

Paper-based sensors for bacteria detection

Federico Mazur, Angie Davina Tjandra , Yingzhu Zhou, Yuan Gao & Rona Chandrawati  

Abstract

The detection of pathogenic bacteria is essential to prevent and treat infections and to provide food security. Current gold-standard detection techniques, such as culture-based assays and polymerase chain reaction, are time-consuming and require centralized laboratories. Therefore, efforts have focused on developing point-of-care devices that are fast, cheap, portable and do not require specialized training. Paper-based analytical devices meet these criteria and are particularly suitable to deployment in low-resource settings. In this Review, we highlight paper-based analytical devices with substantial point-of-care applicability for bacteria detection and discuss challenges and opportunities for future development.

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Introduction

Despite usually being associated with infections, the majority of bacteria are harmless and perform vital functions in humans, animals, plants and the environment¹. It is estimated that less than 1% of all bacteria are responsible for diseases²; however, they have a substantial impact on public health. The World Health Organization (WHO) estimates that 600 million people become ill every year after consuming **unsafe food**, most of which are caused by pathogenic bacteria, resulting in 420,000 deaths worldwide. Lower-respiratory-tract infections and diarrhoeal illnesses are among the **top 10 global causes of death in 2019** and are often caused by bacteria. Bacterial infections are generally treated with antibiotics, which has led to one of the greatest threats to global health and food safety, that is, antimicrobial resistance³. It has been estimated that 4.95 million people died from illnesses associated with antimicrobial resistance in 2019 (refs. 4,5). Low-income regions, such as western sub-Saharan Africa, have reported the highest rates of deaths (27.3 per 100,000 people), whereas Australasia reported the lowest rate (6.5 deaths per 100,000 people). These high mortality rates in low-income countries have been associated with inadequate diagnostics tools⁶, highlighting the need for devices that can accessibly and accurately identify the cause of a disease, thereby decreasing the burden of infection in the developing world⁷.

In addition to the enzyme-linked immunosorbent assay (ELISA), polymerase chain reaction (PCR) and conventional culture-based assays^{8–10}, common pathogen detection methods include biochemical techniques¹¹, instrumental-based approaches, such as flow cytometry and gas chromatography^{12,13}, as well as spectroscopy-based techniques, such as Fourier transform infrared spectroscopy (FTIR) and Raman spectroscopy^{14,15}. Despite being accurate, robust and sensitive down to the single-cell level¹⁶, these techniques are costly and time-consuming (hours to days), requiring centralized laboratories, trained personnel, sample pre-treatment and multi-step processing. To overcome these issues, the WHO outlined a set of criteria, known as ASSURED, for an ideal diagnostics test in low-resource settings. Briefly, it needs to be affordable, sensitive, specific, user-friendly, rapid, equipment-free and deliverable¹⁷. With the recent advent of digital technologies and tele-health, the criteria were revised to include two additional characteristics: real-time connectivity and ease of specimen collection, leading to the new REASSURED benchmark¹⁸. In addition, point-of-care (POC) diagnostics should be able to analyse small volumes, be portable and disposable (owing to the hazardous nature of the sample), with

few processing steps and minimal sample preparation. Importantly, they need to perform effectively in different environmental conditions without requiring a power source, and operate in the relevant (clinical and practical) concentration range¹⁹. Paper-based platforms, such as conventional immunochromatographic strips combined with immunoassays²⁰, are excellent POC diagnostic candidates, because they meet several of the REASSURED criteria. Owing to paper's abundance, disposability and, most importantly, low cost, paper-based sensors have long been used in various formats to detect pH, proteins and nucleic acids^{21,22} (Fig. 1). Moreover, paper is a versatile material that can be manufactured at large scale²³; signal visibility can be tuned by paper thickness²²; its white colour provides strong contrast for colorimetric platforms; and it is flexible, biocompatible and easy to transport and store. Therefore, paper-based sensors are widely used in clinical, food and environmental diagnostics^{24,25}.

In this Review, we discuss paper-based platforms for bacteria detection, excluding other microbial pathogens such as viruses, parasites and fungi. Importantly, only studies in the fields of health diagnostics, food quality control and environmental monitoring that currently satisfy (or closely satisfy) the following criteria have been included: the sensor can evaluate untreated and unprocessed samples²⁶, fulfils the REASSURED requirements for field-deployable POC diagnostics in low-resource settings and achieves a limit of detection (LOD) within the relevant practical range. For the latter criteria, a major focus will be placed on studies that achieve low LODs of <10² colony-forming units (CFU) ml⁻¹. We conclude with the major challenges faced by paper-based platforms.

Paper-based sensing platforms

An important feature of paper-based sensors is that they can spontaneously transport liquid via capillary flow and, therefore, do not require pumps. In addition, the pore size of paper can easily be tuned to change the flow rate, and paper has a high surface-to-volume ratio, which allows for reagent immobilization and storage. The most popular paper-based platforms are colorimetric-based lateral flow assays (LFAs) (Fig. 2). Generally, LFAs consist of a sample pad, a conjugate pad, a detection pad and an absorbent pad. For a standard immune sandwich assay, the sample is first introduced onto the sample pad to initiate the absorption process. The sample then migrates towards the conjugate pad, where it interacts with labelled detection bioreceptors, usually nanoparticle-conjugated antibodies. Upon further migration, the sample reaches the

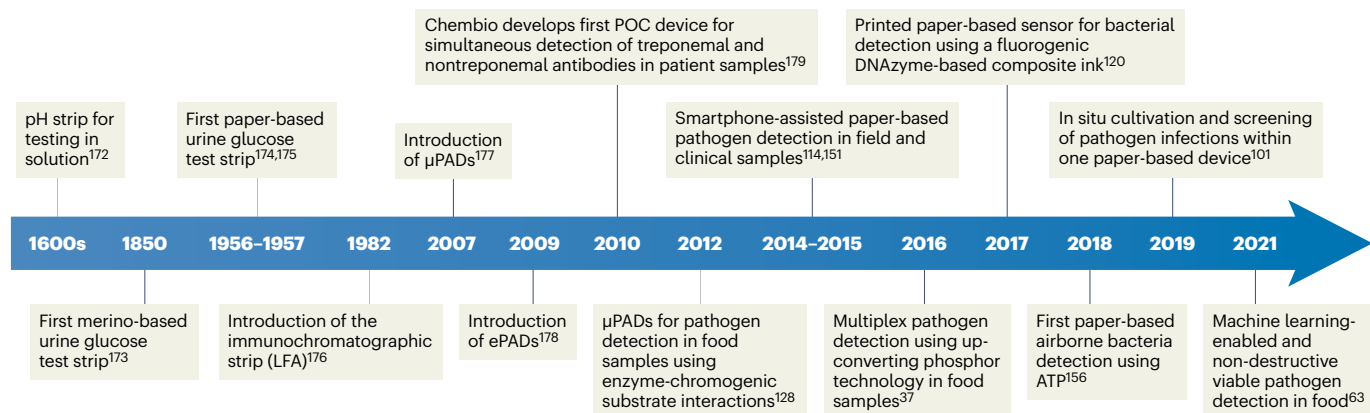
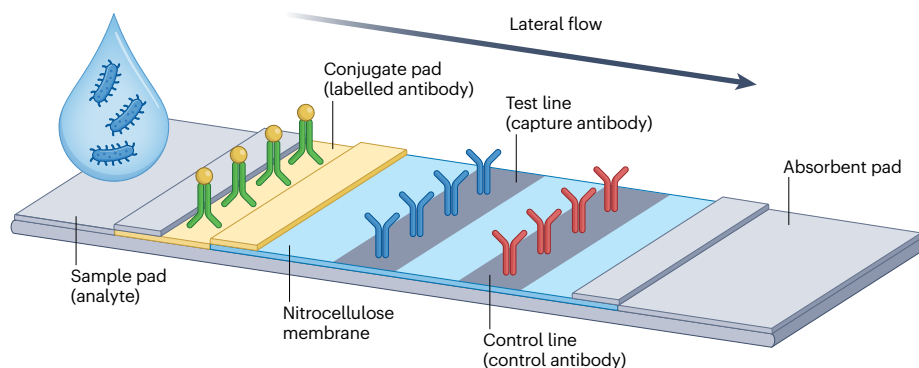


Fig. 1 | Timeline of paper-based sensors. Timeline of major technological advances in paper-based sensing^{38,64,102,115,121,129,152,157,173–180}. μPAD, microfluidic

paper-based analytical device; ePAD, electrochemical paper-based analytical device; LFA, lateral flow assay; POC, point of care.

LFA mechanism



LFA valid positive test

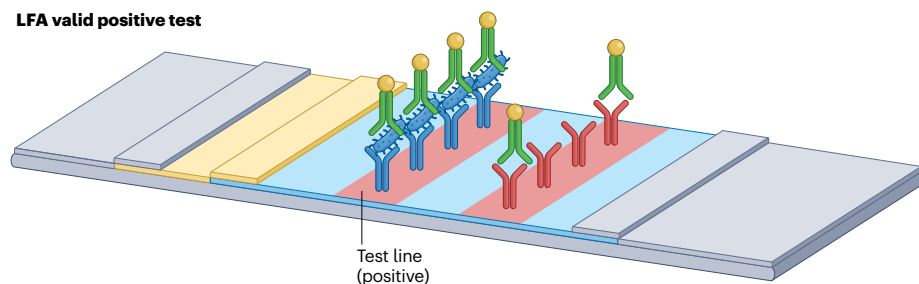


Fig. 2 | Commercial paper-based sensors. Paper-based analytical devices (PADs) on the market typically consist of a sample pad, a conjugate pad containing antibodies tagged with colour-generating materials, a membrane to induce capillary flow of the sample, an absorbent pad to capture excess sample and a laminated card to mount the membrane for structural rigidity. A sample containing the target analyte is introduced to the sample pad. In the presence of analytes, the antibody-conjugated tags specifically bind to the analyte. As the sample passes the test line, the antigens bind to the bioreceptors to form a sandwich structure, which subsequently changes the colour of the test line. The remaining conjugated antibodies bind to the bioreceptors in the control line and the excess sample is absorbed into the absorbent pad. In the absence of a target analyte, all antibody-conjugated tags accumulate in the control line, resulting in a single line that denotes a negative test. LFA, lateral flow assay.

detection pad, which contains a test line, where captured bioreceptors bind to the labelled analyte, and a control line. Finally, the absorbent pad absorbs the excess sample and dictates the volume of sample that the test requires. Microfluidic paper-based analytical devices follow a similar mechanism and benefit from design simplicity, low cost and a similar rapid response time of 5–30 minutes depending on the sample and application^{27,28}. By contrast, despite comparable sensitivity, electrochemical-based techniques have seen a decline in research, probably owing to higher costs^{29,30}. Different analytical methods are used to detect the response signal of paper-based platforms, including colorimetry, electrochemistry and luminescence (Table 1). Colorimetry is the most widely used technique, because it provides simple and portable operation, with good stability and low cost³¹. The majority of existing commercial kits require equipment and several consumables, such as media, agar and culture flasks. However, a number of companies and start-ups have developed bacteria detection kits that better satisfy the REASSURED criteria (Table 2). Interestingly, all these kits are colorimetric LFA-based assays, which, instead of detecting entire bacteria, detect their byproducts or metabolites (Fig. 3).

We note that different applications require distinct sampling methods (destructive or non-destructive), quality assurance and industrial standards. In solid food samples, for example, pathogens are not evenly distributed as in liquid specimens. Here, studies that closely satisfy the criteria of using unprocessed samples, POC applicability and demonstrating relevant LODs, are grouped according to the state of the specimen, that is, solid, aqueous and gaseous. Applications will range from clinical diagnosis to pathogen surveillance in food and the environment (Fig. 3).

Solid-based samples

Paper-based platforms for bacteria detection in solid samples (such as beef³², seafood³³, bread³⁴ and lettuce³⁵) are mostly colorimetric-based

LFAs^{36–39}. These sensors are user-friendly and suitable for POC applications in low-resource settings. Several platforms have been designed based on LFAs in conjunction with amplification techniques, such as PCR⁴⁰, surface enhanced Raman spectroscopy⁴¹ or immunomagnetic separation for bacteria detection^{42–44}. Other approaches that use loop mediated isothermal amplification (LAMP) or paper-based ELISA have also been developed^{45–47}. However, they require heating, centralized laboratories, and several processing steps and, despite the greater complexity, the sensitivity of these systems is not substantially lower than simpler alternatives (10^2 – 10^4 CFU ml⁻¹). Although CRISPR–Cas paper-based assays for bacterial detection benefit from low LODs in solid-based samples (~ 1 – 10^2 CFU ml⁻¹), they require recombinase polymerase amplification or recombinase-assisted amplification^{48,49}. These steps take place at 37–42 °C, which is closer to room temperature compared to the 60 °C of LAMP; however, a power source is still required^{50,51}. Moreover, amplification components (such as Cas proteins and primers) need to be stored at well below freezing temperature (–20 °C), meaning that LAMP- and CRISPR-based approaches, in their current state, do not meet all the REASSURED criteria (Boxes 1,2).

Colorimetric detection. Colorimetric sensors for pathogen detection have mainly suffered from high LODs ($>10^4$ CFU ml⁻¹) when dealing with untreated or unprocessed samples⁵². Furthermore, complex food matrices are known to hinder colour development⁵³. Consequently, techniques such as magnetic separation have been proposed to capture and concentrate target bacteria and improve signal readability^{54,55}. For example, negatively charged *Escherichia coli* O157:H7 can be separated from sausage samples using positively charged magnetic beads under an external magnetic field. The bacteria–magnetic bead complex is conjugated to horseradish peroxidase (HRP)-tagged anti-*E. coli* O157:H7 antibodies, which, after being exposed to paper disks containing pre-dried 3,3',5,5'-tetramethylbenzidine (TMB, a substrate

Table 1 | Analytical technologies for paper-based platforms

Technology	Mechanism	Advantages	Limitations
Colorimetry	Colour change induced by nanoparticle or molecular aggregation and chemical or biochemical reactions	Naked-eye detection Simple Rapid (5–30 min) Portable Does not require expensive instruments Signal can be read by smartphones Abundant detection reagents available Low LODs ($\sim 10^{-10}$ – 10^3 CFU ml ⁻¹)	Does not provide robust quantitative conclusions Subjective Influenced by background noise Colour saturation Light-sensitive
Electrochemistry	Electrical signals (potential or current) induced by interaction of targets with electrodes or probes under an applied voltage	Rapid (5–30 min) Low LODs ($\sim 10^{-10}$ – 10^3 CFU ml ⁻¹ , although solid samples have shown high LODs of $\sim 10^4$ – 10^5 CFU ml ⁻¹) Signal can be read by smartphones Can be portable Low operation cost	Electrode handling Frequent calibration Electrode fouling High initial capital costs
Fluorescence	Fluorescence signals induced by the interaction between the target and the fluorescent probe upon excitation at specific wavelengths	Low LODs ($\sim 10^{-2}$ – 10^3 CFU ml ⁻¹ , although solid samples have shown high LODs of $\sim 10^4$ – 10^5 CFU ml ⁻¹) Qualitative and quantitative analysis Wide dynamic linear range Good reproducibility Requires little sample Ratiometric detection reduces influence of sample matrix	Requires expensive instruments Requires excitation source Requires additive-free paper to reduce effect of low signal-to-noise ratio Light-sensitive
Chemiluminescence	Luminescence emission induced by substrate chemical reactions	Inexpensive reagents Does not require excitation light sources or emission filters (high signal-to-noise ratio) Low LODs ($\sim 10^{-2}$ – 10^3 CFU ml ⁻¹ ; this applies only to solid samples)	Challenges with signal acquisition (emission initiates immediately upon contact of assay reagents and sample with limited duration, increasing complexity) Requires sophisticated and expensive equipment Not portable Light-sensitive

CFU, colony-forming unit; LOD, limit of detection.

for HRP), produces a blue colour (Fig. 3b). The entire process results in a LOD of 30 CFU ml⁻¹ within 50 minutes⁵⁶. However, long-term storage of the different assay components was not evaluated. In addition, this system requires substantial user interference and refrigerated storage of the nanoparticles.

Instead of directly detecting bacteria, specific biomarkers released by bacteria can be detected, including toxins⁵⁷ or proteases⁵⁸. For example, exposing a paper strip containing magnetic nanobead–peptide probes integrated with a gold sensing platform to *Staphylococcus aureus*-contaminated samples results in peptide cleavage by proteases and dissociation of the magnetic nanobeads from the sensor surface⁵⁹. The exposed gold sensing platform enables qualitative detection of bacteria in pure broth culture, inoculated food products (ground beef, turkey sausage, lettuce and milk) and environmental samples (dust), resulting in LODs of 7, 40 and 100 CFU ml⁻¹, respectively. The advantages of this assay is that it is label-free, cost-effective, rapid (within minutes), simple, suitable for other types of bacteria⁶⁰, and stable for 6 months if refrigerated. However, the colours manifested are heterogeneous, and minor sample pre-treatment and refrigeration are needed.

Pathogens can also be identified by detecting emitted volatile organic compounds (VOCs)^{61–63}. For example, a paper chromogenic array containing 23 chromogenic dyes and dye combinations undergo

a colour change when exposed to VOCs from *E. coli* and *Listeria monocytogenes* in fresh-cut romaine lettuce⁶⁴ (Fig. 3b). Furthermore, the colour changes can be digitalized to train a multi-layer neural network allowing automatic, high-throughput, accurate, non-destructive and strain-specific pathogen detection in food samples. This assay is cheap (<US\$0.1), does not require enrichment, culturing, incubation or sample-preparation steps, and is thus highly attractive for POC applications. In addition, it also performs against background microflora⁶⁵. This is important because VOCs can also be emitted by food products and non-pathogenic microorganisms. The potential of this platform to continuously and non-destructively monitor food samples throughout their lifecycle makes it a promising smart packaging material to prevent foodborne disease outbreaks.

Colorimetric paper-based sensors to detect bacteria in solid samples have also been developed for biomedical applications. For example, stool samples containing *Helicobacter pylori* can be exposed to LFA-based sensors with urease-containing DNAses immobilized on their surface. Exposure to the pathogen activates the DNase, which in turn releases urease, causing a pH increase and consequently a colour change⁶⁶ (Fig. 3b). This approach is highly selective against other bacterial species including *H. pylori*, *E. coli*, *Clostridium difficile*, *L. monocytogenes*, *Bacillus subtilis*, *Salmonella typhimurium*, *Klebsiella pneumoniae*, *Fusobacterium nucleatum*

and *Pseudomonas aeruginosa*, resulting in a LOD of 10^4 CFU ml⁻¹, which is within the clinically relevant range for stool samples. Furthermore, this system can detect *H. pylori* in 1 hour, with little user interference, minor sample pre-treatment and no loss of performance after 4 months of storage at room temperature in the dark – all highly attractive qualities for POC applications.

Other detection strategies. Bacteria-detection strategies in solid samples based on fluorescence, electrochemistry and chemiluminescence are currently not as field-deployable as colorimetric-based sensors because they require trained users, complex and expensive equipment, numerous processing steps and have comparatively higher LODs. For example, a fluorescent-based sandwich lateral flow immunoassay can detect *E. coli* O157:H7 in bread, milk and jelly at a visual LOD of 10^5 CFU ml⁻¹, which can be decreased to 10^4 CFU ml⁻¹ using a scanning reader⁶⁷. Furthermore, pre-incubation of the food sample in broth for 8–10 hours results in a substantially improved LOD of 1 CFU ml⁻¹. The assay is specific when tested against two other *E. coli* O157:H7 strains and 23 other foodborne strains and shows no decrease in detection performance after 20 weeks in the fridge. Fluorescent-based system can also be integrated with LAMP to improve visual LODs, as shown for shrimp⁶⁸ and salmon⁶⁹ samples. However, these techniques require specialized equipment (a heating source, for example) with several processing steps involved, and are therefore not suitable for low-resource settings.

An electrochemical example involves an impedimetric immunosensor based on gold nanoparticles grown on a modified graphene paper for label-free detection of *E. coli* O157:H7⁷⁰. Briefly, to quantitatively determine the LOD, Nyquist plots for different concentrations of *E. coli* O157:H7 are recorded. An increase in the semicircle diameters of the impedance spectra is observed after exposing ground beef and cucumber samples to increasing pathogen concentrations, resulting in LODs of 1.5×10^4 and 1.5×10^3 CFU ml⁻¹, respectively. The immunosensor maintains stable performance for at least a month when refrigerated, and shows specificity against *E. coli* DH 5 α , *S. aureus* and *L. monocytogenes*; however, the assay requires expensive instruments and is not portable.

To improve the sensitivity of DNA quantification techniques, chemiluminescence-based approaches have been developed⁷¹. For example, exposing *Campylobacter* spp. DNA, extracted from a chicken sample and immobilized onto a paper membrane, to biotinylated silica-nanoparticles, results in sample hybridization. This process can be detected using streptavidin conjugated to horseradish peroxidase (HRP) in the presence of luminol and H₂O₂. However, sample pre-treatment for DNA extraction, substantial user interference, lengthy procedure (24 h) and numerous processing steps, make this approach unsuitable for POC applications.

Aqueous-based samples

Similar to solid-based samples, bacteria in aqueous-based samples, such as serum⁷², milk⁷³, water^{74,75}, juice⁷⁶ and powder infant formula^{77,78}, are primarily detected using LFA-based colorimetric assays owing to their simplicity^{79–81}. The majority of these assays rely on gold nanoparticles as signal probes^{82,83} but they are limited by high LODs⁸⁴ ($>10^3$ CFU ml⁻¹) or require sample pre-treatment⁸⁵. To improve their performance, LFA-based assays have been integrated with amplification methods⁸⁶ such as magnetic nanoparticles to allow for target analyte pre-concentration^{87,88}, chromogenic substances^{89–92}, enzymes^{93–95} or by implementing PCR⁹⁶, LAMP⁹⁷ or CRISPR–Cas-based approaches^{98,99}. However, all these approaches suffer from one or more of the following limitations, including high temperatures^{100,101}, long response times¹⁰², low sensitivity¹⁰³, substantial sample preparation^{98,99} and amplification steps^{104–107}.

Colorimetric detection. Paper-based colorimetric sensors commonly use antibody-conjugated gold nanoparticles for biomarker detection¹⁰⁸. For example, an LFA-based nitrocellulose dipstick immunoassay with this design can detect *Vibrio parahaemolyticus*, a bacterial pathogen in oyster circulatory fluid, with a LOD of 4.66×10^5 CFU ml⁻¹ in approximately 2 hours, which is below the infectious dose (ID₅₀) of *V. parahaemolyticus*¹⁰⁹. Although this system is robust, specific and does not require bacteria culture, it is limited by substantial user intervention and a lack of stability evaluation.

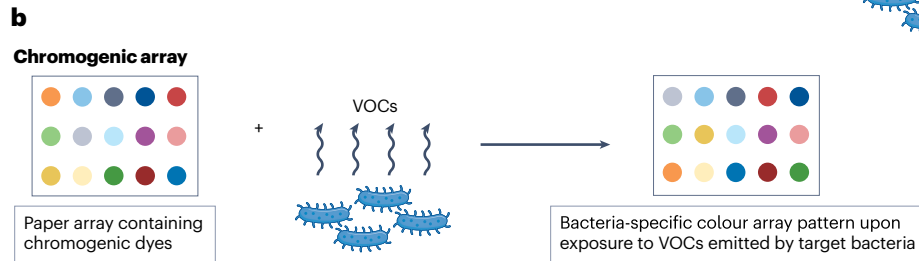
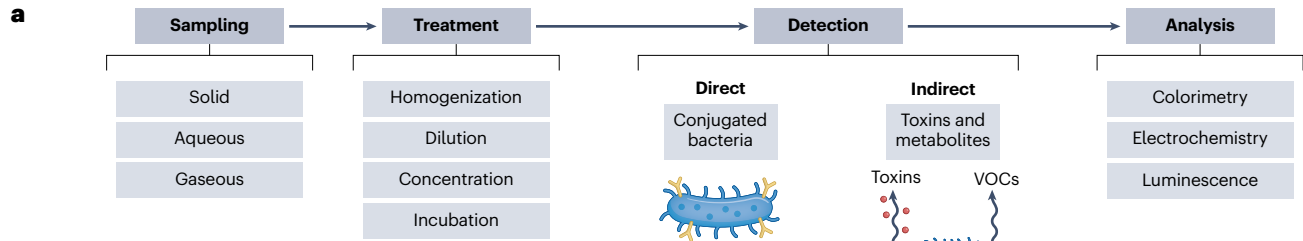
A similar colorimetric sandwich immunoassay uses immunomagnetic separation to detect *Salmonella* in milk and bird faeces¹¹⁰.

Table 2 | Commercial bacteria detection kits

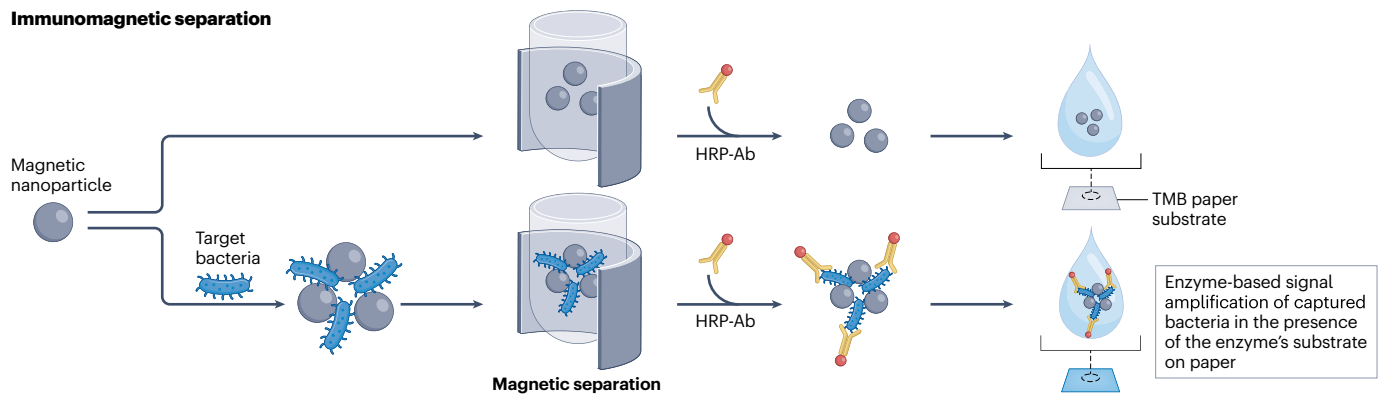
Manufacturer	Sample	Assay time ^a	Target analytes	Limit of detection	Detection time	Shelf life
Abbot	Liquid or throat swab (depending on target)	<10 min	<i>Streptococcus pneumoniae</i> antigen, <i>Streptococcus pyogenes</i> Group A antigen, <i>Legionella</i> serogroup 1 antigen, <i>Leptospira interrogans</i> antibody (IgM/IgG), <i>Vibrio cholera</i> O1/O139 antigen	5×10^4 cells ml ⁻¹ for <i>S. pneumoniae</i> antigen	6–15 min depending on target	18–24 months
ACON	Liquid	<1 min	Nitrite and leukocytes	NA	2 min	48 months
Chembio	Liquid	<5 min	<i>Treponema pallidum</i> antigen	NA	15 min	24 months
Eiken Chemical	Liquid	<1 min	<i>Legionella</i> antigen, <i>S. pneumoniae</i> antigen	NA	15 min	NA
Oxoid	Liquid (urine), solid (stool)	<5–20 min depending on target	<i>Legionella pneumophila</i> antigen, <i>Clostridium difficile</i> toxin A (enterotoxin) and toxin B (cytotoxin)	1×10^6 CFU ml ⁻¹ , 6.25 ng ml ⁻¹ and 40 ng ml ⁻¹ , respectively	15–45 min depending on target	NA
QuickVue	Liquid	<1 min	<i>Helicobacter pylori</i> IgG, <i>Streptococci</i> group A antigen	NA	5 min	18–24 months
Trinity Biotech	Liquid	<5 min	<i>Legionella</i> serogroup 1 antigen, <i>S. pneumoniae</i> serogroup 1 antigen	NA	15 min	NA

Only paper-based analytical devices that do not require a specialized reader and have components that can be stored at room temperature are listed. CFU, colony-forming unit; IgG, immunoglobulin G; IgM, immunoglobulin M; NA, not available. ^aDetection time includes incubation time.

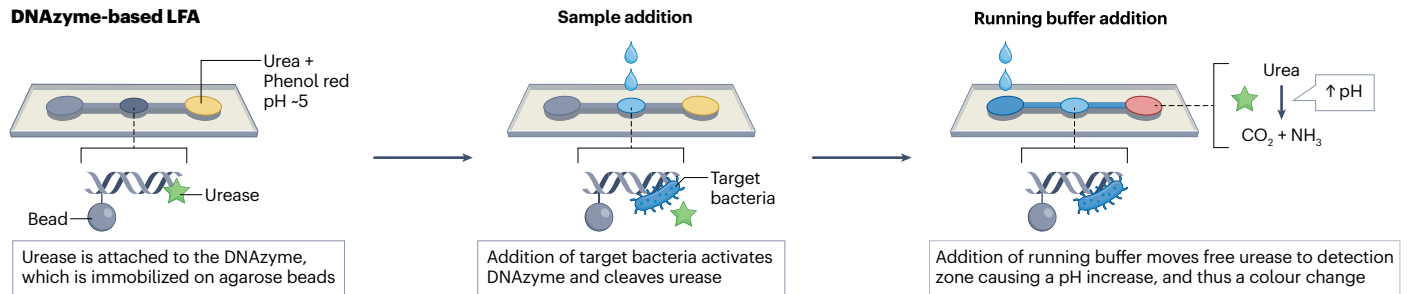
Review article



Immunomagnetic separation



DNAzyme-based LFA



Bacteria-particle aggregation pattern

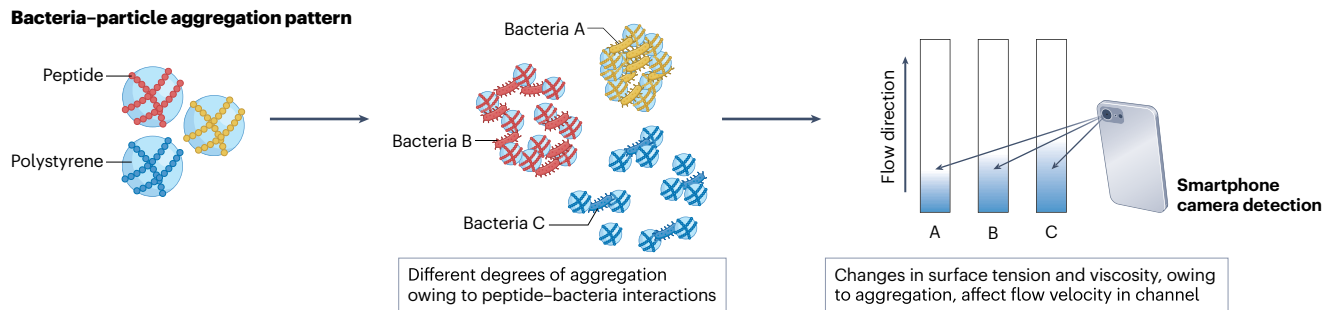


Fig. 3 | Operational process of paper-based sensors. a, Bacteria detection in paper-based sensors includes sampling, treatment, detection and signal output. Depending on the nature of the sample and the detection technique, different pre-treatment options are required. For example, solid-based samples require homogenization, centrifugation or dilution. Liquid-based samples require dilution to reduce the effect of complex media on the recognition element, although pre-treatment is becoming less common. Gaseous samples generally require a pre-concentration step because of the low concentration of analytes. Bacteria detection can be conducted either directly or indirectly. The former involves conjugating the bacteria with enzyme-tagged antibodies, which are then exposed to the paper-based substrate containing the corresponding substrate. The latter involves detecting byproducts or metabolites that indicate the presence or absence of the target bacteria. Nanoparticles and enzyme–substrate interactions convert bacteria detection into a measurable event, which can be detected using various analytical methods, including colorimetry, electrochemistry or luminescence. **b,** In a chromogenic array,

volatile organic compounds (VOCs) emitted by microorganisms are exposed to a paper chromogenic array containing chromogenic dyes and dye combinations undergoing bacteria strain-specific colour changes. In immunomagnetic separation, magnetic beads are introduced into bacteria-containing samples to capture bacteria. The magnetic bead–bacteria complex is then separated using an external magnetic field and conjugated with horseradish peroxidase (HRP)-tagged antibodies (Ab). The complex is then exposed to paper disks containing pre-dried 3,3',5,5'-tetramethylbenzidine (TMB, a substrate for HRP), producing a blue colour. In DNAzyme-based lateral flow assay (LFA), a bacteria-containing sample is introduced to the sensor zone, which activates an urease-containing DNAzyme, leading to the cleavage of the latter. Running buffer carries the released urease to the detection zone, causing a pH change and a resulting colour change. In a bacteria–particle aggregation pattern, peptides covalently conjugated to polystyrene particles aggregate to different degrees when exposed to specific bacterial suspensions. The resulting change in liquid surface tension and viscosity alters the flow velocity, leading to unique profiles for each bacterial species.

A well-array format and ‘chemometer’ approach enable qualitative demonstration of the assay’s performance. For the former, wax printing is used to produce each well, which, upon exposure to increasing concentrations of the target pathogen, leads to distinct colour changes. For the latter, the length of the colour strip developed along the paper channel is proportional to the bacteria concentration, analogous to a thermometer. Detection relies on immunomagnetic separation to clean the sample and an enzymatic reaction that cleaves chlorophenol red- β -D-galactopyranoside to chlorophenol red, producing a yellow-to-red colour change. Building on this design, a reusable 3D-printed rotational manifold coupled with disposable paper-based layers allows semi-automated reagent delivery, washing and detection¹¹¹. This device can specifically detect *Salmonella* with a LOD of 440 and 640 CFU ml⁻¹ in growth media and milk samples, respectively. Importantly, to reduce user intervention, biotin-labelled *Salmonella* antibodies and streptavidin-conjugated β -galactosidase can be added and dried within reagent channels before running the assay. Although no long-term stability evaluation was reported on the pre-dried components, this sensitive assay shows great promise for POC applications, detecting the target analyte within 65 minutes. In addition, the manifold allows pipette-free reagent delivery and washing steps.

Paper-based colorimetric assays can also be designed to detect the VOCs of bacteria in aqueous solutions using metallic nanoparticles deposited on paper^{112–114}. Here, the composition of the volatile metabolome of bacteria strains can be distinguished by the unique coloured pattern produced. This sensor can achieve LODs of 88, 94, 89 and 92 CFU ml⁻¹ for *S. aureus*, *L. monocytogenes*, *E. coli* and *Proteus mirabilis* in spiked water samples, respectively¹¹². Importantly, the same design can detect bacteria-specific urinary tract infections for 300 urine samples collected from volunteers with 100% accuracy when subjected to exploratory data analysis methods including principal component analysis and hierarchical cluster analysis (HCA). This approach does not require sample preparation and has a response time of less than 50 min for bacteria discrimination in human urine. Furthermore, it has a stable response even after 2.5 months of storage in a desiccator. However, the main limitation is the use of 37 °C incubators, which are needed to generate optimal VOC release from bacteria.

Fluorescent detection. Although not as popular as colorimetric-based platforms, several fluorescent-based assays with POC applicability for bacteria detection in aqueous samples have been developed^{115–126}.

For example, a paper-based fluorometric assay consisting of an array of six areas containing gold or copper nanoclusters, modified with pepsin, trypsin, ovalbumin and glutathione, can detect sepsis-causing bacteria within 15 seconds¹²⁷. Specifically, upon exposure to human serum, each sensor element exhibits different quenching responses to the various targets, creating an exclusive pattern for each analyte after ultraviolet light irradiation. The fluorescence emission can be recorded using a smartphone, resulting in LODs of 43.0, 63.5, 26.0 and 47.0 CFU ml⁻¹ for *S. aureus*, *Streptococcus pyogenes*, *E. coli* and *P. aeruginosa*, respectively. Furthermore, when tested on individuals suspected of having sepsis, the sensor detected 35 out of 40 infected samples, highlighting its accuracy. Although this device requires a dark-cabinet, an ultraviolet lamp and shows a gradual signal quenching after 25 days of storage, it does not require sample preparation.

Bacteria can also be sensitively detected through interaction of their enzymes with chromogenic substrates, as shown for *E. coli*¹²⁸, *L. monocytogenes*¹²⁹ and *Cronobacter*¹³⁰. However, long pre-enrichment times (4–8 h) are required because of the low concentration of enzymes produced by bacteria. Combining immunomagnetic separation with enzyme-based signal amplification^{131,132} can overcome this issue; however, these methods suffer from high costs and short shelf-life owing to the low stability of enzymes. A method relying on immunomagnetic separation coupled with nanoparticle dissolution-triggered signal amplification can address these challenges¹³³. In this case, *E. coli* O157:H7 from spiked milk samples are extracted using antibody-labelled immunomagnetic beads, which are labelled with silver nanoparticles, forming a sandwich structure. The addition of hydrogen peroxide (H₂O₂) causes the release of silver ions (Ag⁺), which results in signal amplification. Finally, inserting a quantum dot paper strip into the solution pushes the released ions to flow through capillary action, which quenches the fluorescence signal owing to the cation exchange reaction between Ag⁺ and the quantum dots. Exposure of the treated strip to ultraviolet light reveals the height of the quenched fluorescent band, which correlates with the concentration of the target bacteria. Here, the naked-eye LOD is 500 CFU ml⁻¹ in spiked milk samples, which is lower than other fluorescent LFAs that use immunomagnetic separation (10³–10⁴ CFU ml⁻¹)^{134,135}. Moreover, this method is bacteria-specific; when evaluated against other strains, such as *E. coli* DH5 α , *S. typhimurium*, *L. monocytogenes* and *S. aureus*, no quenching was observed. Although fast (15 min upon introduction of the quantum dot strip) and sensitive, this sensor is not portable,

Box 1

Low-resource considerations

For point-of-care (POC) applications, assays must maintain the same level of performance for extended storage periods (>6 months). Furthermore, stability must be ensured against a range of environmental conditions (for example, temperature and humidity), including during transportation, owing to limited infrastructures and energy in remote locations. In this regard, self-powered sensors that generate energy sustainably, rather than using a power grid or batteries, could help to increase POC applicability¹⁶⁴. Assays that use centralized laboratory equipment, such as chemiluminescence-based approaches, require trained personnel and are not field-deployable, and therefore cannot be considered POC applicable. Diagnostic tests should clearly specify their limitations and instructions of use, should require little to no user intervention, no specialized training and should provide results that are easy to interpret. Ideally, paper-based devices should be portable, to reduce the likelihood of sample contamination and degradation. In addition, sample pre-treatment substantially limits POC applicability. Future research should focus on the development of platforms that either do not require this step or for which sample treatment can be integrated within the assay¹⁶². The design of sensing platforms for resource-scarce settings often focus on simplicity and price. Although these are key parameters, it is important to consider the entire lifecycle of the design, holistically evaluating every component, including sustainable manufacturing and disposal. This mindset can lead to long-term benefits and can avoid disposal issues compared to lower-priced alternatives. In other words, the material choice should not be made based on price or accessibility alone, but should also consider a circular economy that allows for potential recycling.

requires many processing steps and lacks a stability evaluation for the different components.

Electrochemical detection. Electrochemical methods for bacteria detection in aqueous food samples typically require dilution to reduce the media effect¹³⁶, several processing steps¹³⁷ and suffer from decreasing performance after long-term storage (>4 weeks)¹³⁸. To overcome these issues, a disposable impedimetric sensor has been designed, consisting of two silver electrodes deposited on filter paper, and a polyaniline coating functionalized with glutaraldehyde. This sensor can detect total bacterial colonies in water samples¹³⁹. The aldehyde groups on the sensor bind to the amine groups on bacterial walls, which results in a change in dielectric constant and therefore a capacitive effect between the electrodes. Moreover, bacterial metabolism affects medium conductivity, which leads to changes in medium resistance. These two effects can be measured using a frequency response analyser, which allows *E. coli* and *P. aeruginosa* detection in tap and grey water with LODs of 500 and 1,000 CFU ml⁻¹, respectively. This assay does not rely on biological molecules, such as antibodies^{140,141}, and is therefore less expensive and more stable. Furthermore, it is fast (20 min), user friendly, disposable and requires little sample pre-treatment. However,

this sensor does not include specific receptors, and therefore detects any kind of Gram-positive or Gram-negative bacteria. To improve specificity, a similar label-free paper-based impedimetric sensor has been developed using a screen-printed graphene surface modified with graphene oxide and functionalized with lectin Concanavalin A (ConA)¹⁴². This assay demonstrates specific binding to mono- and oligosaccharides of *E. coli* (tested against *Salmonella* sp. and *L. monocytogenes*) in synthetic wastewater at a LOD of 10 CFU ml⁻¹. Importantly, this low sensitivity is achieved without using chemical amplifications, such as PCR, and thus, the sensor does not require expensive equipment.

Other detection strategies. Photoluminescence¹⁴³ or chemiluminescence¹⁴⁴ paper-based sensors have also been used to detect bacteria in aqueous solutions. These sensors show high sensitivity (100 CFU ml⁻¹ and 10²–10³ spores ml⁻¹, respectively) and specificity, and require little to no sample pre-treatment; however, they need expensive instrumentation and have stability issues. Alternatively, glucose meters can be used to quantitatively detect bacteria in milk samples with low LOD (79 CFU mL⁻¹), but are not yet suitable for POC applications due to their low mean recovery (87.5%)^{145,146}. Instead, thread-based¹⁴⁷ and distance-based assays¹⁴⁸ can be applied for bacteria detection. For the former, textile-based microfluidic devices use cotton, silk or polyester-acrylic fibres rather than nitrocellulose paper to construct fluidic channels. Similar to paper, they are highly available, low-cost (<US\$1), biodegradable and rely on capillary flow for fluid movement, but they have a higher mechanical strength, thereby avoiding the brittleness of wet LFA strips¹⁴⁹. They have been used for bacteria detection in milk, juice and lettuce with medium-to-low LODs of 1,000, 1,000 and 5,000 CFU ml⁻¹, respectively¹⁴⁷.

Detection with distance-based devices relies on measuring the length of a colour developed after applying the sample of interest to a PAD. The length travelled is proportional to the concentration of the target analyte and can easily be measured with a ruler. This means they can provide a quantitative response in contrast to the semi-quantitative response of thread-based approaches¹⁵⁰. This method can be further improved using smartphones. For example, a smartphone-based paper microfluidic device can be designed based on six different peptides sets covalently conjugated to polystyrene particles¹⁵¹. Loading the paper microfluidic chips with bacterial suspensions (*E. coli* K12, *S. aureus*, *Salmonella enterica*, *Enterococcus faecium* and *P. aeruginosa*) causes particle aggregation, which leads to alterations of surface tension and viscosity of the liquid, thereby affecting flow velocity. The latter is captured using a smartphone camera, generating unique profiles for each bacterial species, which are then classified using a support vector machine. This device allows bacterial species classification¹⁵¹ (Fig. 3b), functions entirely in a handheld manner and is not affected by light, humidity or temperature conditions. Furthermore, as opposed to antibodies, the peptide receptors make the device inherently more stable for long-term storage without compromising specificity. When tested on complex field water samples, the device detected *E. coli* and *Salmonella* at low concentrations of 220 and 33 CFU ml⁻¹, respectively, highlighting its potential for POC applications. The growing smartphone market has been similarly exploited in mobile-phone-integrated colorimetric bacteria detection based on Mie scattering in urine¹⁵². This technique analyses photodiode readings at different detection and light angles, with the scatter being dependent on particle size, morphology, refractive index and concentration. Bacterial growth influences these factors, resulting in changes in scatter patterns¹⁵³. Using this approach on urine samples, a LOD of 10 CFU ml⁻¹ for *E. coli*

and *Neisseria gonorrhoeae* can be obtained within 30 seconds, which is substantially lower compared to commercially available LFAs and nitrite strips (10^6 CFU ml⁻¹).

Gaseous-based samples

Bacteria can also be found in air suspensions, known as bioaerosols. Because of the nature of the sample, assays typically consist of two main steps: collection and detection. Collection can be achieved by sedimentation, filtration, centrifugation, impaction, impingement or microfluidic chips¹⁵⁴. For example, air samples with airborne bacteria can be passed through a porous sampling pad on a paper-based device^{155,156}. The collected bacteria are then lysed using a dried lysis buffer on the sampling pad, releasing DNA molecules, which are then transported through water-mediated lateral flow to a binding pad. One limitation of this assay is that the resulting aliquot needs to be analysed using quantitative real-time PCR. Similarly, a paper-based sensor can be based on adenosine triphosphate (ATP)-driven luciferase D-luciferin photoemission¹⁵⁷. Here, aerosolized *E. coli* samples, some of which include dust to simulate air environmental conditions, are concentrated, lysed and dropped onto paper disks to evaluate bioluminescence intensity. Using this approach, the extracted ATP can be detected at LODs as low as 1.17×10^3 CFU ml⁻¹ in pure bacteria samples and 2.32×10^3 CFU ml⁻¹ in bacteria samples containing dust (1 mg ml⁻¹) in less than 10 minutes. Importantly, paper disks can be stored for up to 30 days at room temperature with negligible loss in performance. However, this device requires an energy source for lysis, expensive equipment for signal detection, several processing steps, experienced user interference and has low portability. Moreover, this model relies on ATP detection, which lacks selectivity and therefore can be used only for bacteria detection and not for identification.

To improve specificity, a label-free paper-based electrochemical sensor was fabricated using stencil-printed carbon paste for the working and counter electrodes, and Ag–AgCl for the reference electrode¹⁵⁸. High-affinity *B. subtilis* spore-specific peptides were immobilized on the carbon paste electrode as the recognition element. The increased resistance to electron transfer caused by the interaction between the peptides and the bacteria spores correlates with increasing spore concentration. Using a differential pulse voltammetry technique, concentrations as low as 6.9×10^2 CFU ml⁻¹ can be detected in 30 min with negligible decrease in performance after 4 weeks of refrigerated storage. However, this sensor is limited by the need for expensive equipment, trained personnel and lack of portability.

Outlook

The simplicity and low cost of paper-based analytical platforms have led to a plethora of studies on bacteria detection. The majority of these devices use colorimetry as the analytical technique, compared to electrochemistry, fluorescence or chemiluminescence methods. Such paper-based diagnostic tools have great potential for POC applicability, but several key challenges remain to be addressed in order to satisfy the REASSURED criteria. In particular, the LOD needs to be improved, taking into account specific bacteria and applications. Selectivity can be addressed by including interference experiments against target compounds often present in the sample; for example, for clinical diagnostics, the background microbiome and serum proteins should be used as control. In food samples, amino acids, proteins and fatty acids interfere with measurements, whereas in agriculture, soil and plant proteins can affect the assay. Moreover, most studies typically evaluate the selectivity of their platforms against other pathogenic

bacteria. It is also important to assess selectivity at the level of the genus or strain to reduce false-positive results. Evolution of bacteria in response to environmental or physical stress can lead to changes to their phenotypic state or metabolic activity^{159,160}. Therefore, future studies, particularly those relying on metabolically released byproducts like VOCs and antimicrobial-resistant strains, must be regularly calibrated to account for these variations and to avoid detection errors. In addition, to ensure the accuracy of measurements, protein levels, viscosity and pH need to be accounted for.

In this Review, we have not discussed studies that evaluated assaying with pristine samples, for example, pure bacteria in simple matrices, such as distilled water. Considering the great disparity between the

Box 2

Technology transfer considerations

A successful example of a paper-based analytical device (PAD) is the [COVID-19 rapid antigen test](#), which is cheap (AU\$10–15 per test), user-friendly, rapid (15–20 minutes) and does not require specialized training, pre-treatment or equipment. By contrast, polymerase chain reaction (PCR) tests require a laboratory set-up, take 1–3 days to obtain a result and cost more than AU\$100 per test. PADs should meet the REASSURED benchmark, meaning that they need to allow for real-time connectivity and ease of specimen collection, and be affordable, sensitive, specific, user-friendly, rapid, equipment-free and deliverable. In addition to this benchmark, the product's lifecycle should also be considered, as evidenced by its recent emphasis on key documents including the 2015 World Health Organization (WHO) policy¹⁶¹, [national policy targets](#) and scientific studies^{162–164}. The circular economy framework emphasizes the adjustment of product manufacturing to minimize waste and to recycle or use recycled products to reduce environmental impact as part of one of the United Nations Sustainable Development Goals on responsible consumption and production (SDG 12). Since its introduction, policies and product manufacturing have changed, including the discontinued use of bisphenol A (BPA) in polycarbonate plastics and food products in 2017 owing to its adverse health impacts. In this regard, the demand for COVID rapid tests has raised concerns over plastic waste from test cassettes because they are non-recyclable¹⁶⁵. Guidance from the [WHO and UNICEF](#) suggests mandatory incineration with energy recovery of cassettes used for infectious diseases. However, in low-resource regions, landfilling is often preferred despite its negative environmental effects¹⁶⁶. When designing diagnostic tests, instead of 'cheaper and faster', perhaps a more appropriate mentality involves a cost-to-benefit ratio, where an acceptable cost depends on the expected benefit. An 'imperfect' point-of-care test available today is more valuable than a 'perfect' future test, because many lives could be saved in the meantime. Furthermore, marketing strategies, such as product placement, and the status of market establishment must be considered, for example, by using materials readily available in the region of deployment.

number of field- and laboratory-tested POC platforms¹⁶¹, data on sensor performance to detect bacteria in their native conditions is essential to promote commercialization and encourage industry investment.

The requirement of sample pre-treatment substantially limits POC applicability. Future research should focus on the development of platforms that either do not require this step or that integrate sample treatment in the assay¹⁶². Furthermore, methods relying on DNA amplification are limited in their ability to differentiate between viable and nonviable cells¹³⁰. An additional confounding factor is that, when exposed to stressful conditions, bacteria can enter a survival mode, in which they do not grow on routine culture media but are still alive and capable of resuming metabolic activity¹⁶³. Furthermore, assays which require an amplification step, such as CRISPR–Cas systems, need an additional power source. Self-powered sensors that generate energy sustainably rather than requiring a power grid or batteries could help increase their POC applicability¹⁶⁴. Enzymatic fuel cells, for example, have shown great promise by using redox enzymes to convert chemical energy stored in biomolecules to electrical energy, with fluctuations translating to output current changes. These devices can operate as self-powered amperometric sensors for target biomarkers using elements within the sample as fuel¹⁶⁵. Even isothermal amplification methods, such as nucleic-acid-sequence-based amplification, LAMP, recombinase polymerase amplification or recombinase-assisted amplification, currently suffer from false-positive tendencies. In addition, they are insensitive to mutations, have limited amplification length, complex primer design and reaction composition, and they require refrigerated storage of reaction elements¹⁰⁴. Importantly, although amplification-free CRISPR–Cas systems have been developed, they have been used mainly for virus detection^{166,167} thus far or are not paper-based¹⁶⁸ and, therefore, outside the scope of this Review. This technology could also be adapted to detect bacteria.

In addition to these essential improvements, paper-based POC diagnostics should ideally be able to detect multiple compounds. However, platforms that depend on recognition elements, such as antibodies, enzymes and aptamers, are costly, complex and not as robust. Moreover, not all microbial species and strains are known when testing a sample, complicating the choice of the proper recognition element.

Choosing the proper paper material is another important parameter to consider, which depends on the volume and size of the analyte being detected¹⁶⁹. For example, for micrometre-sized analytes (bacteria and cells), high-bed-volume materials, such as cellulose fibres ($\geq 250\ \mu\text{m}$), should be used to facilitate flow of the analyte and buffer. Compared to low-bed-volume materials, cellulose is cheap and has higher tolerance against interfering chemicals. Furthermore, detection elements, such as nanoparticles, can be stored in cellulose, increasing sensitivity, although at the expense of weakened mechanical strength when wet. For analysis of small volumes of sample ($\sim 10\ \mu\text{l}$), materials with low-bed volumes (for example, woven meshes, such as glass fibres) are preferred. These materials are more expensive, but have good tensile strength and allow even distribution of the sample. Therefore, the choice of paper material is important to ensure optimal performance.

The versatility of paper-based analytical devices enables their integration into environmental, health surveillance or epidemiology programmes, to provide real-time continuous data as early warning systems, particularly in low-resource settings. For example, integration with quick response (QR) codes and smartphones offers rapid and decentralized monitoring of infection transmission with comparable processing capabilities and at a lower cost compared to 'high-end' desktop and notebook computers^{170,171}. Furthermore, integrated paper-based

devices improve inventory and supply chain management systems, while reducing clerical errors and workload¹⁷², particularly when assisted by machine-learning algorithms¹⁷⁰. Implementation of the latter requires technical support, fast transmission and data storage for all the involved parties. Smartphones and advanced networks can reduce data collection and transmission costs. Therefore, online diagnostics combined with standardized epidemiological data collection could improve the speed and efficacy with which we monitor and manage epidemics.

Although challenging, implementing these criteria could promote commercialization and boost field deployment of paper-based analytical devices for POC applications to diagnose infections early and to monitor food and environmental contamination.

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Author contributions

F.M. conceptualized the content, investigated the literature, analysed the data, wrote and revised the manuscript and designed the figures. A.D.T. investigated the literature, analysed the data, wrote the manuscript and designed the figures. Y.Z. investigated the literature, analysed the data and wrote the manuscript. Y.G. investigated the literature, analysed the data and wrote the manuscript. R.C. conceptualized the content, investigated the literature, revised the manuscript and supervised the project.

Competing interests

The authors declare no competing interests.

Additional information

Correspondence should be addressed to Rona Chandrawati.

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