG-RPE signal intensity in blood was significantly increased in the AAV-VC versus Mock-treated mice (P = 0.002; three-way repeated measures mixed-effects model). The overall signal declined in all groups of mice after 120 min (Fig. 6q). Again, the APdE9 genotype did not significantly affect the drainage into blood (Fig. 6q). These results demonstrate that expansion of dLVs by AAV-VC improves CSF macromolecular drainage into both lymphatic and blood vessels, whereas the APdE9 genotype has no effect at 9 months of age.

Statistical analysis of the i.c.v.- or i.c.m.-injected APdE9 mice showed no significant differences in the A β load in the hippocampus or cortex between AAV-Mock and AAV-VC-treated mice (Fig. 7a-j). The bright anti-A β staining in the dura mater was mainly associated with the bridging veins, but not with dLVs (Fig. 7k-m) and was not affected by the AAV-VC treatment (Fig. 7n). Also, AAV-VC treatment did not affect the overall patterning or area of hippocampal or dural BVs (Fig. 7o-q). These data indicate that the AAV-VC-induced sustained increase in dLV function does not affect A β accumulation in the brain or dura mater in APdE9 mice.

dLV expansion by VEGF-C does not alter Aβ load in 5xFAD mice To confirm the results in another AD model, 5×10^{10} particles of AAV-VC or AAV-Mock were injected i.c.v. or i.c.m. into 5xFAD mice at 2 months of age and the mice were analyzed at 4.5 months of age (Extended Data Fig. 8a). Robust lymphangiogenesis was obtained in AAV-VC-treated mice after both i.c.v and i.c.m. injection versus AAV-Mock-injected mice (P < 0.001 in both; two-way ANOVA; Extended Data Fig. 8c-g). Furthermore, AAV-VC significantly improved IgG–RPE drainage from the CSF into dcLNs (P = 0.004; two-way ANOVA), scLNs (P < 0.001; two-way ANOVA) and to blood circulation (P < 0.001; three-way repeated measures mixed-effects model; Extended Data Fig. 8b,h–l). The drainage into

injection. **m**-**p**, Comparison of tracer signal in scLNs at 180 min (n = 20,22,8,13) (**m**,**n**) and 30 min (n = 6, 5, 5 and 7) (**o**,**p**) after i.c.m injection. **q**, Kinetic analysis of IgG–RPE tracer in systemic blood (saphenous vein) at 30, 60, 90, 120 and 180 min after i.c.m. injection (n = 21, 19, 12 and 15), visualized in three different ways. Data shown are representative of at least two independent experiments using littermate mice. Data points shown in graphs represent individual mice. Maximum one LN per side per mouse was used in quantification. IgG-RPE LN values represent an average of both sides. LN and blood tracer signal values were normalized to the average of WT-Ctrl group of every experimental set at 3 h (IgG–RPE) and 30 min (Rho-dextran) time point. *P* values were calculated using two-way ANOVA (**e**,**f**,**j**,**l**,**n**,**p**) and three-way repeated measures mixed-effects model with Tukey's post hoc test for multiple comparison (**q**). Data are presented as mean ± s.e.m. Scale bars, 400 µm (**c**–**d**,**i**,**k**) and 1 mm (**m**,**o**).

Article



blood or cLNs did not differ significantly between 5xFAD and WT mice (Extended Data Fig. 8h–1), neither did the amyloid immunoreactive area percentage in the hippocampus or cortex differ between AAV-Mockand AAV-VC-injected 5xFAD mice (Extended Data Fig. 8m–v). Furthermore, body or cLN weight was not altered by the 5xFAD genotype or AAV-VC treatment (Extended Data Fig. 7q–v). These data demonstrate that the 5xFAD genotype at 4.5 months does not affect CSF macromolecular drainage into the lymphatic or blood vascular system and that the AAV-VC-induced sustained increase of dLV function does not alter overall brain A β load in 5xFAD mice.

Aβ load in aged AD mice is not affected by dLV expansion

To test whether AAV-VC affects already established amyloid plaques, we injected 12-month-old APdE9 mice i.c.m. as above and analyzed the mice at 15 months of age (Extended Data Fig. 9a,b). Again, AAV-VC promoted dural lymphangiogenesis (P < 0.001, two-way ANOVA; Extended Data Fig. 9c–e) and improved CSF drainage into cLNs (P = 0.003; two-way ANOVA; Extended Data Fig. 9b,g–j), but had no effect on hippocampal or cortical amyloid area percentage (Extended Data Fig. 9k–q). Furthermore, AAV-VC expression for 2 or 3 months in 12- or 15-month-old 5xFAD mice did not affect amyloid plaque load in the hippocampus or cortex or podocalyxin⁺ BV coverage (Extended Data Fig. 10a–r). LYVE1⁺ lymphatic vasculature in the dcLNs did not seem to be affected either by VC treatment (Extended Data Fig. 10s,t). These data demonstrate that, although AAV-VC induces sustained and functional dLV expansion, it does not affect brain A β accumulation at an advanced disease stage in APdE9 or 5xFAD mice.

Discussion

Here we show that sustained manipulation of the major lymphangiogenic growth factor signaling pathway leads to a selective atrophy or hyperplasia of dLVs, but does not cause significant changes in overall brain A β plaque load in the two mouse models of AD. Although the AD mice showed typical memory-associated cognitive deficits, dLV atrophy did not change their behavioral scores. AD genotype itself did not affect dLV morphology or function and dural A β deposits were associated with bridging veins, but not LVs. The overall CSF-to-blood drainage was not affected by the AD genotype, but unexpectedly, was improved in mice treated with the VEGF-C/VEGF-D trap.

The functional importance of dLVs has been studied by manipulating them either by physical damage or by genetic modifications^{20-22,29}. In addition to the method itself, the timing and duration of the treatment also seem to be crucial^{20-22,28,29}. To model dLV impairment, we used trapping of the VEGFR3 ligands VEGF-C and VEGF-D, which leads to sustained regression of dLVs that depend on continuous VEGF-C/VEGF-D-VEGFR3 signaling^{20,22,43}. In the K14-sR3 mouse model, the VEGF-C/VEGF-D trap arrested LV development in embryos and resulted in nearly complete aplasia of dLVs, both in the dorsal and basal skull. In adult mice, a single i.p. administration of AAV encoding the VEGF-C/VEGF-D trap resulted in complete regression of dorsal and significant atrophy of basal dLVs. To model dLV improvement, we used intracranial AAV-VC treatment of adult AD and WT mice that induced robust lymphangiogenesis in the same areas that also responded to AAV-sR3 treatment. Unlike in a previous study³¹, in our study, VEGF-C delivery induced dural lymphangiogenesis both in the dorsal and basal aspects of the skull and improved CSF drainage in both young and aged mice. The most robust dLV plasticity was seen at sites in which bridging veins connect to dural sinuses and where tracers have been shown to accumulate after i.c.v. and i.c.m. injections^{18,22,28,29,44}, possibly because these areas coincide with the CSF drainage pathways.

The physiological functions of dLVs, their connections to upstream and downstream pathways, and the effects of their manipulation are still not fully understood. Our results here, backed up by previous publications, show that macromolecular CSF drainage to cLNs indeed provides an indicator of dLV functionality that can be significantly modified by both VEGF-C blockage and VEGF-C gene delivery^{20,22,28,43}. However, the ISF/CSF outflow is regulated by multiple other pathways. various physiological parameters, and shows both site-specific and individual variation. We have previously reported that a macromolecular tracer injected into brain ISF is drained via dLVs preferentially into ipsilateral cLNs, while injection into the CSF space leads to outflow into cLNs on both sides of the neck²⁰. Individual differences in cLN connections and drainage features downstream of dLVs have been also reported¹⁸, which could partly explain the individual variation in macromolecular CSF outflow to the cLNs and to blood even though the dLV atrophy and expansion were relatively consistent in our experiments.

Notably, both growth and regression of dLVs resulted in improved macromolecular CSF-to-blood drainage in APdE9 mice and their WT littermates. Based on previous publications and our results here, the improved drainage in AAV-VC-treated mice likely depends on the robust dural lymphangiogenesis that induced increased transfer of the macromolecular tracer, in a sequential manner, first into cLNs and later into blood circulation^{31,45}. Consistently with this, the dLV atrophy in the AAV-sR3-treated mice impaired tracer drainage into the cLNs, but notably, increased CSF-to-BV drainage. Because the skull is a rigid structure, the impaired fluid drainage due to dLV atrophy is expected to lead to increased ICP or activate other pathways that can increase CSF efflux. K14-sR3 mice, which have dLV atrophy, show no change in ICP²⁰, a finding that we extend here to AAV-sR3-treated mice. These results indicate that CSF fluid outflow dynamics can indeed compensate for the loss of LVs to maintain pressure homeostasis inside the skull. In our search for possible compensatory mechanisms, we showed that mice expressing the VEGF-C/VEGF-D trap did not have (1) brain ventricle enlargement: (2) changes in hippocampal aquaporin-4-positive astrocytic end feet that form a part of the BBB perivascular pathway; or (3) changes in hippocampal BV coverage. A more comprehensive mechanistic exploration of the various ISF/CSF outflow pathways is required for assessment of their relative contributions to CSF outflow and responses to dLV modulation.

The overall brain A β accumulation was not significantly affected by lymphangiogenic growth factor manipulation of the dLVs. This suggests that even though dural LVs are capable of draining macromolecules, they are not actively involved in A β transport from the brain in the AD mouse models that we used. Moreover, the amyloid deposits in the dura mater were mostly confined to the bridging veins that connect brain to large dural sinuses and were not affected by dLV manipulation,

Fig. 7 | **AAV-VC induced dLV expansion does not affect Aβ deposits in brain or dura mater in APdE9 mice.** Comparison of littermate AAV-Mock and AAV-VC-treated i.c.m. (male) and i.c.v. (female) injected WT and APdE9 mice at 9 months of age. **a**-**j**, Combined analysis of D54D2 staining (red), including Aβ %, Aβ particle count and Aβ particle average size quantification of i.c.v.- and i.c.m.-injected mice in (**a**-**e**) HC (n = 12, 14, 13 and 13) and (**f**-**j**) cortex (n = 13, 14, 13 and 13). **k**-**m**, Representative images of podocalyxin (cyan) and D54D2 (white) staining in dorsal skull areas. Yellow arrowheads point to areas where D54D2⁺ Aβ deposits colocalize with podocalyxin⁺ veins connecting to large dural sinuses. Pineal gland was excised in (**k**,**m**) to visualize all blood vessels. **n**, Quantification of D54D2 area % of dorsal dura mater visualized in **k** (n = 12 and 11 combined from n = 6 and 5 for i.c.v. and n = 6 and 6 for i.c.m.). $\mathbf{o} - \mathbf{q}$, Comparison of podocalyxin (cyan) staining in dorsal dura mater (n = 3, 3, 3 and 3) (\mathbf{o} , \mathbf{p}) and in HC (n = 12 and 13) (\mathbf{q}). Data shown are representative of at least two independent experiments using littermate mice. Data points shown in graphs represent individual mice. Brain A β and podocalyxin values represent an average of five brain sections (210 mm apart) per mouse. Brain A β and podocalyxin as well as dura mater A β values are normalized to the average of APdE9-Ctrl group in every experimental set. *P* values were calculated using unpaired two-tailed *t*-test (\mathbf{a} , \mathbf{f} , \mathbf{n} , \mathbf{q}) and twoway ANOVA with Tukey's post hoc test for multiple comparisons (\mathbf{a} - \mathbf{c} , \mathbf{f} - \mathbf{h} , \mathbf{p}). Data are presented as mean ± s.e.m. Scale bars, 400 µm (\mathbf{n}), 500 µm (\mathbf{d} , \mathbf{e} , \mathbf{i} , \mathbf{j} , 1 mm (\mathbf{l} , \mathbf{m}) and 2 mm (\mathbf{k}).



suggesting that these blood vessels and/or their perivascular space, but not dLVs, are primarily involved in the transport of brain-derived AB into the dura mater. Furthermore, the AD genotype did not significantly alter the dLV coverage or macromolecular CSF tracer drainage to cLNs, even when advanced brain and dura mater amyloidosis was apparent. Our results do not mean that ISF/CSF efflux as such would not affect the amyloid deposition in AD, but they call for a critical assessment of direct dLV involvement in A
 drainage. The lack of dLV manipulation effect on brain Aβ accumulation may be partly explained by the high $A\beta 42/A\beta 40$ ratio in the two AD models we used. In patients with AD, the shorter and less-aggregation-prone AB40 peptide is the dominant product, whereas in the APdE9 mice, the AB42/AB40 ratio is above $1(-1.3)^{37}$ and in the 5xFAD mice, above 5 (up to 25 in young mice⁴¹). A high proportion of the aggregation-prone AB42 leads to rapid deposition of AB into the brain parenchyma and formation of compact AB plaques that resist clearance. So far, only a few studies have reported Aβ in cLNs in AD mouse models²⁶ or in humans²⁷. Future studies with animal models that better mimic the human AB42/AB40 ratio should be used to address the LV function in the CNS-produced AB clearance.

In agreement with our findings, a recent report found no significant differences in dLV morphology, area coverage or CSF-to-dcLNs accumulation between young AD mice (2-4-month-old 5xFAD or APP-J20 mice) and their WT controls³¹. Furthermore, recent reports have shown AB staining in the dorsal dura mater after verteporfinmediated photodynamic destruction of dorsal dLVs, but not within dLVs or cLNs^{31,32}. The latter paper also reported decreased dLV coverage in some dorsal skull areas of older AD mice (13-14-month-old 5xFAD mice) versus their age-matched WT controls³². Even though we and others have previously reported that aging itself is associated with disjointed, sparse and hyperplastic dLVs that show fewer valves than in young mice^{22,28,31}, we did not detect significant AD-associated alterations in dLV morphology or CSF drainage into cLNs at the analyzed ages. Furthermore, in contrast to the previous report showing A_β deposition in the dura mater of 5xFAD (3-4 months) and APP-J20 (7-8 months) mice mainly after verteporfin-mediated photodynamic destruction of dorsal dLVs³¹, we found such A β deposits in unmanipulated 5xFAD and APdE9 mice of similar age. These differences could reflect variability in pathogenesis between AD mice or differences in the analysis methods.

Our findings differ from those in the recent reports where verteporfin-mediated photodynamic destruction of dorsal dLVs aggravated AB accumulation in the brains of 5xFAD and APP-I20 mice^{31,32}. As the AD models we used are either the same, or very similar to those used in these two reports, the major differences between the findings in the brain amyloid pathology relate most likely to the different methods to target the dLVs. Cranial photodynamic ablation employs intracranial injection of photoconvertible verteporfin followed by laser treatment at five spots through the intact dorsal skull with the aim to acutely destroy dorsal cranial dLVs; this is repeated 2-4 times in prolonged experiments^{29,31,32}. When injected i.c.m., verteporfin distributes to CSF, ending up also in dLVs on its way to the cLNs. When illuminated with laser light, verteporfin generates reactive oxygen species that result in rapid local damage to and necrosis of the cells in close vicinity of the laser-activated verteporfin⁴⁶⁻⁵¹. The ablation results in partial destruction of dorsal dLVs and decreased macromolecular CSF-to-dcLN clearance^{29,31,32}. However, verteporfin-mediated destruction of the lymphatic endothelium has been shown to induce off-target/bystander effects, including the death of smooth muscle cells and upregulation of inflammatory markers^{29,46}. The possible inaccuracy of laser targeting through the skull and the bystander and inflammatory effects of verteporfin may also contribute to intracranial Aß accumulation, especially as inflammation is known to contribute to AD pathogenesis². Unlike verteporfin, a single injection of AAV encoding the VEGF-C/VEGF-D trap leads to apoptosis of lymphatic endothelial cells due to growth factor deprivation and sustained regression of dLVs both in the dorsal and basal skull^{22,28}. As discussed above, the more gradual regression of dLVs may allow activation of mechanisms that compensate the decreased fluid outflow. However, the verteporfin-mediated photoablation of dorsal dLVs did not lead to increased ICP, at least when measured 3 d after ablation²⁹, suggesting that compensation mechanisms are also active there. Definition of such mechanisms requires improved knowledge on CSF outflow pathways and how these are altered during perturbations of CSF homeostasis such as the abrupt verteporfin ablation and the more gradual growth factor deprivation-induced regression.

Even though we could not affect AD-related amyloid pathology by manipulation of the VEGF-C pathway, it is possible that this in different disease models or when combining VEGF-C with other compounds affecting LVs, such as Piezo1 agonists⁵², or known disease-modifying treatments, could result in translationally significant outcomes. Indeed, VEGF-C treatment has been suggested to improve cognition in older mice³¹, to have synergistic effect with PD-1 treatment to eradicate glioblastoma⁴⁵, to rescue dLV defects in a craniosynostosis mouse model⁵³, to alleviate effects of CNS viral infection⁵⁴ or traumatic brain injury-induced gliosis⁵⁵, as well as to aid the recovery from stroke⁵⁶ and intracerebral hemorrhage57. Conversely, the effect of the VEGF-C/VEGF-D trap is currently being evaluated in a phase 3 clinical trial on wet-type age-associated macular degeneration and in a phase 2 clinical trial on diabetic macular edema (Clinical Trials.gov identifier NCT02543229). However, it is important to acknowledge that some of the effects aiming for specific dural LV manipulation might be related to manipulation of extracranial LVs or non-lymphatic endothelial cells. For example, VEGF-C can also activate brain neural stem/progenitor cells⁵⁸, expand and improve the function of nasopharyngeal lymphatic plexus⁵⁹ and increase collecting LV pumping by stimulation of the contractility of smooth muscle cells around the LVs⁶⁰.

Our results suggest that although dLVs function in the macromolecular CSF-to-cLNs drainage, they do not actively drain A β deposits from the brain in the two mouse models with high levels of aggregationprone A β 42. Thus, the overall brain A β accumulation could not be significantly affected by lymphangiogenic growth factor manipulation of the dLVs. Furthermore, our findings emphasize the fact that the overall CSF drainage is regulated by multiple pathways that can compensate each other and sustain sufficient overall CSF efflux during dLV atrophy. These findings highlight the need for further comparison of different methods to manipulate the dLVs and for better mechanistic understanding of CSF circulation and outflow in physiological and pathological conditions.

Methods

Animal study approval

The study was approved by the Animal Experiment Board of Finland.

Mice

We used the following transgenic mouse lines: K14-VEGFR3₁₋₃-Ig (C57BL/6JOlaHsd background³⁶), APdE9 (B6.Cg-Tg(APPswe,PSEN1dE9)85Dbo/Mmjax, from Jackson Laboratories, MMRRC stock no. 34832-JAX³⁷), 5xFAD (B6.Cg-Tg(APPSwFlLon,PSENI*M 146L*L286V)6799Vas/Mmjax, from Jackson Laboratories, MMRRC stock no. 34848-JAX⁴¹), Rosa26^{LSL-TdTomato} (C57BL/6JRj background⁶¹, from Jackson Laboratory, stock no. 021875), BmxCreER^{T2} (C57BL/6JRj background⁶²) and littermate control mice and WT mice on a C57BL/6J (000664) or C57BL/6JOlaHsd background. Supplementary Table 2 lists the genotyping oligonucleotide sequences. Because of the nature of disease progression in different AD models, AAV treatment, behavioral analysis and experimental ending were assessed within a \pm 6-d age range in the APdE9 model and within a \pm 2.5-d age range in the 5xFAD model. Cre-recombinase was activated by two consecutive daily doses of tamoxifen (2 mg, 579002, Sigma-Aldrich) in corn oil.

For behavioral experiments, the mice were transferred into individually ventilated cages (Mouse IVC Green Line; air change 75 times per h with maximal airspeed 0.05 m s^{-1} ; half of the cage covered by a

wire bar food hopper; Tecniplast). Cage enrichment was provided by bedding (aspen chips, 4HP), nesting material (aspen strips, PM90L) and an aspen brick, all from Tapvei. Food pellets (Global Diet 2916C, Envigo) and water were available ad libitum. Room temperature was 22 ± 2 °C and relative humidity was $50 \pm 15\%$. The lights were on from 6:00 to 18:00, when the experiments were carried out.

AAV transduction

The AAVs of serotype 9 were produced by the AAV gene transfer and cell therapy core facility^{63,64}.

For i.p. AAV transduction, adult C57BL/6J mice (8–10 weeks old) received a single i.p. dose (1×10^{12} vp in 200 µl) AAV encoding the ligand-binding domains 1–4 of VEGFR3, fused to the IgG Fc domain (AAV-mVEGFR3₁₋₄-Ig)⁶⁵. Control mice received the same dose of AAV encoding the domains 4–7 of VEGFR3 fused to the IgG Fc domain (AAV-mVEGFR3₄₋₇-Ig)⁶⁶.

For intracranial AAV transduction, a single dose $(1 \times 10^{10}, 5 \times 10^{10} \text{ or } 10 \times 10^{10} \text{ viral particles (vp) per mouse in 4 } \mu \text{l}) of AAVs encoding VEGF-C^{67}$ or without payload was injected i.c.v. or i.c.m. according to previously published methods^{20,22}. The i.c.v. was performed unilaterally (coordinates, A/P – 0.34; M/L 1.0; D/V – 2.5 mm below dural surface) with the aid of the mouse brain atlas of Paxinos and Franklin⁶⁸. After proper exposure of the injection site, the needle was slowly lowered into the correct position (lateral ventricle or i.c.m.) and kept in place for 2 min before 4 µl per mouse was injected using a 33-G, 10-µl, microsyringe (NanoFil; World Precision Instruments) coupled to a stereotactic microinjector (Stoelting) at 0.5 µl min⁻¹. The needle was kept in place for an additional 4 min to avoid a leakage, then slowly retracted and skin was closed with metallic clips. After subcutaneous carprofen (5.0 mg kg⁻¹) injection, mice were transferred to a warm chamber until they were fully awake.

CSF drainage analysis

Mice were injected intracranially with IgG–RPE (1 μ g μ l⁻¹ in 4 μ l, Thermo Fisher, PA1-86078) or Rho-dextran (6 μ g μ l⁻¹ in 4 μ l, 70 kDa) and placed into a warm chamber on the same side.

For CSF-to-blood analysis, blood was collected from the saphenous vein at the indicated time points. At the experimental end-point (180 min), blood was collected from the heart and mice were perfused with phosphate-buffered saline (PBS) as indicated below. For IgG–RPE fluorescence detection, 5μ l serum was diluted with 95μ l PBS and detected at 560/580 nm (ex/em) (EnSight Multimode Plate Reader, PerkinElmer). The final values represent an average of two runs after subtraction of background signal from PBS. Mice with signs of unsuccessful injection (tracer visible in cerebellum after i.c.m. injection) and unsuccessfully collected blood samples (values below detection level) were omitted from analysis.

For CSF-to-LN analysis, the mice were PBS perfused and the LNs were collected at 30 min (Rho-dextran) or 180 min (IgG-RPE) after injection, immersed in ice-cold 4% PFA, fixed overnight at +4 °C, washed in PBS and imaged without delay. Before imaging, the LNs were carefully dissected from the fat and placed on same side under the light microscope. Fluorescent stereo micrographs of tracer within LNs were obtained by using the AxioZoom V16 fluorescence stereo zoom microscope (Carl Zeiss) with an OptiMOS sCMOS camera (QImaging) and ZEN 2012 software (Carl Zeiss) for image acquisition. Imaging was conducted using the same exposure and magnification settings for the same set of LNs. The LNs with brightest fluorescence signal were always chosen for analysis so that maximum one LN per side (left and right) per mouse were included and final values represent an average of both sides. In ImageJ software (National Institutes of Health), the chosen LNs were outlined manually and mean tracer signal intensity within the LN area was quantified for every chosen LN. If multiple different experimental sets were included in analysis, they were pooled together by normalizing to the average of a suitable control group in each experimental set.

Magnetic resonance imaging

Anatomical MRI images were acquired in a 7T/16-cm horizontal Bruker Pharmascan system with a standard Bruker quadrature resonator volume coil and a mouse brain quadrature surface coil. A three-dimensional (3D) multi gradient echo sequence was used with the following parameters: TR = 68 ms, TE = 2.73 ms, echo spacing 2.9 ms, echoes 13, flip angle 16° and matrix size 125 μ m³. The anatomical images were intensity bias-corrected using N4BiasCorrection from Advanced Normalization Tools (http://stnava.github.io/ANTs/)⁶⁹. Ventricle masks were created by intensity thresholding and the number of voxels and the volumes in mm³ were computed in each animal.

ICP measurements

Animals were anesthetized using ketamine (100 mg ml⁻¹) and xylazine (10 mg ml⁻¹), their heads fixed on a stereotaxic frame and a 30-G dental needle connected to a PE10 tube filled with saline was used to puncture the cisterna magna. The tube was connected to a pressure transducer (BP-102, iWORX) coupled with an iWORX data acquisition system (iWORX IX-RA-834) and Labscribe 4 software. ICP was measured for 5 min and average value was reported.

Tissue collection

After a lethal dose of ketamine and xylazine, the mice were perfused through the left ventricle with ice-cold PBS for 3-4 min at 8 ml min⁻¹ after puncture of the right auricle. Head dissection and brain and skull fixation were conducted as previously published²². For general IHC, the brain and LNs were cryoprotected with 30% sucrose in PBS at least overnight, frozen with liquid nitrogen and/or dry ice and stored at -80 °C before cutting. For IHC analysis of BVs, the brain hemispheres were frozen by immersion into a container filled with 2% isopentane in 2-methylbutane placed in dry ice. For protein/RNA analysis, the dissected tissues were cut into suitable blocks, snap frozen in liquid nitrogen and stored at -80 °C before analysis.

Whole-mount immunostaining

Whole-mount immunostaining of the dura mater was carried out as previously described²². For confocal microscopy, the skullcaps were decalcified after whole-mount staining with EDTA for 1-2 d, mounted in Vectashield fluorescent medium (Dako) or Prolong Gold antifade reagent (Invitrogen) between a glass slide and a cover glass, then sealed with Cytoseal 60. To gain best visualization of BVs. LVs and AB deposits. dorsal dura mater samples were first whole-mount stained with primary antibodies against goat/rat podocalyxin (BVs) and rabbit anti-Aß 1-37/42 (AB deposits, clone D54D2) and detected with Alexa Fluor 488 and 647 secondary antibodies, respectively. Next, the samples were stained with rabbit anti-mouse LYVE1 (LVs) and detected with Alexa 594 secondary antibody. Because Aß deposits were occasionally visible in the LYVE1 channel, separate staining with D54D2 and LYVE1 and co-staining with D54D2 and PROX1 was used to confirm that D54D2 was not, in general, associated with LYVE1⁺/PROX1⁺ dural LVs. The bridging veins connecting brain and dura were torn when dorsal skullcap was detached from the brain for whole-mount staining.

For immunofluorescent (IF) whole-mount staining LNs, a modified version of the SUMIC protocol was applied. After perfusion, freshly dissected LNs were rinsed with PBS and fixed for 3 h in ice-cold 4% PFA and 0.05% glutaraldehyde. After washing with PBS, tissues were dehydrated in an ice-cold methanol gradient of 50%, 80%, 100% and 100% for 40 min each. Next, LNs were bleached by immersion in 5% (ν/ν) H₂O₂ in methanol for 3 h and rehydrated in a reverse methanol gradient. After washing with PBS, antigen retrieval and permeabilization were performed by incubating LNs at 4 °C for 12 h in ice-cold buffer containing 25% urea, 15% glycerol and 7% Triton X-100 (TX) diluted with ddH₂O. Next, LNs were digested in freshly prepared 0.2% Collagenase A in PBS for 30 min at 37 °C on a shaker. After washing with 2% FBS in PBS, the LNs were transferred into tubes and blocked for 20 min at 37 °C in

a freshly prepared mix of 10% donkey serum, 10% dimethylsulfoxide (DMSO) and 0.5% TX in PBS. Next LNs were incubated overnight (o/n)in primary antibody solution in 2% v/v donkey serum, 10% DMSO and 0.5% TX in PBS at 37 °C in a rotating chamber. After 3 h washing with 2% v/v donkey serum and 0.5% TX in PBS at 37 °C, LNs were incubated with Alexa Fluor-coupled secondary antibodies in 2% v/v donkey serum, 10% DMSO and 0.5% TX in PBS for 8 h at 37 °C. After 3 h washing with 2% v/v donkey serum and 0.5% TX in PBS at 37 °C, LNs were dehydrated in an 30%, 50%, 80% and 100 % gradient of isopropanol for 30 min each, rinsed twice with ethyl cinnamate (Sigma-Aldrich, cat. no. 112372) for 5 min each and cleared with 80% ethyl cinnamate and 20% PEGM (Sigma, cat. no. 447943) under gentle rotation at room temperature for 30 min. After clearing, samples were placed inside Vectashieldfilled silicon wells attached to a glass slide, sealed with Cytoseal 60 and imaged as soon as possible. Please refer to Supplementary Table 1 for antibodies used.

Immunostaining of cryosections

For IF staining of cryosections, $10 \cdot \mu m$ (LNs), $20 \cdot \mu m$ (sagittal brain), $35 \cdot \mu m$ (coronal brain) or $50 \cdot \mu m$ (coronal brain) thick sections were cut using a Cryostar NX70 (Thermo Scientific). Brain hemispheres frozen in 2% isopentane in 2-methylbutane and all LNs were cut directly onto a glass slide and stored at -20 °C before staining. The cryoprotected brain sections were stored as free-floating sections in a 24-well plate filled with antifreeze solution, stored at -20 °C and, before staining, lifted onto slides and washed with PBS at least four times.

For IF-based LN and brain staining, cryosections were air-dried, fixed with 1–4% PFA for 5 min (only brain hemispheres frozen with isopentane), washed in PBS and permeabilized with 0.3% PBS–TX. Brain sections for IF for anti-A β WO2 staining underwent antigen retrieval before permeabilization by incubation in 10 mM citrate buffer for 20–30 min at 85 °C followed by washes with PBS. After blocking with DIM, the samples were incubated overnight at 4 °C with primary antibodies in DIM. After washing with 0.1% PBS–TX, the sections were incubated with fluorescent dye-conjugated secondary antibodies diluted at 1:500 in DIM for 1 h at room temperature. After washing with 0.1% PBS–TX and PBS, the sections were post-fixed with 1% PFA and mounted in Vectashield hard set fluorescent mounting medium (Dako) or Prolong Gold antifade reagent (Invitrogen) between a glass slide and cover glass.

For DAB-based free-floating staining of thick brain cryosections. sections were cut and stored as above. lifted on slides, air-dried. washed with PBS, incubated in 10 mM citrate buffer for 20-30 min at 85 °C for antigen retrieval, followed by washing with 0.5% TX in Tris-buffered saline (TBS; pH 8.6) and primary antibody incubation in TBS-TX on a shaker in the dark, overnight at room temperature. After washing with TBS (pH 8.6), the sections were incubated with biotin-conjugated secondary antibodies diluted at 1:500 in TBS-TX for 2 h at room temperature, followed by washing with TBS-TX and incubation with Streptavidin diluted 1:1,000 in TBS-TX for 2 h. After washing with TBS-TX, the sections were incubated in metal-intensified DAB (20 ml 0.05 M Tris buffer, pH 7.6, 5 mg DAB, 1 ml saturated Ni ammonium sulfate solution and 15 µl 40% H₂O₂) for 3 min, washed with PBS and mounted with Vectashield hard set (Dako) or Prolong Gold antifade reagent (Invitrogen). Please refer to Supplementary Table 1 for antibodies used.

Microscopic image acquisition, processing and analysis

IHC staining was analyzed by a researcher that was blinded to the genotype and treatment of the mice.

Fluorescent stereo micrographs of stained skull whole-mount samples were obtained by using the AxioZoom V16 fluorescence stereo zoom microscope with the ZEN 2012 software for image acquisition. For dura mater samples, LYVE1⁺/PROX1⁺ or LYVE1⁺/Podoplanin⁺ LVs, Podocalyxin⁺ BVs and D54D2⁺ amyloid areas were highlighted manually and quantified using the thresholding tool of the ImageJ software. Highlighted dural LVs, BVs and amyloid areas were reported as area coverage of the region of interest. If multiple different experimental sets were included in analysis, they were pooled together by normalizing to the average of a suitable control group in each experimental set.

Laser scanning confocal micrographs of the fluorescently labeled LN wholemounts, LN cryosections and skullcap flat mounts were obtained using an LSM 780 confocal microscope (Carl Zeiss) with multichannel scanning in frame (air objectives ×10 Plan-Apochromat with NA 0.45 and ×20 Plan-Apochromat with NA 0.80). Zen 2011 software (Carl Zeiss) was used for image acquisition. The resulting micrographs were rendered to maximum intensity projections.

Micrographs of DAB-based anti-AB W02-stained brain sections were imaged with a NanoZoomer XR slide scanner (Hamamatsu Photonics) at ×40 (corresponding to 0.23 µm per pixel), viewed with NDP.view 2 software (Hamamatsu Photonics) and exported in .TIF format into ImageJ software for quantitative analysis. For anti-AB W02 staining, a series of adjacent coronal sections of one hemibrain (35-µm sections, five sections per mouse, 210 µm apart from each other) were stained. Two regions of interest were hand-drawn, the hippocampus excluding subiculum and the overlying cerebral cortex from the midline (90°) to the widest point of the section (0°). The threshold for the signal detection was first determined by a random sample set so that all identified amyloid plaques were detected with the minimum number of artifacts and noise in the background. Once defined, the same threshold was used in all sections. Highlighted Aß areas were measured and reported as area fraction of the region of interest. A minimum size of 20 pixels was applied for the amyloid plaque analysis.

Fluorescent micrographs of anti-AB D54D2, BV podocalyxin and aquaporin-4 (AQP4)-stained brain sections were obtained by using a Pannoramic 250 Flash III fluorescence slide scanner (3DHISTECH) with ×20 (NA 0.8) air in FIMM Digital Microscopy and Molecular Pathology Unit. Images were viewed with CaseViewer 2.4 software (3DHISTECH) and exported in .TIF format into ImageJ software for quantitative analysis. For D54D2 and podocalyxin staining of AAV-treated animals, a series of adjacent sagittal sections (20-µm sections, six sections per mouse, 400 µm apart from each other) or coronal sections (35-µm sections, six sections per mouse, 210 µm apart from each other) of one hemibrain were double stained for D54D2 and podocalyxin. For hippocampal astrocytic end feet analysis, a series of adjacent coronal sections (35-µm sections, five sections per mouse, 210 µm apart from each other) were stained for anti-aquaporin-4 (AQP4). For hippocampal BV staining of K14-sR3 versus WT mice, a series of adjacent sagittal sections (50- μ m sections, two sections, 200 μ m apart from each other) were stained for podocalyxin. The regions of interest (hippocampus and cortex) were drawn as presented above. Using ImageJ, podocalyxin⁺ brain BVs, D54D2⁺ amyloid areas and AQP4⁺ astrocytic end feet were highlighted from the region of interest using the thresholding tool. In the D54D2 and podocalyxin analysis of the AAV-treated mice, the threshold was determined as presented above and the same threshold was used within the same experimental set. In AQP4 analysis, the threshold was applied manually for every sample by the same person in one quantification session. For hippocampal BV quantification in the K14-sR3 versus WT mice, an average value of four different ImageJ software automated threshold tools (namely Li, Moments, Otsu and Triangle) was used for final comparison. Highlighted Aβ, podocalyxin and AQP4 areas were measured and reported as the area fraction of the region of interest. The average size and number of amyloid particles were quantified from the region of interest using particle size 10-infinity (inch²) and circularity 0-1, with holes included in the analysis. Podocalyxin immunoreactive tube area, branch number, skeleton length and tube width values in cortex of older AAV-Mockversus AAV-VC-administered 5XFAD animals were quantified by using AutoTube software⁷⁰.

Article

Brain Aβ ELISA

Deep-frozen blocks of hippocampus and parieto-occipital cortex of one hemisphere from APdE9;K14-sR3, AAV-sR3 injected APdE9 and their control APdE9 mice were weighed and homogenized in 10× volume of PBS, containing complete inhibitory mixture (Roche Diagnostics). Samples were centrifuged at 181,000g for 2 h at 4 °C. The remaining pellet was resuspended in 8× the original volume of 5 M guanidine-HCl/50 mM Tris-HCl, pH 8.0 and mixed on a shaker for 3 h at room temperature. Samples were then diluted 1:25 with reaction buffer (Dulbecco's PBS with 5% bovine serum albumin and 0.03% Tween-20, supplemented with a protease inhibitor cocktail) and centrifuged at 15,700g for 20 min at 4 °C. Decanted supernatant was further diluted 1:500 with dilution buffer and used for analysis of insoluble AB40 and AB42 species, estimated using ELISA kits (Biosource International) according to the manufacturer's instructions. AB40 and AB42 levels were standardized to brain tissue weight and expressed as picograms of A β per gram ± s.e.m.

Western blotting

VEGFR3₁₋₄-Ig and VEGFR3₄₋₇-Ig proteins in serum were detected by western blotting using antibodies against the extracellular domain of VEGFR3 (1:1,000 dilution; R&D, AF743). Mice without expression (demonstrated in Fig. 1b) were omitted from analysis.

Quantitative real-time PCR

Cortex samples of PBS-perfused mice were snap frozen in liquid nitrogen. Total RNA was extracted using TRIsure (Bioline) with phenolchloroform followed by column isolation using a Nucleospin RNA kit (Macherey Nagel). Complementary DNA was synthesized from 500 ng total RNA using the High-Capacity Reverse Transcription kit (Applied Biosystems). Quantitative real-time PCR was performed using the following primer pairs; *Vegfc* F: 5'-GAGGTCAAGGCTTTTGAAGGC-3', *Vegfc* R: 5'-CTGTCCTGGTATTGAGGGTGG-3'; *RplpO* F: 5'-GGACCCGA-GAAGACCTCCTT-3', *RplpO* R: 5'-GCACATCACTCAGAATTTC-3'. The qPCR reactions were carried out with FastStart SYBR green master mix (Roche) and a Bio-Rad C1000 thermal cycler, according to a standardized protocol, and gene expression fold changes were calculated using the $2^{-\Delta\Delta CT}$ method. Please refer to Supplementary Table 2 for sequences of the oligonucleotides used for qPCR.

Nest construction

After changing the cage to a clean one, the standard nesting material (aspen strips, PM90L, Tapvei) was replaced by two pieces (5-cm square, -2.5 g) of compressed cotton fiber (Nestlets, Ancare) was added to the cage. The next morning (NestScore1, -17 h later), the nests were assessed by visual inspection on a rating scale of 1–5 according to a previously published protocol (1, Nestlet >90% intact, no visible piling of bedding material, no shredded cotton; 2, Nestlet >50% intact, slight piling of bedding and/or small crater; 3, Nestlet mostly shredded (<50% intact) but not in identifiable nest site, the cotton is not gathered into a nest but is spread around the cage; 4, identifiable but flat nest, more than 90% of Nestlet is shredded; 5, crater-shaped nest)⁷¹. Assessment was repeated 24 h later (NestScore2) then the nest was removed and standard aspen strips were returned to the cage. Unused Nestlet was weighed.

Light-dark exploration

The test was carried out in the square open field arena $(30 \times 30 \times 20 \text{ cm})$, Med Associates) equipped with infrared light sensors detecting horizontal and vertical activity. The dark insert (non-transparent for visible light) was used to divide the arena into two halves. An opening (a door with a width of 5.5 cm and height of 7 cm) in the wall of the insert allowed free movement of mice from one compartment to another. Illumination in the center of the light compartment was -550 lx. The animal was placed in the dark compartment and allowed to explore the arena for

10 min. Latency to enter the light side, distance traveled, number of rearings and time spent in different compartments were recorded by the program (Activity Monitor, v.5.8, Med Associates). The number of fecal boli was counted at the end of the trial.

Open field

Four 50 \times 50-cm square arenas (made of white PVC) were placed under a camera for tracking animals by Ethovision XT13 (Noldus). Mice were released in one of the corners and monitored for 20 min. Between trials, the arenas were cleaned with water. The distance traveled and time spent in the center (40 \times 40-cm area) were used for analysis.

Morris water maze

The system consisted of a white circular wading pool (Ø 120 cm) and a transparent escape platform (Ø 10 cm) submerged 0.5 cm under the water surface in the center of one of four imaginary quadrants. The animals were released to swim in random positions facing the wall and the time to reach the escape platform (maximum time 60 s) and the swimming distance were measured in every trial with Ethovision XT13 video-tracking (Noldus). In addition, thigmotaxis, the time spent swimming within the outermost ring of the pool (10 cm from the wall) was measured. Two training blocks consisting of three trials each were conducted daily. The interval between trials was approximately 5 min and the time between training blocks was about 5 h. The hidden platform remained in a constant location for 3 d (six initial training sessions; counterbalanced between individuals) and was thereafter moved to the opposite quadrant for the next day (two reverse training sessions). The probe trial was conducted approximately 18 h after the last initial training session (in the morning of the fourth day). In the probe trial, the mice were allowed to swim in the maze for 60 s without the platform being available. Spatial memory in the probe trial was estimated by preference to the trained region (imaginary circular area of Ø 30 cm, around the previous platform location) over swimming in the corresponding regions in the three other quadrants.

Barnes maze

The Barnes maze circular holeboard (Ugo Basile) was 100 cm in diameter with 20 holes (5 cm in diameter). An escape box was placed under one of the holes and the box was filled halfway with bedding material plus two food pellets and the bedding was mixed after each mouse. The circular board was divided into 20 equal sectors and an inner area 15 cm from the edge of the maze (diameter 70 cm) while the outer area of each sector was used as a goal zone in the analysis carried out by Ethovision XT13 video-tracking.

Adaptation. Before the experiment started, the animals were familiarized with the goal box and trained to enter the goal box voluntarily (surrounding the hole with a large cylinder to confine the mouse close to the goal, allow some time to explore and placed there manually if the mouse did not enter the box in 3 min).

Days 1–3: training. Three trials per day (until escape into the goal box or max duration 180 s) with inter-trial interval for at least 1 h. Before the trial started, the mouse was placed in the non-transparent cylinder in the center of the arena. After 15–20 s, the cylinder was removed and the animal was free to explore the arena. If the animal entered the goal box, it was kept there for 10–15 s and then the box was removed with the mouse. If the mouse did not find or enter the box in 180 s, it was placed close to goal box so that it could still escape into the box after release. If the mouse still did not enter the box, it was placed there by hand.

Days 4–5. On day 4, a probe trial (90 s) was carried out without the escape box. Thereafter, learning a new place (opposite to the original) was carried out in three trials during day 4 and two trials on day 5, followed by a second probe trial on day 5.

Contextual fear conditioning

The experiments were carried out in a computer-controlled fear conditioning system (TSE). Training was performed in a transparent acrylic arena $(23 \times 23 \times 35 \text{ cm})$ within a constantly illuminated (-100 lx) conditioning chamber with a loudspeaker providing a constant, white background noise (68 dB). The mice were allowed to explore the arena for 3 min. Thereafter, a foot shock (0.6 mA, 2 s, constant current) was administered twice with a 30-s interval. The trial ended 30 s after the second foot shock. Contextual memory was tested 24 h after the training. The mice were returned to the conditioning arena and the total time of freezing (defined as an absence of any movements for more than 3 s) was measured by infrared light beams (scanned continuously with a frequency of 10 Hz) for 3 min.

Grid hanging

This test was used to determine static muscle force. The mouse was placed on a 20×25 cm wire grid (grid unit 1×1 cm) that was carefully placed upside down as the lid of a $24 \times 35.5 \times 24$ cm transparent plastic cage. The time of fall off until a cutoff time of 300 s was measured with a stopwatch. The test was repeated three times with a 10-min interval between the trials and the best result was recorded.

Elevated plus maze

The elevated plus maze test is a widely used measure of anxiety. The maze consisted of four arms $(30 \times 5 \text{ cm})$ radiating from a central platform $(5 \times 5 \text{ cm})$ 40 cm above the floor. Two of the arms had no walls on any side (open) and two had a 14-cm high wall on all sides except at the center of the platform (closed). The maze was made of black plastic, but the arms were covered with a white plastic mat to provide a contrast with the mouse for the video image. The mouse was placed on the central platform and video-recorded for 5 min. The number of transitions between the arms and the time spent in the open and closed arms were calculated and the percentage of the total time spent in the open arm visits, it was excluded from the analysis.

Statistical analysis

All experiments were repeated at least twice, unless otherwise stated. Data are presented as mean \pm s.e.m. An unpaired two-tailed Student's *t*-test was used for comparisons between two groups. A one-way ANOVA with Tukey's or Dunnett's multiple comparison post hoc test was used for comparisons between three or more groups with one factor. A two-way ANOVA with Tukey's or Dunnett's multiple comparison post hoc test was used for comparison of multiple factors. A two-way ANOVA for repeated measures, three-way ANOVA for repeated measures or three-way repeated measures mixed-effects model with Tukey's or Dunnett's or Sidak's multiple comparison post hoc test were used for comparison of multiple factors. Statistical analyses were performed using GraphPad Prism for MacOSX (v.9.0, GraphPad Software). Differences were considered statistically significant at P < 0.05.

Reporting summary

Further information on research design is available in the Nature Portfolio Reporting Summary linked to this article.

Data availability

All data supporting the findings in this study are included in the main article and Supplementary Information. Source data detailing the values used in quantifications mentioned in the text and figures are available in the online version of this paper. Source data are provided with this paper.

References

 De Strooper, B. & Karran, E. The cellular phase of Alzheimer's disease. Cell 164, 603–615 (2016).

- 2. Heneka, M. T. et al. Neuroinflammation in Alzheimer's disease. Lancet Neurol. **14**, 388–405 (2015).
- Jack, C. R. Jr. et al. Tracking pathophysiological processes in Alzheimer's disease: an updated hypothetical model of dynamic biomarkers. *Lancet Neurol.* 12, 207–216 (2013).
- 4. Hardy, J. & Selkoe, D. J. The amyloid hypothesis of Alzheimer's disease: progress and problems on the road to therapeutics. *Science* **297**, 353–356 (2002).
- 5. Zlokovic, B. V. Neurovascular pathways to neurodegeneration in Alzheimer's disease and other disorders. *Nat. Rev. Neurosci.* **12**, 723–738 (2011).
- Kisler, K., Nelson, A. R., Montagne, A. & Zlokovic, B. V. Cerebral blood flow regulation and neurovascular dysfunction in Alzheimer disease. *Nat. Rev. Neurosci.* 18, 419–434 (2017).
- Karran, E., Mercken, M. & De Strooper, B. The amyloid cascade hypothesis for Alzheimer's disease: an appraisal for the development of therapeutics. *Nat. Rev. Drug Discov.* 10, 698–712 (2011).
- Bateman, R. J. et al. Human amyloid-β synthesis and clearance rates as measured in cerebrospinal fluid in vivo. *Nat. Med.* 12, 856–861 (2006).
- 9. Mawuenyega, K. G. et al. Decreased clearance of CNS β-amyloid in Alzheimer's disease. *Science* **330**, 1774 (2010).
- Tarasoff-Conway, J. M. et al. Clearance systems in the brainimplications for Alzheimer disease. *Nat. Rev. Neurol.* 11, 457–470 (2015).
- Zlokovic, B. V. Cerebrovascular permeability to peptides: manipulations of transport systems at the blood-brain barrier. *Pharm. Res.* 12, 1395–1406 (1995).
- 12. Iliff, J. J. et al. A paravascular pathway facilitates CSF flow through the brain parenchyma and the clearance of interstitial solutes, including amyloid β . *Sci. Transl. Med.* **4**, 147ra111 (2012).
- Carare, R. O. et al. Solutes, but not cells, drain from the brain parenchyma along basement membranes of capillaries and arteries: significance for cerebral amyloid angiopathy and neuroimmunology. *Neuropathol. Appl. Neurobiol.* 34, 131–144 (2008).
- 14. Key, A. & Retzius, G. Studien in der Anatomie des Nervensystems und des Bindegewebes (Samson & Wallin, 1876).
- Schwalbe, G. Die Arachnoidalraum ein Lymphraum und sein Zusammenhang mit den Perichorioidalraum. [The arachnoidal space as a lymphatic space with connection to the perichoroidal compartment]. *Zbl. Med. Wiss.* 7, 465–467 (1869).
- Weed, L. H. Studies on cerebro-spinal fluid. no. III: the pathways of escape from the subarachnoid spaces with particular reference to the arachnoid villi. J. Med. Res. **31**, 51–91 (1914).
- 17. Jacob, L. et al. Anatomy and function of the vertebral column lymphatic network in mice. *Nat. Commun.* **10**, 4594 (2019).
- Ma, Q., Ineichen, B. V., Detmar, M. & Proulx, S. T. Outflow of cerebrospinal fluid is predominantly through lymphatic vessels and is reduced in aged mice. *Nat. Commun.* 8, 1434 (2017).
- Kida, S., Weller, R. O., Zhang, E. T., Phillips, M. J. & lannotti, F. Anatomical pathways for lymphatic drainage of the brain and their pathological significance. *Neuropathol. Appl. Neurobiol.* 21, 181–184 (1995).
- Aspelund, A. et al. A dural lymphatic vascular system that drains brain interstitial fluid and macromolecules. *J. Exp. Med.* 212, 991–999 (2015).
- 21. Louveau, A. et al. Structural and functional features of central nervous system lymphatic vessels. *Nature* **523**, 337–341 (2015).
- 22. Antila, S. et al. Development and plasticity of meningeal lymphatic vessels. *J. Exp. Med.* **214**, 3645–3667 (2017).
- 23. Helakari, H. et al. Human NREM sleep promotes brain-wide vasomotor and respiratory pulsations. J. Neurosci. **42**, 2503–2515 (2022).
- 24. Proulx, S. T. Cerebrospinal fluid outflow: a review of the historical and contemporary evidence for arachnoid villi, perineural routes, and dural lymphatics. *Cell. Mol. Life Sci.* **78**, 2429–2457 (2021).

- de Leon, M. J. et al. Cerebrospinal fluid clearance in Alzheimer disease measured with dynamic PET. J. Nucl. Med. 58, 1471–1476 (2017).
- Pappolla, M. et al. Evidence for lymphatic Aβ clearance in Alzheimer's transgenic mice. Neurobiol. Dis. 71, 215–219 (2014).
- Nauen, D. W. & Troncoso, J. C. Amyloid-β is present in human lymph nodes and greatly enriched in those of the cervical region. *Alzheimers Dement.* 18, 205–210 (2022).
- 28. Ahn, J. H. et al. Meningeal lymphatic vessels at the skull base drain cerebrospinal fluid. *Nature* **572**, 62–66 (2019).
- Louveau, A. et al. CNS lymphatic drainage and neuroinflammation are regulated by meningeal lymphatic vasculature. *Nat. Neurosci.* 21, 1380–1391 (2018).
- 30. Patel, T. K. et al. Dural lymphatics regulate clearance of extracellular tau from the CNS. *Mol. Neurodegener.* **14**, 11 (2019).
- 31. Da Mesquita, S. et al. Functional aspects of meningeal lymphatics in ageing and Alzheimer's disease. *Nature* **560**, 185–191 (2018).
- Da Mesquita, S. et al. Meningeal lymphatics affect microglia responses and anti-Aβ immunotherapy. Nature https://doi.org/ 10.1038/s41586-021-03489-0 (2021).
- Wang, L. et al. Deep cervical lymph node ligation aggravates ADlike pathology of APP/PS1 mice. *Brain Pathol.* 29, 176–192 (2019).
- Wen, Y. R., Yang, J. H., Wang, X. & Yao, Z. B. Induced dural lymphangiogenesis facilities soluble amyloid-β clearance from brain in a transgenic mouse model of Alzheimer's disease. *Neural Regen. Res.* 13, 709–716 (2018).
- Leppapuska, I. M. et al. Phase 1 Lymfactin(R) study: 24-month efficacy and safety results of combined adenoviral VEGF-C and lymph node transfer treatment for upper extremity lymphedema. J. Plast. Reconstr. Aesthet. Surg. **75**, 3938–3945 (2022).
- Makinen, T. et al. Inhibition of lymphangiogenesis with resulting lymphedema in transgenic mice expressing soluble VEGF receptor-3. *Nat. Med.* 7, 199–205 (2001).
- 37. Jankowsky, J. L. et al. Mutant presenilins specifically elevate the levels of the 42 residue β -amyloid peptide in vivo: evidence for augmentation of a 42-specific λ secretase. *Hum. Mol. Genet.* **13**, 159–170 (2004).
- Garcia-Alloza, M. et al. Characterization of amyloid deposition in the APPswe/PS1dE9 mouse model of Alzheimer disease. *Neurobiol. Dis.* 24, 516–524 (2006).
- Minkeviciene, R. et al. Age-related decrease in stimulated glutamate release and vesicular glutamate transporters in APP/PS1 transgenic and wild-type mice. J. Neurochem. 105, 584–594 (2008).
- 40. Ghoneim, F. M. et al. Protective effect of chronic caffeine intake on gene expression of brain derived neurotrophic factor signaling and the immunoreactivity of glial fibrillary acidic protein and Ki-67 in Alzheimer's disease. *Int. J. Clin. Exp. Pathol.* **8**, 7710–7728 (2015).
- Oakley, H. et al. Intraneuronal β-amyloid aggregates, neurodegeneration, and neuron loss in transgenic mice with five familial Alzheimer's disease mutations: potential factors in amyloid plaque formation. J. Neurosci. 26, 10129–10140 (2006).
- Jawhar, S., Trawicka, A., Jenneckens, C., Bayer, T. A. & Wirths, O. Motor deficits, neuron loss, and reduced anxiety coinciding with axonal degeneration and intraneuronal Aβ aggregation in the 5XFAD mouse model of Alzheimer's disease. *Neurobiol. Aging* 33, 196.e129–140 (2012).
- 43. Li, Z. et al. Blockade of VEGFR3 signaling leads to functional impairment of dural lymphatic vessels without affecting autoimmune neuroinflammation. *Sci. Immunol.* **8**, eabq0375 (2023).
- 44. Rustenhoven, J. et al. Functional characterization of the dural sinuses as a neuroimmune interface. *Cell* **184**, 1000–1016 (2021).
- 45. Song, E. et al. VEGF-C-driven lymphatic drainage enables immunosurveillance of brain tumours. *Nature* **577**, 689–694 (2020).

- Tammela, T. et al. Photodynamic ablation of lymphatic vessels and intralymphatic cancer cells prevents metastasis. Sci. Transl. Med. 3, 69ra11 (2011).
- 47. Lynch, D. H. et al. Systemic immunosuppression induced by photodynamic therapy (PDT) is adoptively transferred by macrophages. *Photochem. Photobiol.* **49**, 453–458 (1989).
- 48. Mittal, M., Siddiqui, M. R., Tran, K., Reddy, S. P. & Malik, A. B. Reactive oxygen species in inflammation and tissue injury. *Antioxid. Redox. Signal.* **20**, 1126–1167 (2014).
- Elmets, C. A. & Bowen, K. D. Immunological suppression in mice treated with hematoporphyrin derivative photoradiation. *Cancer Res.* 46, 1608–1611 (1986).
- Jolles, C. J., Ott, M. J., Straight, R. C. & Lynch, D. H. Systemic immunosuppression induced by peritoneal photodynamic therapy. *Am. J. Obstet. Gynecol.* **158**, 1446–1453 (1988).
- Canti, G., Franco, P., Marelli, O., Ricci, L. & Nicolin, A. Hematoporphyrin derivative rescue from toxicity caused by chemotherapy or radiation in a murine leukemia model (L1210). *Cancer Res.* 44, 1551–1556 (1984).
- 52. Choi, D. et al. Piezo1-regulated mechanotransduction controls flow-activated lymphatic expansion. *Circ. Res.* **131**, e2–e21 (2022).
- Ma, L. et al. Skull progenitor cell-driven meningeal lymphatic restoration improves neurocognitive functions in craniosynostosis. *Cell Stem Cell* https://doi.org/10.1016/j.stem. 2023.09.012 (2023).
- 54. Li, X. et al. Meningeal lymphatic vessels mediate neurotropic viral drainage from the central nervous system. *Nat. Neurosci.* **25**, 577–587 (2022).
- 55. Bolte, A. C. et al. Meningeal lymphatic dysfunction exacerbates traumatic brain injury pathogenesis. *Nat. Commun.* **11**, 4524 (2020).
- 56. Boisserand, L. S. B. et al. VEGF-C prophylaxis favors lymphatic drainage and modulates neuroinflammation in a stroke model. *J. Exp. Med.* (in the press).
- 57. Tsai, H. H. et al. Functional Investigation of meningeal lymphatic system in experimental intracerebral hemorrhage. *Stroke* **53**, 987–998 (2022).
- Han, J. et al. Vascular endothelial growth factor receptor 3 controls neural stem cell activation in mice and humans. *Cell Rep.* 10, 1158–1172 (2015).
- 59. Yoon, J. H. et al. Nasopharyngeal lymphatic plexus is a hub for cerebrospinal fluid drainage. *Nature* **625**, 768–777 (2024).
- Breslin, J. W. et al. Vascular endothelial growth factor-C stimulates the lymphatic pump by a VEGF receptor-3-dependent mechanism. *Am. J. Physiol. Heart Circ. Physiol.* 293, H709–718 (2007).
- 61. Madisen, L. et al. Transgenic mice for intersectional targeting of neural sensors and effectors with high specificity and performance. *Neuron* **85**, 942–958 (2015).
- Ehling, M., Adams, S., Benedito, R. & Adams, R. H. Notch controls retinal blood vessel maturation and quiescence. *Development* 140, 3051–3061 (2013).
- 63. Bry, M. et al. Vascular endothelial growth factor-B acts as a coronary growth factor in transgenic rats without inducing angiogenesis, vascular leak, or inflammation. *Circulation* **122**, 1725–1733 (2010).
- He, Y. et al. Vascular endothelial cell growth factor receptor 3-mediated activation of lymphatic endothelium is crucial for tumor cell entry and spread via lymphatic vessels. *Cancer Res.* 65, 4739–4746 (2005).
- 65. Fang, S. et al. Critical requirement of VEGF-C in transition to fetal erythropoiesis. *Blood* **128**, 710–720 (2016).
- Alitalo, A. K. et al. VEGF-C and VEGF-D blockade inhibits inflammatory skin carcinogenesis. *Cancer Res.* 73, 4212–4221 (2013).

- Anisimov, A. et al. Activated forms of VEGF-C and VEGF-D provide improved vascular function in skeletal muscle. *Circ. Res.* **104**, 1302–1312 (2009).
- 68. Paxinos, G. & Franklin, K. B. J. *The Mouse Brain in Stereotaxic Coordinates* 2nd edn (Academic Press, 2001).
- 69. Avants, B. B. & Tustison, N. Advanced normalization tools (ANTS).
- Montoya-Zegarra, J. A. et al. AutoTube: a novel software for the automated morphometric analysis of vascular networks in tissues. *Angiogenesis* 22, 223–236 (2019).
- 71. Deacon, R. M. Assessing nest building in mice. *Nat. Protoc.* **1**, 1117–1119 (2006).

Acknowledgements

We thank B. Engelhardt and S. Proulx (Theodor Kocher Institute. University of Bern) for reviewing and editing the manuscript, D. Jackson (Radcliffe Department of Medicine, MRC Weatherall Institute of Molecular Medicine, University of Oxford) for advice and F. Noé (Helsinki Institute of Life Science, HiLIFE, University of Helsinki), A. Virenque (Neuroscience Center, HiLIFE, University of Helsinki), M. Varjosalo and S. Keskitalo (Proteomics unit, Institute of Biotechnology, HiLIFE, University of Helsinki), and E. Korhonen (Institute for Neurovascular Cell Biology, University Hospital Bonn, University of Bonn) for helpful discussions related to the experiments. We thank A. Aspelund (WRI and Department of Ophthalmology, Helsinki University Hospital) for his contributions during the initial phase of this study. We gratefully acknowledge K. Niiranen, K. Salo, T. Koppinen, T. Rolin, M. Jokinen, J. Koponen, T. Laakkonen and T. Tainola (all affiliated with WRI and University of Helsinki) and the personnel of the Laboratory Animal Center of the University of Helsinki for excellent technical assistance. We also thank P. O. Miettinen (A. I. Virtanen Institute, University of Eastern Finland) for excellent technical assistance in the experiments. We thank V. Vöikar for supervision and N. Koivisto for assistance in behavioral experiments that were carried out in the Mouse Behavioral Phenotyping Facility supported by Biocenter Finland and HiLIFE, Raimo Salo (Kuopio Biomedical Imaging Unit, Biocenter Kuopio, University of Eastern Finland) for support in data analysis related to MRI experiments. We gratefully acknowledge the expert help from the AAV Gene Transfer and Cell Therapy Core Facility, Biomedicum Molecular Imaging Unit, HiLIFE and Biocenter Kuopio Phenotyping Center, University of Eastern Finland. We thank the Finnish Institute for Molecular Medicine (FIMM) Digital Microscopy and Molecular Pathology Unit supported by HiLIFE and Biocenter Finland for fluorescent slide scanning services. We acknowledge Euro-Biolmaging (www.eurobioimaging.eu) for providing access to imaging technologies and services via the Finnish Biomedical Imaging Node (Kuopio Biomedical Imaging Unit, part of Biocenter Kuopio, University of Eastern Finland).

This work was supported by The European Research Council under the European Union's Horizon 2020 research and innovation programme under grant agreement no. 743155 (BrainDrain), the Jane and Aatos Erkko Foundation, the Sigrid Jusélius Foundation, The Finnish Brain Foundation, the Jenny and Antti Wihuri Foundation, the Research Council of Finland (Center of Excellence Program grants 271845 and 307366, Terva Program grants 314498 and 335721) and the Hospital District of Helsinki and Uusimaa research grants TYH202021 and TYH2022202. S.A. was supported by the Doctoral Program of Biomedicine, the Finnish Medical Foundation, the Instrumentarium Foundation, the Aarne Koskelo Foundation, the K. Albin Johansson Foundation, the Orion Research Foundation, the Ida Montin Foundation, the Paulo Foundation, the Emil Aaltonen Foundation, the Maud Kuistila Memorial Foundation, the Finnish-Norwegian Medical Foundation, the Finnish Brain Foundation, the Einar och Karin Stroems Stiftelse (Finska Läkaresällskapet), the Aarne and Aili Turunen

Foundation, the Päivikki and Sakari Sohlberg Foundation and the Paavo Nurmi Foundation. J.K. was supported by the Marie Skłodowska-Curie Initial Training Network nEUROinflammation (grant agreement 607962), funded by the European Commission Seventh Framework Programme for Research and Technological Development. I.S. was supported by the Finnish Foundation for Cardiovascular Research and the Maud Kuistila Memorial Foundation. S.K. was supported by the Swiss National Science Foundation (Advanced Postdoc. Mobility grant P300PB_164732). A.S. was supported by Biocenter Oulu strategic spearhead project funding and L.E. was supported by the Academy of Finland (314501 and 335722).

Author contributions

Initial conceptualization was the responsibility of S.A. and K.A. S.A., D.C., H.N., J.K., S.K., T.M., H.T. and K.A. were responsible for intellectual contributions. S.A., D.C., H.N., Z.L., M.K., L.E., S.K., T.M., H.T. and K.A. were responsible for the methodology. Investigation was the responsibility of S.A., D.C., H.N., Z.L., A.N., M.G., V.S., H.J, N.A.L., H.K., J.R., M.H.K., I.S., F.S., D.T., S.W., M.K., L.D., J.J., A.S., N.K. and S.K. Formal analysis was the responsibility of S.A., A.N. and H.T. S.A. was responsible for visualization. L.E., H.T. and K.A. were responsible for resources. S.A., H.T. and K.A. were responsible for writing. S.A., H.T. and K.A. were responsible for reviewing and editing. L.E., H.T. and K.A. were responsible for supervision. Funding acquisition was the responsibility of K.A.

Competing interests

The authors declare no competing interests.

Additional information

Extended data is available for this paper at https://doi.org/10.1038/s44161-024-00445-9.

Supplementary information The online version contains supplementary material available at https://doi.org/10.1038/s44161-024-00445-9.

Correspondence and requests for materials should be addressed to Salli Antila or Kari Alitalo.

Peer review information *Nature Cardiovascular Research* thanks Roxana Carare, Bin Wei and the other, anonymous, reviewer(s) for their contribution to the peer review of this work.

Reprints and permissions information is available at www.nature.com/reprints.

Publisher's note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons. org/licenses/by/4.0/.

© The Author(s) 2024



Extended Data Fig. 1 | See next page for caption.

Extended Data Fig. 1 | APdE9 mice lacking dLVs show impaired CSF outflow into cLNs but no change in brain ventricle volume. a - n, Comparison of littermate WT, APdE9, K14 and APdE9; K14 mice. Both female and male mice were used in experiments. CN, cranial nerve; COS, confluence of sinuses; CP, cribriform plate; dcLN, deep cervical lymph node; MMA, middle meningeal artery; PPA, pterygopalatine artery; SC, spinal canal; SSS, superior sagittal sinus; TS, transverse sinus. a, Example of ex vivo imaging of IgG-RPE (red) inside dorsal dLV (green) near COS in a WT mouse after intracranial tracer delivery. b, Analysis of IgG-RPE signal in dcLNs 180 minutes after i.c.v. injection (n = 3,3). IgG-RPE tracer signal values are normalized to average of WT group. LN values represent an average of both sides (left and right) amaximum one LN per side per mouse was used in quantification. c, Quantification of ventricle volumes imaged with MRI in 8-month-old mice (n = 7,7 for females and n = 13,13 for males) **d**, Experimental schedule for panels (**e**-**n**) and simplified schematic illustration of dLVs (green) attached to the basal and dorsal cranium and spinal canal after removal of the brain and spinal cord. Areas visualized in panels (**e**-**n**) are indicated with boxes. **e**-**n**, Comparison of dLVs (white) around (**e**, **f**) COS, (**g**, **h**) PPA, (**i**, **j**) SC, (**k**, **l**) external ethmoidal artery next to cribriform plate, and (**m**, **n**) CNII-VI region in 6-month-old mice (**n** = 5,5). Yellow arrowheads point to different dLV branches. White arrows point to direction of cribriform plate. Pineal gland is excised from the middle of COS in (**e**) to visualize all dLVs. Data shown are representative of at least two independent experiments using littermate mice. Datapoints shown in graphs represent individual mice. P values were calculated using (**b**, **f**, **h**, **j**, **l**, **n**) unpaired two-tailed *t*-test and (**c**) two-way ANOVA with Tukey's post hoc test for multiple comparison. Data are presented as mean values ± s.e.m. Scale bars: 10 µm (**a**), 100 µm (**k**), 200 µm (**g**, **i**, **m**), and 400 µm (**e**).



Extended Data Fig. 2 | **APdE9 mice lacking dLVs show no increase in overall brain Aβ load. a-i**, Comparison of littermate WT, APdE9, K14-sR3 and APdE9;K14sR3 mice. Both female and male mice were used in experiments. BV, blood vessel; HC, hippocampus. **a**, Experimental schedule for panels (**b-g**). **b**, Representative images of LYVE1 (white) immunostained dcLN cryosections. **c,d,f,g**, Comparison of WO2 (blue) immunoreactive area in (**c,d**) hippocampus (n = 13,14,13,14), (**c,f**) cortex above the hippocampus (n = 13,14,14,14), and (**g**) hippocampus plus cortex (n = 13,14,13,14) of male and female cohorts of APdE9 vs APdE9-K14 mice. **e**, ELISA analysis of insoluble Aβ1-42 (ng/mL) in hippocampus (n = 12,16,16,11) of male and female cohorts of APdE9 vs APdE9;K14-sR3 mice. **h-i**, Comparison of podocalyxin (cyan) staining of 10-month-old WT vs K14-sR3 female mice in hippocampus

(n = 7,7). Data shown are representative of at least two independent experiments using littermate mice. Datapoints shown in graphs represent individual mice. A β values represent an average of 5 brain sections (210 mm apart) per mouse. A β values in panel (**g**) represent an average of hippocampus and cortex values that were normalized to average of APdE9-Ctrl group of every experimental set. Podocalyxin values represent an average of 2 brain sections (200 µm apart) per mouse, normalized to the average of WT group of every experimental set. *P* values were calculated using (**d**-**g**, **i**) unpaired two-tailed *t*-test and (**d**-**g**) two-way ANOVA with Tukey's post hoc test for multiple comparison. Data are presented as mean values ± s.e.m. Scale bars: 200 µm (**b**), and 500 µm (**c**, **h**).



Extended Data Fig. 3 | See next page for caption.

Extended Data Fig. 3 | AAV-sR3 induced dLV regression in APdE9 mice does not affect LN, spleen, or body weight, or ICP. a-p, Comparison of littermate AAV-Ctrl and AAV-sR3 treated WT and APdE9 mice at 6 (female) and 16 (male) months of age. a, Simplified schematic illustration of dLVs (green) attached to the basal cranium and spinal canal after removal of the brain and spinal cord. b-e, Comparison of dLVs (white) in PPA region at (b, d) 6 months (n = 9,11,79), and (c, e) 16 months (n = 3,3,3,3) of age. f-h, Comparison of dLVs (white) in (f) CP, (g) foramen magnum (FM), and (h) SC region. i-n, Comparison of (i-j) dcLN weight at 6 (n = 14,15,5,7) and 16 (n = 17,20,10,11) months of age, and (m-n) body weight at 6 (n = 19,19,13,11) and 16 (n = 14,20,10,11) months of age. LN weight represents an average of both sides (left and right) and maximum one dcLN per side per mouse was used in quantification. (**o**) Representative images of LYVE1 (white) staining in dcLNs. **p**, Comparison of intracranial pressure (ICP) in 14-month-old WT-Ctrl vs WT-sR3 (female mice; n = 7,7) groups 12 months after AAV injection. Yellow arrowheads point to different dLV branches. Data shown are representative of at least two independent experiments using littermate mice. Datapoints in graphs represent individual mice. *P* values were calculated with (**p**) unpaired two-tailed *t*-test, (**d**, **e**, **i**-**l**) two-way ANOVA, (**m**) three-way repeated measures ANOVA, and (**n**) three-way repeated measures mixed-effects model with Tukey's post hoc test for multiple comparison in (**d**, **e**, **i**-**n**). Data are presented as mean values ± s.e.m. Scale bars: 200 µm (**b**, **e**), and 400 µm (**f**-**h**, **o**).



Extended Data Fig. 4 | See next page for caption.

Extended Data Fig. 4 |Aβ staining in dura mater is associated mainly with bridging veins. a-h, Whole-mount stainings of dorsal dura mater. BrV, bridging vein; dBV, dural blood vessel; dLV, dural lymphatic vessel. SSS and BrVs connecting to it are outlined in all panels by the white dashed line. a-f, Representative confocal images of DAPI (blue), endomucin (cyan), D54D2 (yellow), and LYVE1 (magenta) staining (a-c) and DAPI (blue), podocalyxin (cyan), D54D2 (yellow), and PROX1 (magenta) staining (d-f) in old APdE9 mouse (22-month-old non-treated female). White arrows indicate Aβ staining associated with BrV. White arrowheads indicate dLVs. **g-h**, Representative stereomicroscope images of podocalyxin (cyan), SMA (magenta), and D54D2 (yellow) staining in adult APdE9 mouse (9,5-month-old male) (**g**) and podocalyxin (cyan), BMX (magenta, stained with RFP), and vWF (yellow) staining in adult BmxCreER^{T2}Rosa26^{LSL-TdTomato} mouse (13-month-old male) (**h**). BrVs connecting to SSS are marked with yellow arrowheads. Data shown are representative of minimum n = 3 for every staining. Scale bars: 100 μ m (**a-f**), and 500 μ m (**g, h**).



Extended Data Fig. 5 | See next page for caption.

Extended Data Fig. 5 | AAV-sR3 induced dLV regression causes only modest changes in the behavioral phenotype of WT and APdE9 mice. a-z, Comparison of behavioral results in littermate male AAV-Ctrl treated WT (n = 10), APdE9 (n = 11) and AAV-sR3 treated WT (n = 12) and APdE9 (n = 9) mice at 13-14 months of age. NB, nest building; LD, Light–dark; OF, Open field; MWM, Morris water maze; BM, Barnes maze; FC, Fear conditioning. **a**, Experimental schedule of all behavioral tests. **b-d**, NB results showing (**b**) nest scores at timepoint 1 (**c**) nest scores at timepoint 2, and (**d**) amount of unshredded cotton at the end of both time points. **e-h**, LD results showing total (**e**) distance traveled in light side (**f**) distance traveled in dark side (**g**) distance traveled, and (**h**) time spent on light side. **i-j**, OF results showing total (**i**) time spent at the center of open field arena and (**j**) distance moved in open field arena. **k-n**, MWM results showing (**k**) escape latency in eight training sessions (S1-S8; total four days with two training sessions per day). (**l**) escape latency in last training session (S8, reverse training), (**m**) total time spent in trained quadrant in probe trial, and (**n**) total time spent in trained platform in probe trial. **o-t**, BM experimental results showing (**o**, **r**) latency to target zone in probe trials 1-2, (**p**, **s**) time spent in target zone in probe trials 1-2, (**q**) time spent at the center of arena in probe trial 1, and (**t**) time spent in target and adjacent zones of the arena in probe trial 2. **u-z**, FC results at day 1 and 2 showing (**u**, **x**) freezing % during 180 seconds, (**v**, **y**) total distance moved, and (**w**, **z**) mean explored area %. Data shown are representative of a single experiment using littermate mice. Datapoints in graphs represent individual mice. The NB, MWM, BM and FC illustrations were created with BioRender.com. *P* values were calculated using (**e-j**, **l-z**) two-way ANOVA, (**b-d**) two-way repeated measures ANOVA, and (**b-d**, **k**) three-way repeated measures ANOVA all with Tukey's post hoc test for multiple comparison. Data are presented as mean values ± s.e.m.



Extended Data Fig. 6 | See next page for caption.

Extended Data Fig. 6 | AAV-VC induced dLV expansion improves CSF outflow into cLNs and blood circulation in WT mice. a, Experimental schedule for panels c-l with male AAV-Mock (i.c.v.), AAV-VC 1*10¹⁰ vp (i.c.v.), AAV-VC 5*10¹⁰ vp (i.c.v.), AAV-VC 1*10¹¹ vp (i.c.v.), and AAV-VC 5*10¹⁰ vp (i.c.m.) groups. b, Experimental schedule for panels (m-t) with female AAV-Mock (i.c.v.), AAV-VC 5*10¹⁰ vp (i.c.v.), and AAV-VC 5*10¹⁰ vp (i.c.m.) groups. c, Quantification of VEGF-C mRNA levels in brain cortex (n = 2,3,4,4,3). d, Quantification of dcLN weight (n = 3,4,4,4,3). e-j, Comparison of dura mater (e, f) LYVE1 area (white) in dorsal skull around COS (n = 3,4,4,4,2), (g, h) podocalyxin area (green) in dorsal skull (n = 3,4,4,4,32; two areas per mouse around large dural sinuses), (i, j) LYVE1 area (white) in basal skull around CNII-VI (n = 3,4,4,4,3). Yellow arrowheads in e, g point towards areas with most prominent lymphangiogenesis. k-l, Podocalyxin immunoreactive area (red) in brain cortex (n = 3,4,4,4,3). m-n, Kinetic analysis of IgG-RPE tracer appearance in systemic blood at 30, 60, 120 and 180 min after i.c.m injection (n = 3,5,5), visualized in two different ways. o-p, Comparison of IgG-RPE tracer signal in dcLNs at 180 min after i.c.m injection (n = 5,6,5). q-t, Comparison of LYVE1 (white) staining (n = 5,6,6) in (q, r) COS and (s, t) MMA region. Yellow arrowheads point towards new lymphatic sprouts. Panels (c-l) and (m-t) represent single independent experiments using littermate mice. Datapoints shown in graphs represent individual mice. LN values in (d, p) represent an average of both sides (left and right); maximum one LN per side per mouse was used in quantification. LN and blood IgG-RPE tracer signal values are normalized to the average of WT-Mock group of every experimental set at the 3 h timepoint. The pineal gland was excised in (e, g, q) to visualize blood and lymphatic vasculature. P values were calculated using one-way ANOVA with (d, f, h, j, l, p) Dunnett's post hoc or (r, t) Tukey's post hoc or (n) two-way repeated measures ANOVA with Dunnett's and Sidak's post hoc tests for multiple comparison. Data are presented as mean values \pm s.e.m. Scale bars: 200 µm (e, g, k), 400 µm (i, q, s) and 500 µm (o).



Extended Data Fig. 7 | See next page for caption.

Extended Data Fig. 7 | AAV-VC induced dLV expansion in APdE9 and 5xFAD mice does not affect LN, spleen, or body weight. a, Experimental schedule for panels **b**-**p**; comparison of littermate AAV-Mock and AAV-VC-treated i.c.m. (male) and i.c.v. (female) injected WT and APdE9 mice at 9 months of age. **b**, Simplified schematic illustration of dLVs (green) attached to the basal cranium and spinal canal after removal of the brain and spinal cord. **c**-**h**, Comparison of dLVs (white) in (**c**-**d**) PPA and (**e**-**h**) CNII region of i.c.v. (n = 3,3,3,3) and i.c.m. (n = 4,3,3,3) injected APdE9 and WT mice. **i**-**I**, Comparison of (**i**) body (n = 23,23,13,15), (**j**) dcLN (n = 23,23,13,15), (**k**) scLN (n = 21,22,10,13), and (**l**) spleen weight (n = 20,19,18,20), (**n**) dcLN (n = 16,15,14,16), (**o**) scLN (n = 20,18,18,20), and (**p**) spleen weight (n = 20,19,18,20) in i.c.m. injected APdE9 and WT mice. **q**, Experimental schedule for panels **r**-**v**; comparison of littermate AAV-Mock and AAV-VC-treated i.c.m. (male and female) and i.c.v. (male) injected WT and 5xFAD mice at 4.5 months of age. **r-s**, Comparison of (**r**) body (n = 13,13,11,12) and (**s**) dcLN (n = 9,9,7,8) weight in i.c.v. injected 5xFAD and WT mice. **t-v**, Comparison of (**t**) body (n = 8,8,6,7), (**u**) dcLN (n = 11,11,7,8), and (**v**) scLN (n = 15,15,11,12) in i.c.m. injected 5xFAD and WT mice. Data shown are representative of at least two independent experiments using littermate mice. Datapoints in graphs represent individual mice. dcLN weights (**j**, **n**, **r**, **u**) represent an average of both sides (left and right, max one LN per side per mouse) and scLN weights (**k**, **o**, **v**) represent an average of all LNs on the left side of the body. *P* values were calculated with (**e**, **f**, **j**-**l**, **n**-**p**, **s**, **u**, **v**) two-way ANOVA, (**r**, **t**) three-way repeated measures ANOVA, and (**i**, **m**) three-way repeated measures mixed-effects model with Tukey's post hoc test for multiple comparison. Data are presented as mean values ± s.e.m. Scale bars: 100 μ m (**g**, **h**) and 200 μ m (**c**, **d**).



 $\label{eq:stended} Extended \, Data \, Fig. \, 8 \, | \, See \, next \, page \, for \, caption.$

Extended Data Fig. 8 | AAV-VC induced dLV expansion in 5xFAD mice improves CSF outflow into cLNs and blood circulation but does not affect A β load in the brain. a-v, Comparison of littermate AAV-Mock and AAV-VC-treated i.c.m. (male and female) and i.c.v. (male) injected WT and 5xFAD mice at 4.5 months of age. a, Schedule indicating AAV administration and experimental analysis time points. b, Schedule of CSF drainage analysis. c, Simplified schematic illustration of dural LVs (green). d-g, Comparison of LYVE1 (white) area percentage in dorsal dura mater after (d, f) AAV i.c.v (n = 3,3,3,3) or (e, g) AAV i.c.m administration (n = 4,3,4,4). The pineal gland was excised in (d, e) to visualize all dLVs. h, Kinetic analysis of IgG-RPE tracer in systemic blood at 30, 60, 120 and 180 min after IgG-RPE administration (n = 6,7,5,6) in the i.c.v injected mice visualized by two different ways. i-I, IgG-RPE tracer signal in (i, k) dcLN (n = 7,7,5,6) and (j, l) scLNs (n = 11,13,7,8) 180 minutes after IgG-RPE administration. m-p, Comparison of D54D2 (red) staining in hippocampus and cortex after (m, n) i.c.v administration and (o, p) i.c.m administration. The outlining indicates the quantified HC area without dorsal subiculum (dSBC). **q-v**, D54D2 immunostained area%, particle count and average particle size of the AAV-injected AD mice in (**q-s**) hippocampus (i.c.v. n = 11,12; i.c.m. n = 11,12 from which male n = 6,7; female n = 5,5) and (**t-v**) cortex (i.c.v. n = 10,12; i.c.m. n = 11,12 from which male n = 6,7; female n = 5,5). Data shown are representative of at least two independent experiments using littermate mice. The datapoints shown in graphs represent individual mice. Maximum one LN per side per mouse was used in quantification and dcLN values represent an average of both sides. The IgG-RPE tracer signal in LNs and blood was normalized to the average in the WT-Ctrl group of every experimental set at the 3 h timepoint. A β values represent an average of 6 brain sections (400 µm apart) normalized to average of 5xFAD-Ctrl group in every experimental set. *P* values were calculated with (**q**, **t**) unpaired two-tailed *t*-test, (**f**, **g**, **k**, **l**, **q-v**) two-way ANOVA and (**h**) three-way repeated measures Mixed-effects model with Tukey's post hoc test for multiple comparisons. Data are presented as mean values ± s.e.m. Scale bars: 400 µm (**d**, **e**, **i**) and 1 mm (**j**, **m**, **o**).

Article



Extended Data Fig. 9 | See next page for caption.

Extended Data Fig. 9 | AAV-VC induced dLV expansion in old APdE9 mice improves CSF outflow into cLNs and blood circulation but does not affect Aβ load in the brain. a-q, Comparison of data from littermate male WT, APdE9 and AAV-VC-treated (i.c.m.) WT and APdE9 mice at 15 months of age. a, Schedule indicating AAV administration and experimental analysis time points. b, Schedule of the CSF drainage analysis. c, Simplified schematic illustration of dLVs (green) attached to the basal cranium and spinal canal after removal of the brain and spinal cord. d-f, Comparison of (d-e) LYVE1 (white) and (f) D54D2 (white) area in dorsal dura mater (n = 3,3,3,3). The pineal gland was excised from (d, f) to visualize all dLVs. g-j, Comparison of IgG-RPE tracer signal in (g-h) dcLN (n = 7,7,4,6) and (i-j) scLNs (n = 7,7,4,6) 180 minutes after i.c.m injection. k-q, Comparison of D54D2 staining in (k, l-n) hippocampus and (k, o-q) cortex of i.c.m injected APdE9 mice (n = 5,6). An example of the quantified HC area without dorsal subiculum is outlined in the images. Data shown are representative of a single experiment using littermate mice. The datapoints shown in the graphs represent individual mice. LN values in (**h**, **j**) represent an average of both sides (left and right) and maximum one LN per side per mouse was used in quantification. LN IgG-RPE tracer signal values were normalized to the average of WT-Ctrl group of every experimental set at the 3 h timepoint. A β values represent an average of 6 brain sections (400 µm apart) per mouse and are normalized to the average of APdE9-Ctrl group of every experimental set. *P* values were calculated with (**l-q**) unpaired two-tailed *t*-test and (**e**, **h**, **j**) two-way ANOVA with Tukey's post hoc test for multiple comparison. Data are presented as mean values ± s.e.m. Scale bars: 400 µm (**d**, **f**, **g**) and 1 mm (**i**, **k**).



Extended Data Fig. 10 | See next page for caption.

Extended Data Fig. 10 | AAV-VC induced dLV expansion in old 5xFAD mice does not affect Aβ load in the brain. a-t, Comparison of data from littermate AAV-Mock and AAV-VC treated (i.c.m.) 5xFAD mice at 14 (both sexes), 18 (males) and 23-24 (females) months of age. a, Experimental schedule for (b-h, q). a-h, Comparison of D54D2 (red) staining in (b-e) hippocampus and (b, f-h) cortex of 14-month-old 5xFAD mice after 2-month AAV treatment (n = 4,4). i, Experimental schedule for (j-p, r). j-p, Comparison of D54D2 (red) staining in (j-m) hippocampus and (j, n-p) cortex of 18-month-old 5xFAD mice after 3-month AAV treatment (n = 6,6). q-r, Quantification of podocalyxin immunoreactive tube area%, branch number, skeleton length, and tube width in cortex of (q) 14-monthold 5xFAD mice after 2-month AAV treatment (n = 4,4) and (r) 18-month-old 5xFAD mice after 3-month AAV treatment (n = 6,6). Quantification was done with AutoTube software (Montoya-Zegarra et al). **s**, Experimental schedule for (**t**). **t**, Representative image of LYVE1 whole-mount staining in dcLNs of 23-24-monthold 5xFAD mice after 8-9-month AAV treatment (n = 3,3). Data shown are representative of single experiments using littermate mice. The datapoints shown in graphs represent individual mice. Examples of quantified HC areas without dorsal subiculum are outlined in the images (**b**, **j**). A β and podocalyxin values represent an average of 6 brain sections (400 µm apart) per mouse and are normalized to average of 5xFAD-Ctrl group of every experimental set. *P* values were calculated with (**c-h**, **k-r**) unpaired two-tailed *t*-test. Data are presented as mean values ± s.e.m. Scale bars: 400 µm (**t**) and 1 mm (**b**, **j**).

nature portfolio

Corresponding author(s): Salli Antila, Kari Alitalo

Last updated by author(s): 24.01.2024

Reporting Summary

Nature Portfolio wishes to improve the reproducibility of the work that we publish. This form provides structure for consistency and transparency in reporting. For further information on Nature Portfolio policies, see our <u>Editorial Policies</u> and the <u>Editorial Policy Checklist</u>.

Statistics

For all statistical analyses, confirm that the following items are present in the figure legend, table legend, main text, or Methods section.

n/a	Cor	firmed
	\boxtimes	The exact sample size (n) for each experimental group/condition, given as a discrete number and unit of measurement
	\boxtimes	A statement on whether measurements were taken from distinct samples or whether the same sample was measured repeatedly
	\boxtimes	The statistical test(s) used AND whether they are one- or two-sided Only common tests should be described solely by name; describe more complex techniques in the Methods section.
	\boxtimes	A description of all covariates tested
	\boxtimes	A description of any assumptions or corrections, such as tests of normality and adjustment for multiple comparisons
	\boxtimes	A full description of the statistical parameters including central tendency (e.g. means) or other basic estimates (e.g. regression coefficient) AND variation (e.g. standard deviation) or associated estimates of uncertainty (e.g. confidence intervals)
	\boxtimes	For null hypothesis testing, the test statistic (e.g. <i>F</i> , <i>t</i> , <i>r</i>) with confidence intervals, effect sizes, degrees of freedom and <i>P</i> value noted Give <i>P</i> values as exact values whenever suitable.
\boxtimes		For Bayesian analysis, information on the choice of priors and Markov chain Monte Carlo settings
\boxtimes		For hierarchical and complex designs, identification of the appropriate level for tests and full reporting of outcomes
\boxtimes		Estimates of effect sizes (e.g. Cohen's d, Pearson's r), indicating how they were calculated
	-	Our web collection on <u>statistics for biologists</u> contains articles on many of the points above.

Software and code

Policy information about availability of computer code

 Data collection
 The following software were used to collect the data in this study:

 - EnSight Multimode Plate Reader (Perkin Elmer)
 - AxioZoom.V16 fluorescence stereo zoom microscope (Carl Zeiss) with OptiMOS sCMOS camera (QImaging) and ZEN 2012 software (Carl Zeiss)

 - LSM 780 confocal microscope (Carl Zeiss) with ZEN 2011 software (Carl Zeiss)
 - LSM 780 confocal microscope (Carl Zeiss) with ZEN 2011 software (Carl Zeiss)

 - Pannoramic 250 Flash III fluorescence slide scanner (3DHISTECH)
 - NanoZoomer XR slide scanner (Hamamatsu Photonics, Japan)

 - Activity Monitor, V5.8 (MedAssociates)
 - Ethovision XT13 videotracking (Noldus, The Netherlands)

 - Computer-controlled fear conditioning system (TSE, Bad Homburg, Germany)
 More detailed data collection information is reported in Online Methods.

Data analysis

The following software were used to analyze the data in this study: - ImageJ software, V2.0.0-rc-69/1.52n (National Institutes of Health) - GraphPad Prism for MacOSX V9.0 (GraphPad Software, San Diego California, USA) - CaseViewer 2.4 software (3DHISTECH) - NDP.view 2 software (Hamamatsu Photonics)

More detailed data analysis information is reported in Online Methods.

For manuscripts utilizing custom algorithms or software that are central to the research but not yet described in published literature, software must be made available to editors and reviewers. We strongly encourage code deposition in a community repository (e.g. GitHub). See the Nature Portfolio guidelines for submitting code & software for further information.

Data

Policy information about availability of data

All manuscripts must include a <u>data availability statement</u>. This statement should provide the following information, where applicable: - Accession codes, unique identifiers, or web links for publicly available datasets

- A description of any restrictions on data availability
- For clinical datasets or third party data, please ensure that the statement adheres to our policy

All data supporting the findings in this study are included in the main article and associated files. Source data excel file detailing the values and statistical tests used in quantifications mentioned in the text and figures are available in the online version of this paper. All datasets generated and/or analyzed during the current study are available from the corresponding authors on reasonable request.

Research involving human participants, their data, or biological material

Policy information about studies with human participants or human data. See also policy information about sex, gender (identity/presentation), and sexual orientation and race, ethnicity and racism.

Reporting on sex and gender	ΝΑ
Reporting on race, ethnicity, or other socially relevant groupings	NA
Population characteristics	NA
Recruitment	ΝΑ
Ethics oversight	NA

Note that full information on the approval of the study protocol must also be provided in the manuscript.

Field-specific reporting

Please select the one below that is the best fit for your research. If you are not sure, read the appropriate sections before making your selection.

Kife sciences Behavioural & social sciences Ecological, evolutionary & environmental sciences

For a reference copy of the document with all sections, see <u>nature.com/documents/nr-reporting-summary-flat.pdf</u>

Life sciences study design

All studies must disclose on these points even when the disclosure is negative.

Sample size	Sample size for each experiment and indication of what the visualized datapoints represent are stated in every Figure legend. No statistical tests were used to pre-determine sample size. Instead, the number of required samples for each experiment was chosen based on previous experiments and comparative studies in literature.
Data exclusions	In Figure 1n, one value from APdE9-Ctrl group was identified as an outlier based on ROUT method (Q = 0.1%) and removed from the analysis. The removed value did not affect the result (significant treatment effect) and is present in the source data excel file in the online version of this paper.
	In Extended Data Figure 8t quantification, one value from 5xFAD-Ctrl group was identified as an outlier based on ROUT method (Q = 5%) and Grubbs' method (Alpha = 0.05) and values from this mouse were removed from the cortex analysis in panels t-v. The removed values did not affect the result (non-significant) and are present in the source data excel file in the online version of this paper.
Replication	Main experimental findings are representative of at least two independent experiments using littermate mice. The number of reliable reproductions for each experiment are stated in every Figure legend.

Randomization

After knowing the mouse genotype (WT, K14-sR3, APdE9, 5xFAD), littermate animals were allocated into treatment groups randomly so that every experimental set included similar number of mice from every experimental group.

Blinding

The investigators were blinded to experimental group allocation during data collection and analysis.

Reporting for specific materials, systems and methods

We require information from authors about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each material, system or method listed is relevant to your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.

Materials & experimental systems **Methods** n/a Involved in the study n/a Involved in the study Antibodies \boxtimes ChIP-seq \boxtimes Eukaryotic cell lines \boxtimes Flow cytometry \boxtimes Palaeontology and archaeology \boxtimes MRI-based neuroimaging Animals and other organisms Clinical data \boxtimes \boxtimes Dual use research of concern Plants \boxtimes

Antibodies

Antibodies used	Non-conjugated primary antibodies:goat anti-mouse podocalyxin (1:500, R&D Systems, AF1556, AB_354858)- rat anti-mouse podocalyxin (1:500, R&D Systems, MAB1556)- rat anti-mouse endomucin (1:200, Santa Cruz Biotechnology, clone V.7C7)- rabbit anti-mouse Von Willebrand Factor (1:500, Dako, A0082)- goat anti-RFP (1:500, Rockland, 200-101-379)- goat anti-human PROX1 (1:200, R&D Systems, AF2727, AB_2170716)- polyclonal rabbit anti-mouse LYVE1 (1:1000, produced inhouse)- rat anti-mouse LYVE1 (1:300, R&D Systems, AF2727, AB_2138528)- polyclonal goat anti-mouse VEGFR3 (1:50, R&D Systems, AF743, AB_355563)- Syrian hamster anti-mouse podoplanin (1:100, DSHB, 8.1.1-s, AB_531893)- mouse anti-amyloid-β 1-16 clone WO-2 (1:40000 for floating sections and 1:1000 for slides, Merck Millipore, MABN10, AB_10561919)- rabbit anti-amyloid-β 1-37/42 clone D54D2 (1:1000, Cell Signaling, 82435, AB_2797642)- rabbit anti-AQP4 (1:2000, AB3594, Merck Millipore/Sigma Aldrich)Conjugated antibodies- goat PE conjugated anti-human IgG (Thermo Fisher, PA1-86078, AB_933621)- mouse anti-alpha-SMA Cy3 conjugate (1:500, Sigma-Aldrich, clone 1A4, C6198)- rabbit anti-amyloid-β 1-37/42 Alexa Fluor 647 conjugate (Cell Signaling, 42284, clone D54D2, 1:500 for dura mater)
Validation	Antibodies were either obtained from indicated commercial vendors with ensured quality or have been previously produced, validated, and published. The antibodies are well described, and specific references can be found on the manufacturer's website, in the antibody registry (https://antibodyregistry.org/) or from the indicated references. All immunohistochemical experiments included known negative and positive internal staining controls to validate the specific antibody signals.

Animals and other research organisms

Policy information about studies involving animals; ARRIVE guidelines recommended for reporting animal research, and Sex and Gender in Research

Laboratory animals	All mouse strains used have been previously published and are reported in Online Methods under "Mice" section. All mice were maintained on a C57BL/6J background.
Wild animals	The study did not involve wild animals.
Reporting on sex	Both female and male mice were used in the studies. The sex of mice used in every experiment is reported in Figure legends.
Field-collected samples	The study did not involve samples collected from the field.
Ethics oversight	All animal experiments were approved by the Animal Experiment Board of Finland.

Note that full information on the approval of the study protocol must also be provided in the manuscript.

Magnetic resonance imaging

Experimental design		
Design type	ΝΑ	
Design specifications	NA	
Behavioral performance measures	ΝΑ	

Acquisition

Imaging type(s)	Structural imaging
Field strength	7T
Sequence & imaging parameters	$3D$ multigradient echo, TR = 68 ms, TE = 2.73 ms, echo spacing 2.9 ms, echoes 13, flip angle 16°, matrix size 125 μ m3.
Area of acquisition	Whole brain was included in the FOV
Diffusion MRI Used	⊠ Not used

Preprocessing

Preprocessing software	The images were intensity bias field inhomogeneity corrected with N4BiasCorrection from Advanced normalization tools (http://stnava.github.io/ANTs/).
Normalization	The corrected images were thresholded within the brain so that the resulting mask included 1% of the highest intensities of non-zero voxels.
Normalization template	NA
Noise and artifact removal	No noise or artifact removal was performed.
Volume censoring	NA

Statistical modeling & inference

NA
Ventricle volume comparison was performed with two-way ANOVA with Tukey's multiple comparison post hoc test.
'hole brain 🗌 ROI-based 🗌 Both
NA
NA

Models & analysis

n/a	Involved in the study
\boxtimes	Functional and/or effective connectivity
\boxtimes	Graph analysis
\boxtimes	Multivariate modeling or predictive analysis